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Our Town
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JULY
2012
Volume 25
Number 9

Keeping you up to date on
SALES, HAPPENINGS
& PEOPLE
In Our Town - St. James
PUBLISHED MONTHLY

St. James Chamber of Commerce Invites You To

Summer Family Movie Night

Thursday, August 2 • 8:00 p.m.

RAIN DATE AUGUST 9

On the lawn at Deepwells County Park

(Moriches & Rte. 25A)

Free

Free

Come early with your blankets & food for a picnic dinner on the lawn...

Then enjoy the movie at dusk.

PLEASE
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NO Alcoholic Beverages

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William Garthe . . . . . Advertising Sales

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– ST. JAMES –

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IN THIS ISSUE

MERCHANT SPOTLIGHT
Best Pool Service 4

AROUND TOWN
Movie Night at Deepwells ....2 & 8
Parenting Course 6
Benefit Concert at St. James Lutheran Church 8
Olivia and Harlan Fischer Arts Scholarship 10
Thank You, St. James 12
Acoustic Long Island Summer Concert 14

SCOUT NEWS 16

IN THE NEWS
Summer Fishing Trips for Kids 18
Temple Beth Chai Calendar 20
Empire College Information Session for Adults 24
National Grid Warns of Nationwide Utility Scam 25

ARTS & ENTERTAINMENT
Dennis Cannataro Free Family Summer Concert Series 26
4 Views Landscape Exhibition at Mills Pond House 28
On Stage at Smithtown Performing Arts Center 32
Gateway Playhouse & Patchogue Theater Season 34

EDUCATIONAL ENTERTAINMENT
Programs at the Library 38-45

HOME & GARDEN
Design Ideas 46
Naturally Speaking 48

POSTAL CORNER 50

FINANCIAL SAVVY
Finding a Method That Suits Your Personality 52
Don't Fall Victim to Investment "Biases" 56
How Life Insurance Can Protect Your Home.... 60
A Few More Reasons to Save 62

LEGAL-EASE 64

YOU CAN HELP
Adopt or Sponsor a Pet at Little Shelter 66

IN THE SCHOOLS 68-69

SPORTS 70--72

HEALTH NOTES
What is Tennis Elbow? 74
Your Neck Was Created With a Built-In Shock Absorber 76
Eat Your Fruits and Veggies – Grow Your Own, Too! 77

POET'S CORNER 79

CELEBRATIONS 80

OBITUARIES 82-87

F.Y.I. 88-89

CLASSIFIED ADVERTISING 90

DIRECTORY OF ADVERTISERS 94-95

PLEASE NOTE:

Advertising & Editorial Deadline for the **AUGUST** edition of OUR TOWN • ST. JAMES is
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Distribution takes place on **Wednesday, August 22, 2012.**

MERCHANT SPOTLIGHT

Best Pool Service

543 Lake Avenue
St. James, NY 11780
631-686-6715

by Elizabeth Isabelle

Welcome to Best Pool Service of St. James, providing their clients with quality pool maintenance and repair service since 2000. Owner Jim Best has been in the pool service industry since 1993, with the 10 years prior to 1993 in the construction industry. Best Pool Service is now proudly servicing their clients from their new location at 543 Lake Avenue in St. James. For over 10 years, Long Island residents have trusted Jim Best to get the job done quickly, efficiently and right – the first time!

Jim, along with his professional staff, offers clients expert pool openings and closings, leak detection, filter system repair as well as weekly maintenance. Best Pool Service professionally installs salt chlorine generators, heaters, safety covers and fencing, aluminum and stone coping and liner replacements. Jim is proud to offer his clients Jet Solar Products – the most comprehensive line of clean, efficient and energy smart products on the market, utilizing the resources of the sun. Jet Solar specializes in solar powered thermal products designed to heat household hot water and swimming pools. Jet Solar offers options to fit your budget as well as individual needs.

Best Pool Service offers a large selection of Energy Star pool pumps which can cut your energy costs by at least 30%. For a product to qualify for the energy star program, it must be able to deliver enough energy savings over time to allow the consumer to recoup any upfront costs. Best Pool Service's Energy Star pool pumps will meet your needs and your budget. They will complete Energy Star rebate forms for their customers.

Experts at keeping your pool crystal clear, Best Pool Service is pleased to offer their clients the BioGuard difference. For over four decades, BioGuard has earned its reputation through constant technological improvements, research and innovation. BioGuard today is recognized as one of the nation's premier suppliers of pool and spa care products in the industry. Jim and staff can offer you dependable, accurate and helpful advice for your pool and spa needs, helping you maintain beautiful pool water throughout the season. The BioGuard system offers the fastest and most accurate water testing in the pool and spa industry.

Best Pool Service is a member of the North East Swimming Pool Association (NESPA) – a source of product and safety information for the ultimate consumer, as well as a member of the Association of Pool and Spa Professionals (APSP).

Open 7 days a week, Jim can be reached at 631-686-6715. Be sure to stop into the Best Pool Service showroom at 543 Lake Avenue to see their display of Health Mate Saunas as well as their large variety of pool supplies. Check out their website www.bestpoolservice.com. Jim Best and the entire staff at Best Pool Service look forward to meeting you!

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AROUND TOWN

St. James Lutheran Church to Hold Parenting Course

Do you ever wish you could be a better, more patient parent? Do you have a vision of what you would like to see your child become?

Why not take time out of your busy schedule to learn some key skills that could help you become the best parent you can be? The time is now, while your children are still young.

St. James Lutheran Church will be holding a PARENTING COURSE from August 6-10 from 9 a.m. to 12 noon. Gather with other parents for coffee, tea, and donuts. Enjoy in a relaxed, informal setting and discuss various parenting topics and concerns. Course format includes DVD clips of interviews, parents sharing their experiences and parenting experts.

Some of the topics covered include: *Building Strong Foundations, Meeting Our Children's Needs, Setting Boundaries, Teaching Healthy Relationships* and *Our Long Term Aim.*

THE PARENTING COURSE - open to all parents whether you are a single parent, expecting your first child, or just feeling the parenting pressures of today, covers ages 0-10. There is a $20 fee for materials.

To register, please contact Ann Marie Eterno at ameterno@optonline.net or call the church office at 584-5212. St James Lutheran Church is located at the corner of Woodlawn and Second Avenues in St. James.

Hope to see you there!

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Benefit Concert at St. James Lutheran

Come to the St. James Lutheran Church, located at Woodlawn and Second Avenues in St. James, on August 19, 2012 at 7 p.m. for a concert benefitting the Christian band, *Lost and Found*. Don't miss out on two hours of your favorite *Lost and Found* tunes brought to you by the STJLC teen band.

Due to band member Michael Bridges' current battle with aggressive cancer, their concert schedule (and primary source of income) has been drastically halted. This is a chance as a community to show financial and spiritual support to friends, Michael Bridges and George Baum, in their time of need. The concert is FREE but donations are gladly accepted.

For more information about the band *Lost and Found*, please visit www.speedwood.com. For additional information about the concert call 585-4882.

Movie Night at Deepwells

The St. James Chamber of Commerce recently presented the first movie night of the 2012 season. Over 800 visitors shared a wonderful evening on the lawn at Deepwells, playing Simon Says, watching the movie, followed by the Chamber's special tradition of the *after the movie slide show* of the night's events!

Join us for the next movie on August 2, 2012 at Deepwells for *Puss in Boots*. Festivities start at 6:30 p.m. with the movie beginning at dusk. Besides Simon Says, prior to the movie we will be hosting the first edition of *"St. James Got Talent!"* which is open to all visitors under the age of 18. Feel fee to share your talent for a chance to win some wonderful prizes.

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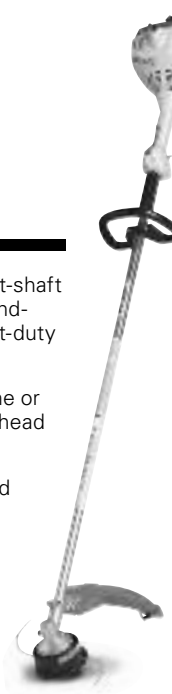

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Olivia and Harlan Fischer Arts Scholarship

For the 15th year in a row, Head of the Harbor residents Olivia and Harlan Fischer have presented their Arts scholarships to two deserving Smithtown High School graduates.

This year's winners, who each received $2,000 scholarships at the annual senior awards ceremony on Thursday evening June 7, 2012, were Jenna Pisnoy from Smithtown High School West, and Anna Miceli of Smithtown High School East. Jenna hopes to become a famous graphic designer. She has already achieved some fame for her signs saying "Earth without 'art' is just 'eh'!" Anna intends to major in music so she can be an audio mixer and combine musical elements with film.

When we asked why he started this scholarship program, Harlan replied "many years ago, Donna Harlow would bring the Smithtown High School Chamber Orchestra to perform a holiday show for our Rotary Club each December. Watching the students warm up and then perform, I just felt that the whole group seemed like a bunch of good kids that deserved support, especially since the arts are usually the first programs cut during any school

continued on page 12

Harlan Fischer is pictured with this year's scholarship winners Jenna Pisnoy (l) and Anna Miceli (r).

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AROUND TOWN

Thank You... Thank You!

The Wider family would like to thank our St. James community for the outpouring of support, prayers, well wishes and for all the help that was extended to us. *PIPER IS HOME HAPPY, SAFE AND SOUND.*

When we went to feed our Sheltie "Piper" July 5th morning – she was not in the yard. At 12:30 in the morning, Piper decided that all was quiet and she wanted to go out, she must have been so scared from the unnecessary, extremely late fireworks that she needed to go where it was quiet and safe. Our dyslexic dog ran from Cleremont Avenue to Montclair Avenue at the Smithtown Town yard.

Neighbors called from the flyers we made to inform us of sightings. Complete strangers spent hours looking for her with us in the town yard, people called just to stay updated or to find out if we found her.

Special thanks to the St. James Fire Department, Long Island Sheltie Rescue, the Smithtown Animal Control and Petline.

This unexpected, heart dropping, scary event – turned out amazing, and has reinstilled in our hearts why St. James is so special and will always be our home.

Olivia and Harlan Fischer Arts Scholarship

continued from page 10

budgetary crises. In addition, the arts have become an extremely important part of our lives and we want to share our passion with future generations."

The scholarships are available to seniors concentrating on, and intending a career in design, the fine arts or performing arts.

The Fischer's have lived in Smithtown since 1973 and certainly aren't strangers to the arts or community service. Olivia has served on the architectural review board in the Village of Head of the Harbor. Harlan was president of the board of directors of the Smithtown Township Arts Council from 1992 to 1997 and the 1997-1998 president of the Smithtown Rotary Club. He served as Vice President of the Board of Trustees of the Suffolk County Vanderbilt Museum and Planetarium through 2000. Also, in the year 2000, Harlan was named *Man of the Year in Business* in Smithtown by the Times Beacon Record newspapers. In 2006, the Little Shelter Animal Rescue and Adoption Center presented Harlan with its "Guardian Angel" award. He served as the president of the Metropolitan Contemporary Glass Group from 2001 through 2009.

Harlan is the president of the Art Alliance for Contemporary Glass (www.contempglass.org). He currently serves as chairman of the planning board in the Village of Head of the Harbor and is the president of Branch Financial Services, Inc. in Smithtown.

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A Perfect Evening With Music in the Air

Deepwells Farm Historical Society sponsored its 7th annual Acoustic Long Island Summer Concert on the great lawn at Deepwells on Saturday, July 14. County Legislator Lynne Nowick welcomed the crowd of over 1,500 to a night of great music and perfect weather. Event producers Dave Dircks and Scott Posner are grateful to the numerous volunteers that came out early and stayed late in order to make the night a huge success.

Three opening acts kicked off the night early followed by four featured performers, Barneby Bright, Ernie Halter, Antigone Rising and Little Toby Walker. If you missed the concert live you can hear it via podcast on www.acousticlongisland.com or on iTunes.

Be sure to visit Deepwells Farm County Park, located on the corner of Moriches Road and Route 25A in St. James, for Acoustic Long Island's regular series held the first Wednesday of each month from 8-10 p.m. The regular series is held indoors in the Deepwells Mansion. Admission is FREE.

photos courtesy of Scott Posner

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SCOUT NEWS

EAGLE SCOUT COURT OF HONOR HELD...

St. James Boy Scout Troop 301 recently held an Eagle Court of Honor at Smithtown High School East for its newest Eagle Scouts. Pictured (L-R) are: Ryan Gavorsky, Robert Calamia, Dean Bauer and Marcos Pedone. The Eagle rank is Scouting's highest honor. Congratulations to these fine young men!

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IN THE NEWS

Summer Fishing Trips for Kids

As chair of the Suffolk County Legislature's Parks and Recreation Committee, Suffolk County Legislator Lynne C. Nowick is pleased to inform residents that the Suffolk County Police Athletic League (P.A.L.) is offering summer fishing trips for children ages eight and older. The trips are scheduled for each Wednesday through August 29 on the *Taryn-Ann* charter boat. The cost is $14 per child and includes four hours of fishing, poles and bait, as well as the cleaning of the fish for children.

The Police Athletic League and the staff on the boat will assist the children. The *Taryn-Ann* departs from the Captree Boat Basin at Captree State Park, off the Robert Moses Causeway, in Bay Shore. The boat leaves at 10 a.m. and returns at 2 p.m. Children are advised to bring lunch, beverages and sunscreen. Participants must complete an application and permission form and pay in advance for the requested date.

Applications are available at the Police Headquarters, 30 Yaphank Avenue, Yaphank or by calling P.A.L. at 852-6109 or at Legislator Nowick's district office at 59 Landing Avenue in Smithtown or you can call her office for one at 854-3900.

Legislator Lynne C. Nowick, of St. James, represents the 13th Legislative District, which includes Smithtown, Fort Salonga, Kings Park, San Remo, Nissequogue, Head of the Harbor, and St. James, as well as portions of Commack and East Northport.

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Temple Beth Chai Calendar

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Open House
Monday, August 20, 7-8:30 p.m.
Jewish and interfaith families interested in learning about temple membership are welcome to attend.

Open House
Thursday, September 6
7-8:30 p.m.
Sunday, September 9
10 -12 noon (brunch included)
Tuesday, September 11
6:15-8 p.m.
(Religious school preview.
Jewish and interfaith families interested in learning about temple membership are welcome to attend.

Registration Going On Now For
Religious School (grades 1-7), TBC Shalom Sesame (pre-K and K), Men's Club, Sisterhood, and youth groups (USY, Kadima).

Sabbath Services
Friday evenings, 8 p.m.
Saturday mornings, 9:30 a.m.
Temple Beth Chai, a Conservative/Egalitarian Synagogue welcomes the community, all ages, and interfaith families for Sabbath services.

FREE Early Childhood Programs
Sunday School for kids in first and second grade and Shalom Sesame for preschool, pre-K and kindergarten students. Call the office to register and request a fall schedule at 631-724-5807.

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Joanne Starkey

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IN THE NEWS

Deborah Anastasiou Joins iReverse Home Loans

Deborah Anastasiou, of St. James, has joined iReverse Home Loans, as a reverse mortgage consultant in the firm's New York office. She will use her 18 years of experience in the mortgage industry to help her clients determine their needs and if the reverse mortgage program is for them.

Deborah, who has been married for 38 years and has three adult children and three grandchildren, has been a resident of St. James for 28 years and believes Long Island is the best place to live.

You can contact her at danastasiou@ireverse.com or 800-486-8786, ext 875.

Empire College Information Sessions for Adults

Empire State College, of the State University of New York, will hold public information session(s) about its associate and bachelor's degree programs at its Hauppauge location, New York State Office Building, Room 1A11, 250 Veterans Memorial Highway, Hauppauge on Thursday, July 26 at 12:30 p.m. For more information, please call 516-997-4700.

SUNY Empire State College was established in 1971 to offer adult learners the opportunity to earn associate, bachelor's and master's degrees from the State University of New York. Students learn through independent studies, online courses, seminars and residencies. Learners also may earn credit for prior college-level learning from work and life experience.

For additional information, visit www.esc.edu.

Students for Students

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For Students and Families in Need

If you are a student or family
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Please contact Will Outcault at 740-4446.

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delivered directly to your house,
(supplies are limited).
This is a student run and operated charity,
so please don't hesitate to ask
if you require supplies.

Want to Donate?

STUDENTS FOR STUDENTS
is a charity organization
to help distribute supplies to students
who are less fortunate.
If you would like to donate school supplies
to the organization

please call 740-4446.

Please help give these students
the chance they deserve to get a
nice head start to the school year.
Some items needed are: folders, composition
notebooks, glue sticks, pens and pencils,
paper, backpacks, and scissors.

National Grid Warns Long Island Customers of Nationwide Utility Scam

Company Reminds Customers to Verify Identity of Company Representatives

National Grid is warning customers about a new, nationwide utility bill scam that claims the federal government will pay customers' utility bills through a new program. No such program exists, and customers who may be solicited should notify local law enforcement officials to investigate.

Customers have received solicitation through phone calls, door-to-door and online asking them for their social security number and bank routing numbers. Then customers are given fake account numbers to pay their bills. These are fraudulent account numbers and are not accepted by National Grid to pay customer bills.

National Grid reminds its customers that to ensure confidence and security during service calls at homes and businesses, all National Grid employees are required to carry company photo identification. Most, but not all National Grid employees also travel in clearly marked National Grid vehicles when providing service to residences and businesses.

The company reminds customers to always ask to see the National Grid company ID badge of anyone who says they are from National Grid. If you are in any doubt as to whether an individual is a National Grid employee, tell the person to wait outside and call the National Grid customer service number to confirm. Long Island customers can call 1-800-930-5003. For more information please visit their website: www.nationalgridus.com.

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2012 Dennis Cannataro Free Family Summer Concert Series

The Friends of the Smithtown Library announce their eighth series of outdoor summer shows made possible by a grant secured by Suffolk County Legislator Lynne C. Nowick of St. James. Last year, they entertained more than 38,000 people. The events are held on Thursday evenings in July and August with a rain date of August 23. This year's concert series will return to the front lawn of the Smithtown Library. Bring chairs and enjoy all the FREE shows!

This concert series, sponsored by The Friends of The Smithtown Library 631-265-2072, is coordinated by Dave Berner.

In case of inclement weather, please call 265-3994 and press selection #6 for special announcements or check the Smithtown Library's website www.smithlib.org after 3 p.m. the day of the show.

NO SMOKING or PETS PLEASE

Thursday, July 26– 8 p.m.
Eagles Tribute Band: Desert Highway
The Eagles boast one of the Top Selling Albums of all time with *Hotel California*. Desert Highway has quickly built a reputation as one of the top Eagles tribute bands. From *Peaceful Easy Feeling* and *Lyin' Eyes* to *Desperado* – these are songs that define an era.

Thursday, August 2 – 8 p.m.
Oldies Show: Risky Business
One of the top nostalgia bands on Long Island takes you back to the music of the 50's, 60's and 70's. Risky Business loves requests – so you might hear your favorite song and be able to dance with your favorite guy/girl.

Thursday, August 9 – 8 p.m.
Motown Show: Dr. K's Motown Revue
The band takes a break from the Mohegan Sun and takes you on a very realistic journey of the Motown sound that makes you want to sing along with every familiar song.

Thursday, August 16 – 8 p.m.
Billy Joel Tribute Band: Big Shot
This band creates a sound and stage presence as excitingly close to an actual Billy Joel performance as you will ever experience and includes all of Joel's greatest hits.

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Limit 5 Per Customer • Exp. 8/21/12

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1 Garlic Knot Pie 1 Regular Cheese Pie

Limited Time Offer

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Exp. 8/21/12

4 Views Landscape Exhibition at Mills Pond House

Landscape art takes center stage in *FOUR VIEWS LANDSCAPE* fine art exhibition at the Mills Pond House Gallery, located at 660 Route 25A in St. James. The exhibition runs August 11 through September 24, 2012 and features the work of four Long Island landscape artists (Shain Bard, Ned Butterfield, Rick Mundy, and Eileen Dawn Skretch) who capture the beauty of local Long Island and distant destinations, showing us the poetry and the beauty in seemingly ordinary places.

Eileen Dawn Skretch: (Southampton) is a landscape painter who paints on wood. "As I paint, the wood's grain becomes another layer of the mist or a ripple in the water. I love the peaceful spirit and unique beauty of the vanishing open spaces of the East End, where I was born and raised."

***On West Creek* by Ned Butterfield**

Shain Bard: (Huntington) "It is those moments when we most fully connect to our surroundings, those held-breath moments, that I am interested in. I also see the idiosyncratic forms of nature as instruments in an orchestra, and light as the conductor. I am a conduit of that light as I create my

continued on page 30

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4 Views Landscape Exhibition at Mills Pond House

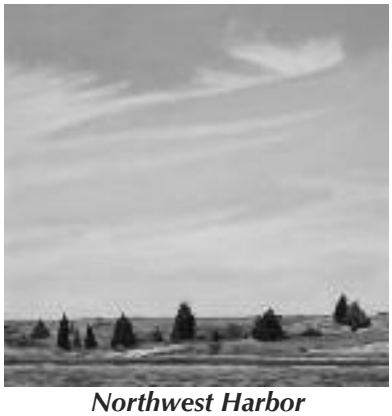
continued from page 28
compositions.

Ned Butterfield: (Islip) "Painting is my freedom, my frustration, my joy. Using light helps me create texture and color while emphasizing the drama. The result hopefully brings interest and beauty to a local scene that might be otherwise overlooked by the casual viewer."

Rick Mundy: (Setauket) An accomplished artist in transparent watercolor and specializes in realistic landscapes and seascapes. His most popular works feature the beaches and lighthouses of Long Island as well as coastal scenes, docks and shipyards.

Gallery hours are Monday through Friday, 10 a.m. to 5 p.m. and Saturday and Sunday from 12 noon to 4 p.m. Admission is free. For additional information call the Smithtown Township Arts Council at 862-6575 or visit their website at www.stacarts.org

***These Mountains* – III of VII by Rick Mundy**



Northwest Harbor
byEileen Dawn Skretch

Backlit Birches
by Shain Bard

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Ticket prices range from $16-$32 unless otherwise noted, group rates available. Call the box office at 724-3700 for reservations or visit their website at www.smithtownpac.org.

2012 SEASON
PERFORMANCE SCHEDULE

Hair
MAIN STAGE
-August 26

This 2009 Tony Award winning revival tells the story of a group of friends choosing to speak up and sing out in a celebration of love, life and freedom. For adult audiences.

Lombardi
MAIN STAGE
September 8-30
Tickets: $30

Sport produces great human drama and there is no greater sports icon to bring to theatrical life than Hall of Fame football coach Vince Lombardi, unquestionably one of the most inspirational and quotable personalities of all time.

Bloody, Bloody Andrew Jackson
MAIN STAGE
October 13-November 4

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Subscription plans available at substantial savings. Call the box office at 724-3700 more information.

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ARTS & ENTERTAINMENT

Gateway Playhouse & Patchogue Theater 2012 Season

The Performing Arts Center of Suffolk County at Gateway Playhouse, located at 215 South Country Road in Bellport, and the Patchogue Theater, located at 71 East Main Street, Patchogue, is pleased to present their Summer Season for 2012.

2012 SEASON

9 to 5
- August 4
at the Patchogue Theatre

Nominated for four Tony Awards, this American comedy, adapted from the film of the same name, will resonate with anyone who has earned a paycheck!

Phantom
August 22 - September 9
at Gateway Playhouse

The combination of fanciful sets, elaborate costumes, unexpected comedy and Yeston's etherial music forms a show that will tempt the music lover in us all.

CHILDREN'S THEATRE 2012
All tickets $12

Gateway's Youth Ensemble presents:

Disney's The Little Mermaid Jr.
July 26-August 11
at the Patchogue Theatre

Jim West's Aesop's Fables
Friday, August 17
at Gateway Playhouse

Alice In Wonderland
Friday, August 24
at the Patchogue Theatre

Tickets are available at the Box Office, 10 a.m.-6 p.m. Monday through Saturday and 11 a.m.-6 p.m. on Sunday. General admission prices range from $52-$58, students under 25, $25. Special group and multiple show rates available.

For additional information call (Gateway Playhouse) 286-1133, (Patchogue Theater) 207-1300 or visit www.gatewayplayhouse.com.

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Smithtown 11787	1	13	3		
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Country EIK w/granite tops, center isle & frplc. 4 BRs, 2.5 baths, spacious FLR, FDR, FR with Rumford stone fireplace. Sunroom w/cedar planked beamed ceiling. 6" cherry wood floors, wide moldings, raised panels, all solid wood stained doors, 9' ceilings. French doors to bluestone patio. Level treed rear yard. Full bsmnt. 2 car att. gar. & 2.5 car det. barn w/electric & walk up loft. A Diamond.
$1,075,000.

ST. JAMES "NEW TO MARKET"

Beautiful custom Center Hall Colonial with open floor plan. Great home for entertaining. Granite kitchen, FLR, FDR, FR with vaulted ceiling & frplc. 4 BRs, 3.5 baths. Full finished basement, Florida Room, decking, heated IGP. Outdoor kitchen. Cul-de-sac. Much more! **$729,000.**

ST. JAMES "NEW TO MARKET"

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ST. JAMES. Ideal for commercial redevelopment. Small Cottage & Barn on property. Assumable mortgage. .79 acre, excellent Rte. 25a exposure. **$875,000.**

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$1,950,000.

CALL FOR A FREE MARKET ANALYSIS

EDUCATIONAL ENTERTAINMENT

Programs Offered at the Library

The Smithtown Library offers a variety of programs during the upcoming weeks and months. The Main Branch, (TEMPORARILY CLOSED FOR RENOVATIONS) is located at 1 North Country Road, Smithtown, 265-2072. The Nesconset Branch is located at (NEW LOCATION) 148 Smithtown Blvd., Nesconset, 265-3994. The Commack Branch is located at 3 Indian Head Road, Commack, 543-0998. The Kings Park Branch (TEMPORARILY CLOSED FOR RENOVATIONS) is located at 1 Church Street, Kings Park, 269-9191. Call for Library hours.

For more information visit the library website at www.smithlib.org.

You may register at the above phone numbers for programs unless otherwise noted.

MUSEUM PASSES AVAILABLE

The Smithtown Library has added the ***Children's Museum of the East End*** to its Library Museum Pass program. This pass, available to Smithtown Library patrons, admits a family of four to enjoy exhibits, programs and events. And don't forget the Museum Pass for the ***Intrepid Sea, Air and Space Museum*** which is still available to borrow. For more details or to reserve a date, call the Children's Department of the Nesconset Branch, 265-3994, x141.

BOOK DISCUSSION GROUPS

Please register for these programs

Historical Non-fiction Book Discussion Group

NESCONSET

Thursday, July 26, 2:30 p.m.

Arc of Justice: A Saga of Race, Civil Rights and Murder in the Jazz Age by Kevin Boyle. If you enjoy learning about the past through historical non-fiction, be sure to join this group. Stop in at the Nesconset Branch to register and to pick up a copy of the book. In-person registration only.

Tea-rrific Reads Book Discussion

NESCONSET

Call for books, dates and times.

BUS TRIP TOUR TO NBC STUDIOS AND SOUTH STREET SEAPORT AND MUSEUM

Thursday, August 16, 7 a.m.-7 p.m.

Depart from the Nesconset Branch parking lot promptly at 7 a.m. (you should be at the Library parking lot by 6:45 a.m.). Arrive at NBC Studios at 9 a.m.

Enjoy a 1-hour behind-the-

continued on facing page

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continued
scenes tour of this famous studio and then on to a delicious lunch at Little Italy's S.P.Q.R. restaurant. After lunch, depart for the South Street Seaport Museum for a tour of the Museum followed by time on your own at the Seaport. Depart from the city at 4:30 p.m. and arrive back at the Library around 7 p.m. Fee: $98 non-refundable fee (which includes lunch) payable at time of registration (driver gratuity not included). Cash or check made out to The Smithtown Library. Registration is open to all.

ON-YOUR-OWN TRAIN TRIP TO NYC

Saturday, August 25
Register by August 20

Tickets are limited. Ages 5 to adult enjoy round-trip LIRR tickets for only $8.50 a person. Children under 5 travel FREE. Register and pay in person at any open branch of the Library. Depart from Kings Park station for the 9:10 a.m. train which arrives at Penn Station at 10:39 a.m. Meet at Kings Park station at 8:55 a.m. and travel together in the first car as a group. Return on any train that leaves Penn Station before midnight.

HANDS-ON COMPUTER CLASSES

NESCONSET

Laptops will be provided during both series. (You may be asked to share a laptop with one other person.) Handbook, ongoing email tech support, subscription to a helpful weekly newsletter and a computer and printer cartridge disposal service are all included in the series fees.

Introduction to Computers: Parts 1 and 2

Thursdays, August 2, 9, 11 a.m.-1 p.m.
Fee: $12, non-refundable for the series is required at in-person registration, which is ongoing for Smithtown Library cardholders.

This is a slow-paced, user-friendly series for first-time computer users. Using Windows computers, this unique class covers the basics in a way that even the most inexperienced user will understand. Part 1 will cover turning the computer on, the desktop, using the mouse, opening and closing programs, understanding Windows elements, getting out of trouble and turning the computer off. Part 2 will cover working with text (inputting, inserting, moving, erasing, etc.) and other basic word processing skills, saving, opening and closing files, and understand-

continued on following page

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Programs Offered at the Library

continued from page 39

ing commands. All versions of Windows will be addressed. You are expected to come to both classes.

Your Computer: The Possibilities
NESCONSET
Thursdays, August 16, 23, 30, September 6, 11 a.m.-1 p.m.
Fee: $24, non-refundable for the series is required at in-person registration, which is ongoing for Smithtown Library cardholders.

If you have taken *Introduction to Computers: Parts 1* and *2* or if you already possess the skills taught in those classes, you are ready for this 4-session series where you will learn to do all manner of things practical and fun with your PC such as writing a letter or creating a newsletter, flyer or sign; organizing your personal finances and setting up a bank reconciliation and personal address database; the ins and outs of emailing; and downloading pictures and editing and printing photographs. You are expected to come to all 4 classes.

AUTHOR VISIT WITH FRANK CATALANOTTO
NESCONSET (ages 6 years-adult)
Wednesday, August 22, 6:30 p.m.

Frank Catalanotto, who will talk about his new book *Heart & Hustle*, grew up in Smithtown and started his baseball career as a Little Leaguer and went on to become a major league ball player. This book contains inspiring and instructive stories about drive and determination and how those qualities and the loving support of family can help you be your best. It is also for the dreamers who live and breathe baseball and picture themselves as major league ballplayers. Frank never gave up on his dream and went on to play baseball for 14 years in the major leagues. Signed copies of the book will be available for purchase.

SONGS FROM THE HEART
NESCONSET
Saturday, August 25, 2 p.m.

Eric Young and The Caravan Players will present a celebration of love through songs and readings. Enjoy this hour and a half of heartfelt readings and beautiful love songs performed and sung by talented singers from around Long Island. Registration is open to all.

continued on page 42

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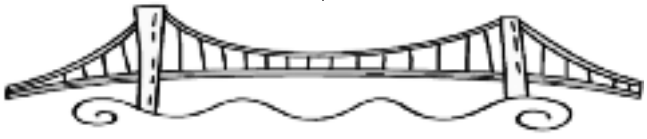

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Programs Offered at the Library

continued from page 40

ONGOING ADULT PROGRAMS

ADULT WRITER'S GROUP
NESCONSET
Tuesday, 7 p.m. Call for dates

Meet like-minded individuals who are just starting out – and those who have had the author's itch for a while. Whether you are writing your memoirs or looking to hit *The New York Times* Best Seller list, come commiserate with your fellow scribblers. Program is free and open to all regardless of library district. No registration is required. Program will take place in the Quiet Room.

ART GROUP
SMITHTOWN - NESCONSET
NESCONSET (16 years & up)
Every Tuesday, 12-2 p.m.

Bring your own supplies and work on your own project. Share techniques with others. All levels welcome. Exhibit your work as a group, at Nesconset, throughout the year. NO registration required.

OPEN KNITTING AND CROCHET NIGHT

NESCONSET
Tuesdays, 5:30-7 p.m.

Join this local group of yarn hogs every third Tuesday of the month and enjoy a friendly and informal get-together. Experienced and newbie's welcome! NO registration necessary

GAME DAY
NESCONSET
All Mondays the Library is open 1-4 p.m.

We provide the space, tables and chairs. You bring your friends and board or card games to play. NO registration is required. Space is limited and is available on a first-come, first-served basis starting no earlier than 12:45 in the Community Room.

TEEN PROGRAMS

CALLING ALL TEENS
ENTERING GRADES 6-12
The Smithtown Library (TEMPORARILY CLOSED FOR RENOVATION) at 1 North Country Road, Smithtown and the Nesconset Branch, located at (NEW LOCATION) 148 Smithtown Blvd., Nesconset, 265-3994 is offering a variety of programs geared toward teens. Join one or join all – you're sure to have a great time! (*Registration is required*.)

continued on page 44

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I am now offering social/emotional skills groups for children (ages 8-12) and teens (ages 13-18) both with and without neurological challenges. Groups will be formatted based on client ages, particular learning & sensory styles, as well as shared commonalities. Each group will be limited to no more than 5 members to ensure the necessary learning environment for generalization of skills to occur. There will be a parent component for one or two sessions per module to foster a joint understanding and participation of skill use in the home, school & community. Additionally, throughout the various modules, there will be a combination of guest speakers, peer mentors from former skills groups, a community service project, and the use of music, art and hatha yoga. For more information on enrolling your child and to schedule a free intake appointment, please call 631-686-6021. Intakes are currently being held on Tuesdays, Wednesdays & Thursdays. Slots will be filled on a first come first served basis however, if the groups are full, you do have the option of having your child waitlisted should an opening arise as sessions progress.

WHO	Carried out by myself, my intern and/or a co-leader
WHEN	The week of July 23rd and meeting 1x weekly throughout the summer & school year
WHERE	The St. James School House, 542 North Country Road, Suite 2, St. James, NY 11780
HOW MUCH	$60 per 1.5-hour session whereby $240 is paid in advance for a month at a time
WHAT & WHY	The following modules will be taught with many skills contained within each one:

Mindfulness-Based Stress Reduction Skills

WHY: So that we can pay attention to what we are doing, slow ourselves down, and make good choices in order to feel happier and healthy.

Distress Tolerance Skills

WHY: So that when things feel bad, we know what to do to not make them worse for ourselves.

Emotion Regulation Skills

WHY: So that we can understand and deal with our emotions in a well-balanced way.

Self-Compassion Skills

Why: So that we can learn to be gentle with ourselves and self-validate our efforts.

Social Skills

Why: So that we can have good relationships, get what we want, and keep our self-respect.

Family Effectiveness Skills

Why: So that we can get along well with our family members and communicate effectively.

The Saint James School House
542 N. Country Rd., Suite 2, Saint James, NY 11780
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"Serving the needs of Long Island's children, adolescents & young adults along with their families who love them & the professionals who serve them."

Programs Offered at the Library

continued from page 40

Henna Tattoo/Mehindi Art for Teens
NESCONSET
Thursday, July 26, 3:30 p.m.
Create your own beautiful henna tattoos while learning about this traditional art form. Tattoos will last for a few weeks; therefore permission slips are required for all participants. No online registration. You can pick up a permission slip from the Library.

Young Adult Bus Trip to Atlantis Marine World Aquarium
Saturday, July 28, 2012, 8-3 p.m.
SMITHTOWN MAIN BRANCH
(Grades entering 6-12)
Bus departs Smithtown 8 a.m.
Departs from Aquarium at 2 p.m.
Fee: $40 per teen and includes: round-trip transportation on a coach bus, admission to the Atlantis Marine World Aquarium and lunch. Cash or check is due at in-person registration which is on-going.

Watercolor for Teens
NESCONSET
Wednesday, August 8, 6:30 p.m.
Come create a beautiful watercolor while also learning the techniques. You will go home with a masterpiece of your very own!

Getting Ready to Babysit
NESCONSET
Thursday, August 23, 3-6 p.m.
Fee: $17, cash, check or money order payable to Smithtown Library.
You must register IN PERSON for this program.
This program will demonstrate the responsibilities of babysitting and the skills necessary to become a certified sitter with a variety of hands-on activities, discussions and presentations.

Teen Volunteer Opportunity
NESCONSET
Wednesday, July 25, 3-4 p.m.
Tuesday, August 7, 3:30-4:30 p.m.
Tuesday, August 14, 3-4 p.m.
Friday, August 17, 3:30-4:30 p.m.
Monday, August 27, 7:30-8:30 p.m.
A variety of volunteer opportunities will be offered at the Library throughout the year. One hour of community service will be given. Register for this program.

continued on facing page

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continued on facing page

CHILDREN'S PROGRAMS

Register in person, online (Nesconset branch) or by phone for all Children's Programs:

Smithtown
265-2072, ext. 248.
CLOSED FOR RENOVATIONS

Nesconset
265-3994

Call the library for dates and times and age restrictions for ALL programs.

Visit the Library website at www.smithlib.org for a complete program listing and additional details or go to the library and pick up a program flyer.

For School Age Children
A variety of literature-based programs which include a wide range of activities are offered throughout the school year. Each children's department provides specialized programs, unique to each branch. Contact your local children's librarian for details or visit the library website at www.smithlib.org.

Sunwise
NESCONSET (entering grades K-3)
Thursday, July 26, 11 a.m.
The Suffolk County Department of Health Services will teach the dangers of sun exposure to young children and their caregivers, presenting a fun approach towards being safe all year-round. Each child will receive an activity booklet, UV bracelet, bucket hat and sunglasses.

The World of Reptiles and Amphibians with Erik the Reptile Guy
NESCONSET (entering grades K-5)
Friday, July 27, 3 p.m.
This interactive presentation allows children to see and touch animals from South America, Africa, Asia and Australia including lizards, snakes, turtles, tree frogs, toads, salamanders and an American alligator named Wally!

In the Shadow of the Mountain - Luigi Del Bianco and Mount Rushmore
NESCONSET (all ages)
Monday, August 6, 11 a.m.
Storyteller Lou Del Bianco portrays his grandfather Luigi's unique contribution to the carving of our nation's greatest memorial. Authentic photos, maps and timelines bring Luigi's story to life.

continued on page 82

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DESIGN IDEAS:
There's No Place Like Home

by Natalie Weinstein, Allied ASID

Every month, I steal two or three days to fly to Florida. That's when I do something not too many women my age get to do. I call someone "Daddy." My dad is going to be 98 on August 10 and he still resides in the home he and my mom bought some 33 years ago when they retired. Mom, who died a little shy of her 90th birthday, will be gone eight years on August 30 and now a couple lives with and cares for Dad.

My mom greatly influenced my becoming an interior designer although she didn't know it. A product of the depression, she married my dad and lost hers shortly after, inheriting a ready-made family consisting of her younger sister and her mother long before she had me. My mother went to work to help support the family. She was no great cook, (got those genes, too) perhaps because my grandmother did all the cooking, but she had a special knack for making things "look good" and a penchant for neatness and order. We were a lot of people in a small apartment and later, in a small two-family house when my aunt married, but everyone always admired our lovely home. With very little money, my mother made it so.

My father was and is a surprisingly neat man finding peace and comfort in having his home in order and his favorite things around him. He vows at least once a day, now, that his coffin, when he departs this world, better be big enough for his recliner because, "I'm not going without it!"

From my mother and father, I learned the value of "home" inheriting the mind set as well as the skill set understanding its importance. Life, today, often gets in the way of creating the living space we want. Families are always busy with myriad activities and time and money seem to be constant challenges, but I often think of then. When my parents brought me into the world, it was a world at war, with rations and problems and fear. Yet they did what they could to create a lovely and safe haven for their family.

I wonder. Did we lose the value of home along with courtesy, dignity and integrity, words you don't often hear now? Neither my parent's world nor ours

Dad at 98, in his favorite chair.

is easy. Role models today are hard to find and sadly our world isn't the better place we'd hoped for after World War II. But the safe haven of home will never change. Its comfort and value in a confusing and challenging world is a singular constant. But it, like a garden, needs tending and what we reap will be what we sow. The care and maintenance of this precious possession is not often enough on top of our "to do" list and to some, it doesn't even make the list. But having spent 40+ years of my life doing what I do, I know for sure and certain how lives can change when its value is understood.

continued on page 81

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The trick is to water wisely to get the most mileage from the sprinkling you do.

Apply mulch or compost to improve water and nutrient retention. Water deeply when you water. The roots of your lawn will grow deeper if you soak the soil to a depth of six or more inches. The roots of trees and shrubs are far deeper than those of your lawn.

THREE WATER ROBBERS THAT ARE EASY TO BEAT

- **Be sure to soak each area thoroughly with each watering.**
- **Be sure all the water you apply actually gets where you want it.**
- **Apply water when there will be the least amount of evaporation. Windy conditions or extremely hot weather will vaporize a lot of your watering before it can do your plants any good.**

JULY LAWN & LANDSCAPE TIPS

- **Large brown areas in the lawn are most likely drought stress. Check for a sprinkler miss. Most brown areas will grow back green in 2-3 weeks with proper irrigation.**
- **Don't forget your valuable Trees and Shrubs. During extended hot and dry spells give your plants a nice long drink!**
- **Be on the look out for scale insects on your specimen trees. Insecticidal soap works well.**
- **Small brown circles are fungus. Fungus treatments can be done now to help or you can wait until August to reseed damaged areas.**
- **Ideal time for lawn seeding is in the fall and the best window is Aug. 15-Sept. 15.**

By Craig den Hartog, Professional Horticulturist
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NATURALLY SPEAKING:
Get Outside and Enjoy the Summer

The summer is winding down but there are still things to plant in your garden. For fall harvesting, sow seeds of beets, carrots, lettuce, peas and spinach. Make sure to keep watered as seeds germinate.

Order those spring-flowering bulbs now for fall planting, come spring-time you will be happy you planned ahead. Order some garlic – the fall is the time to plant them also. You will be harvesting them next summer. You plant one clove per hole. Make sure to add plenty of organic matter to the soil and keep watered. The garlic will start to grow before winter, but it will be fine. After a heavy frost, mulch your garlic patch and just let them sleep for the winter. That is about it.

You can make some pretty wreaths for your home or to give as gifts. Use the items you have collected. Perhaps the items from a vacation for a 'memory' wreath? Some dried flowers or herbs, shells and driftwood are a few ideas. Buy a pre-made wreath at the craft store and hot glue or attach the items with floral wire. You could even make a wreath with photographs or postcards.

If your herbs are growing very full you can trim the plant and dry them to use throughout the winter. Pick the herbs early in the day when fully dry. Tie in small bundles or lay out on a sweater drying rack in a cool, dry, place with good air circulation. Store in air-tight containers and do not crush until ready to use. Put in pretty little jars with nice labels to give as gifts.

If you have a shady spot in your garden that is not looking too well, these plants can brighten up that spot. A plant with a beautiful blue white or lilac bell-shaped flower is the Peachleaf Bellflower, it is a perennial in the campanula family and is deer-resistant. A nice ground cover plant for the shade is the Spotted deadnettle. It has silver, green-tinged leaves and purple, pink or white flowers, the purple is especially pretty, and rabbits and deer do not like it. The Fuchsia plant can be fussy, but a few grouped in a planter and put in a dead corner can make that spot come alive with color. Give them good potting mix with compost, perlite and slow-release fertilizer and water often. You'll see that fussy can be beautiful.

August is the last full month of summer (can you believe it?) so be outside and enjoy it. Watch a bug, busy bee or butterfly, run through a sprinkler, lay in the grass and look at the clouds or study the beauty of a single flower. Hold onto these beautiful summer days.

Editor's Note:
June Liardi, a St. James resident for over 30 years, is a wife and mother of three sons. June will be writing articles on gardening, nature related craft projects and family activities.

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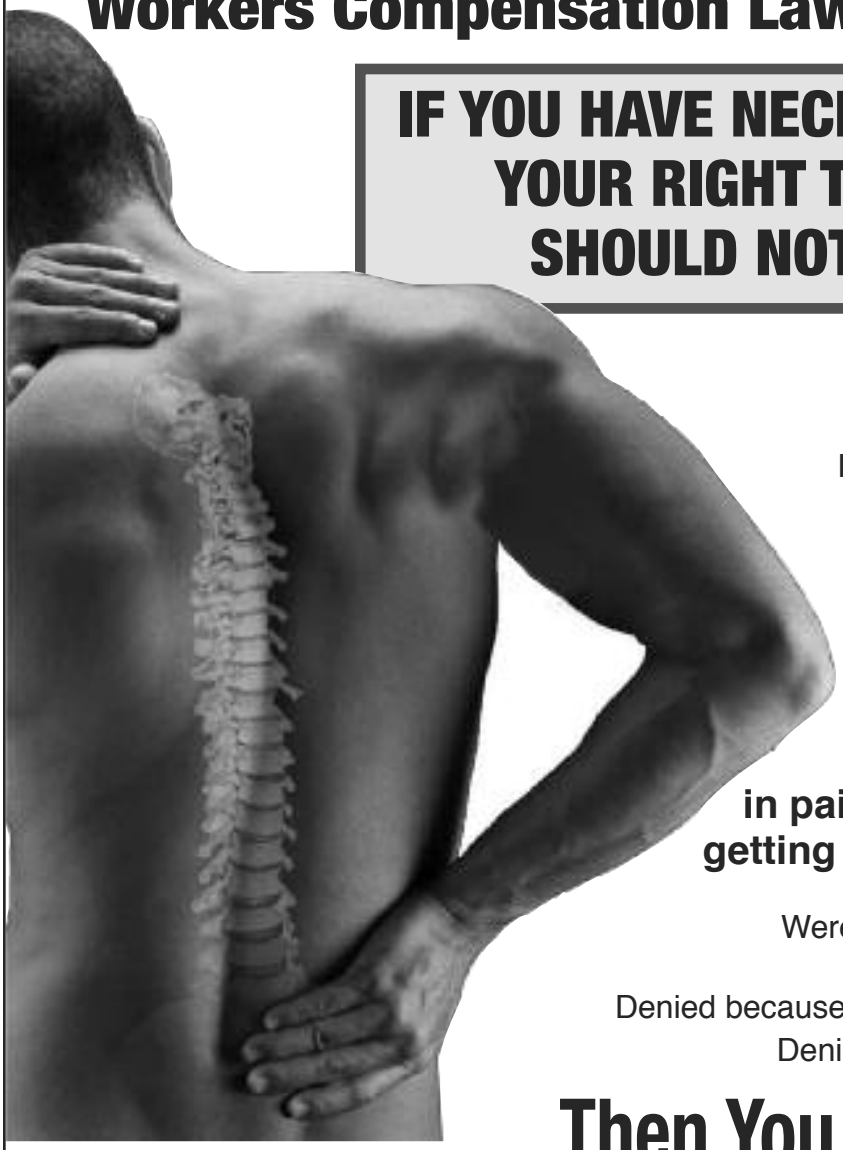

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POSTAL CORNER

New Stamp Issue: Major League Baseball All-Stars

submitted by the St. James Post Office

On July 20, 2012, in Cooperstown, New York, the Postal Service issued *MAJOR LEAGUE BASEBALL ALL-STARS* commemorative stamps (Forever priced at 45¢) in four designs in a pressure-sensitive adhesive pane of 20 stamps. With the issuance of the Major League Baseball All-Stars stamps, the U.S. Postal Service recognizes the accomplishments of four baseball greats: Joe DiMaggio, Larry Doby, Willie Stargell, and Ted Williams. Each of these Hall of Famers was a perennial All-Star selection and each left an indelible impression on the game.

Joe DiMaggio (1914– 1999), nicknamed "the Yankee Clipper," is best known for his incredible, unmatched 56-game hitting streak in 1941.

Larry Doby (1923–2003), the first African American to play on an American League baseball team, joined the Cleveland Indians on July 5, 1947, and was a seven-time All-Star selection.

Willie Stargell (1940–2001) twice led the National League in home runs and helped power the 1979 Pittsburgh Pirates, a multicultural team known as "The Family," to a World Championship.

Regarded as one of the all-time greatest hitters in baseball, **Ted Williams** (1918–2002) of the Boston Red Sox, was the last Major Leaguer to bat over .400 for a single season in 1941.

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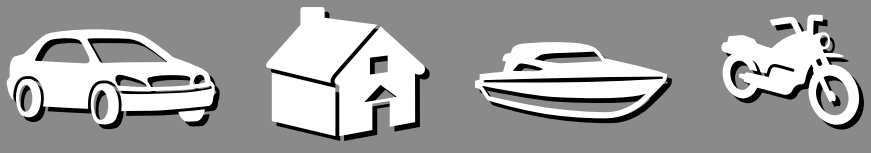

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INVESTING WITH INTEGRITY, RIGOR & DISCIPLINE

Finding a Method That Suits Your Personality

"The problem with the person who thinks he's a long-term investor and impervious to short-term gyrations is that the emotion of fear and pain will eventually make him sell badly." – ROBERT WIBBELSMAN

by Richard A. Masino

This insightful quote speaks directly to the importance of finding an investment approach that suits your personality.

If you have a cast-iron stomach and a 40 or 50 year time horizon, then perhaps conventional investment theory will work out for you. Personally, that's not how I roll. I think fanatically about compounding and I hate losses. So let me share with you three investing styles that might be more palatable to the long term investor who seeks a more pleasant and productive experience.

1. **Low Volatility**

In a paper titled, "*Benchmarks as Limits to Arbitrage: Understanding the Low-Volatility Anomaly*," written by Malcom Baker, Brendan Bradley and Jeffrey Wurgler, the authors present data that sheds light on perhaps the most significant anomaly in all of finance. That is low-volatility stocks have long outperformed high-volatility stocks. Let's examine this finding a bit closer.

The researchers sorted stocks by volatility into 5 groups (lowest beta to highest beta) from the period of 1968 to 2008. Just for some context: if the market as a whole has a beta of 1 then a stock with a beta of 2.0 is twice as volatile as the market. And a stock with a beta of 0.5 is expected to be half as volatile.

Over the 41 years of data analyzed the results were just astounding. One dollar invested in the lowest beta stocks as a group rose to $60.46. While one dollar invested in the highest beta stocks rose to just $3.77.

2. **High Quality**

If you believe that true investment risk is represented by the permanent loss of capital, then this one is for you. GMO, an esteemed firm that serves an institutional clientele published a paper called "*Profits for the Long Run: Affirming the Case for Quality*." Their research spoke to another anomaly – that the market misprices fundamental quality and the persistence of profitability. The findings were derived from a study of 3,000 of the largest US companies over a 32 year period (1979 to 2011). In the most extreme case, companies of lowest quality (determined by negative net income) underperformed the market by a spectacularly large 8% annually.

continued on page 54

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Finding a Method That Suits Your Personality

continued from page 52

3. **Income Producing**

The amount of research in the area of dividend paying stocks is prolific. Perhaps the most frequently cited study is by Roger Ibbotson of Yale University who found that a whopping 40% of total returns from 1926 to 2000 were generated by dividends. Not to be outdone, research performed by the highly respected Robert Arnott and Cliff Asness found that expected future earnings growth is fastest when current dividend payout ratios are high. This upends the long held Wall Street myth that companies paying big dividends are slow growers.

Conclusion

Be forewarned. Practitioners of conventional investment theory will bristle at the thought of completely omitting certain sectors of the market and dramatically overweighting others. They prefer owning a smattering of everything believing that markets are efficient – even though it has been proven time again that market inefficiencies are plentiful.

Though I've presented three separate approaches, thorough research can identify companies that embrace each of these characteristics: low volatility, high quality and income producing. By building such a portfolio piece by piece, the historical data would suggest market downturns will be weathered in a much more robust way and long term returns will be superior.

Lastly, the greatest determinant on performance is the price you pay for an asset. Accordingly, the patience required to be a successful investor is more about being patient before you actually take a position, and less about being patient after the fact.

Note: SoundFront Asset Management, Inc. is a registered investment advisor. All investments have risk and may result in a loss of principal. Clients are encouraged to consult with tax and legal advisers before making any investment decision. Positions in stocks mentioned: note though that can change at any time and without notice.

***Editor's Note**:* Investing With Integrity, Rigor & Discipline *is a monthly feature written by Richard Masino, Founder & CEO of SoundFront Asset Management. Rich is frequently called upon to speak nationally at private wealth forums and institutional investor conferences. His investment insights have also appeared alongside other noted investors such as James J. Cramer during Rich's stint as a contributing editor to Real Money, a division of TheStreet.com. For additional information or to schedule a private consultation you can reach Rich at 631-584-2283 or rich@soundfrontasset.com*

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MONEY MATTERS:
Don't Fall Victim to Investment "Biases"

by Scott Posner, CFP, CRPC, A.A.M.S.

If you're like most people, you go through many complex thoughts and emotions when choosing investments. In fact, a field of study called "behavioral finance" is devoted to understanding why people make their investment decisions. As part of their work, behavioral finance researchers examine "biases" that affect people's investment selections. And as an individual investor, you, too, can benefit from understanding these biases – so that you can avoid them.

Here are some of the key biases identified by behavioral finance experts:

Overconfidence

Overconfidence leads investors to believe they know the "right times" to buy and sell investments. But if you're constantly buying and selling in the belief that you are correctly "timing" the market, you maybe wrong many times, and you may incur more investment fees, expenses and taxes than if you simply bought quality investments and held them for the long term.

Representativeness

If you make decisions based on preconceived ideas or stereotypes, you may be suffering from a bias called "representativeness." For example, if you see that investments from a particular sector, such as energy, have performed particularly well in one year, you might think these types of vehicles will do just as well the next year, so you load up on them. Yet every sector will go through ups and downs, so one year's performance cannot necessarily predict the next year's performance. Instead of chasing "hot" investments, try to build a balanced portfolio that reflects your individual goals, risk tolerance and time horizon.

continued on page 58

Markets Change. Are You Prepared?

When you stop and look back at what's happened in the markets, it's easy to realize how quickly things can change. That's why we should schedule some time to discuss how the market can impact your financial goals. We can also conduct a free portfolio review to help you decide if you should make changes to your investments and whether you're on track to reach your goals.

Stop by or call today to schedule your free review.

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Don't Fall Victim to Investment "Biases"

continued from page 56

Anchoring

Similar to representativeness, an anchoring bias occurs when investors place too much emphasis on past performance. If you own shares of XYZ stock, for instance, and the stock price hit $60 per share, you might assume XYZ will always sell for at least $60 a share. But if XYZ drops to $30 per share – perhaps as a result of a broad-based market decline – you might think it's now "undervalued," leading you to "snap up" even more shares. However, XYZ shares could also fall due to a change in its fundamentals, such as a shake-up in the company's management or a decline in the competitiveness of its products. As an informed investor, you need to work with your financial advisor to determine the causes of an investment's decline and any actions you may need to take in response.

Confirmation

If you are subject to confirmation bias, you may look for information that supports your reasons for choosing a particular investment. This type of bias can lead to faulty decision making, because you'll end up with one-sided information. In other words, you may latch onto all the positive reasons for investing in something – such as a "hot stock" – but you may overlook the "red flags" that would cause you to think twice if you were being totally objective. To fight back against confirmation bias, take your time before making any investment decision – a quality investment will almost always be just as good a choice tomorrow as it is today.

Being aware of these investment biases can help you make better decisions – and over a period of many years, these decisions can make a difference as you work toward achieving your financial objectives.

Editor's Note:

Money Matters is a monthly feature written by Scott Posner, CFP, CRPC, A.A.M.S., an investment representative with Edward Jones Investments. This 130-year-old firm has over 10,000 offices around the world with one here in town at 542 North Country Road in the Old St. James School House. Mr. Posner has serviced both personal and institutional investors for over 24 years. For more information, a schedule of free investment classes or to request topics for future columns, call 862-2020.

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EMERGENCY APPOINTMENTS TAKEN

HEALTH VIEWS ***by Gregory R. Thomaier, D.C.,C.C.S.P.***

This article is part of an ongoing series presented in order to bring you the very best and latest information about exercise, health and diet.

Postural Effects From Imbalances in the Feet

Most do not realize that the condition "flat feet", which is a term used to describe the flattening of the foot's inner arch, has more of an effect on the entire structure and stability of the body rather than the foot alone. A flattened arch causes the individual to put more stress and pressure on the inner part of the foot, causing the rest of the body to mold to its imperfection. As a result the body becomes off centered and awkwardly balanced. When the foot imbalance is present, there is a negative impact on the knees, hips, pelvis and spine. Some patients must have these abnormal forces reduced before they can achieve improved spinal function.

Pronation is the rotation of a body part either inward or downward. The foot naturally presses downward or inward when walking or running. However, over-pronation causes a decrease in arch height, which can cause discomfort not only to the foot, but also to the entire body. Pronation is associated with the loss of arch height that causes the foot to rest unsettled and off balanced. Pronation may become permanent if not treated, and will become progressively worse with time. One may ask, "How do I know if I have pronated feet?" Although it is best to determine ones medical stance by consulting a doctor, generally a pronated foot flares outward during standing. Also, the Achilles tendons and kneecaps may be pushed inward from the midline of the legs. If any of these problems are present, shoe orthotics may be a healthy choice!

Patients who suffer from this anatomical imbalance can find relief in custom fit shoe orthotics. Shoe orthotics, also know as Spinal Pelvic Stabilizers, are shoe inserts that cause the foot to remain centered, helping the body to realign itself to equilibrium. One beneficial aspect of using shoe orthotics is that they are able to correct an existing arch problem for long-term, relief. Overall, orthotics contribute to full body wellness. For example, if one were to suffer from severe neck pain, it does not necessarily mean that the pain is concentrated in the neck region. In fact, the pain could be from excess stress to the lower back of the legs.

Shoe orthotics can fit into most shoe wear with ease. Using the latest orthotics technology, doctors have the ability to take precise measurements of the foot to ensure maximum comfort.

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How Life Insurance Can Protect Your Home

submitted by Lawrence Glazer, CLU, ChFC, LUTCF

You and your family have worked hard to acquire your home, a rental property or other real estate holdings, and you qualified for that mortgage thanks to your income level, excellent credit rating and financial history.

But what would happen if you – the primary income producer or even as half of a dual-income partnership – suddenly died? Besides the emotional trauma, a surviving spouse may experience a significant decrease in household income that could lead to foreclosure. That's why many banks and mortgage companies encourage homeowners to purchase mortgage life insurance.

Life Insurance from a Lender vs. an Insurance Company

Basically, you purchase mortgage life insurance so that in the event of an untimely death, funds are available to meet any outstanding mortgage balance. But the type of insurance you purchase can greatly affect your surviving family members' options.

When you purchase insurance from a bank or mortgage company, you generally lose all ownership control of the insurance. In many cases, you pay the premiums, the lender receives the proceeds at the insured's death, and your family receives the deed to the house. While this may seem like an equitable solution, the spouse may not want to remain in the home due to several factors:

- The daily memories may be too difficult to handle.
- The expenses may be too large to maintain.
- Your spouse needs to live closer to friends and family.
- Your spouse needs to relocate for a better job or school area.

With personally owned life insurance, you have more choices and control because your surviving spouse (assuming he/she is the beneficiary) – not the lender – receives the insurance proceeds at your death. Your spouse decides what to do with the money. He/she can pay the mortgage in one lump sum or continue paying it down periodically. Plus, personally owned life insurance is portable, which means if you move in a few years, you won't have to replace your insurance, which could be a costly process. Furthermore, even after the mortgage is paid, personally owned life insurance can provide other valuable benefits.

Make a Choice Today

Whether you decide to purchase mortgage life insurance through a bank or personally owned life insurance, the key is to be prepared. There is a real chance that someday one person will be solely responsible for your family's finances. Taking the necessary steps today can ensure your family's financial future tomorrow.

***Editor's Note**:*
Lawrence Glazer, CLU, ChFC, LUTCF, a St. James resident, is a New York Life Insurance Company Agent and can provide additional information on insurance and other financial products that can be used to help you prepare for the future. For more information call him at 391-3490.

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A Few More Reasons to Save

by Jim Winter

Many people set goals to save more money to support a comfortable retirement. Even if your retirement seems well into the future, there can be some instant gratification.

By opening an Individual Retirement Account (IRA) before April 15, 2010, you may be able to take advantage of some potential tax benefits on your 2009 tax return.

For the 2010 tax year, individuals can make annual contributions to a traditional or Roth IRA of up to $5,000 or 100% of earned income, whichever is less. Married couples filing jointly can contribute up to $10,000 ($5,000 per IRA) provided either spouse has earned income of at least that amount. As an added benefit, individuals age 50 or older are eligible to take advantage of a catch-up provision and contribute an additional $1,000 to an IRA.

Customers can set up an IRA with a minimal initial contribution. By continuing to add to that on a monthly basis or when their finances allow, the account has the potential to grow on a tax-deferred basis and becomes a great resource to help save for the future and provide the comfortable retirement they desire.

There are a number of products that can be used as an IRA funding vehicle. Depending on factors such as your time horizon, risk tolerance, and other financial goals, some products may be more suitable than others. Contact a professional to help assess your financial situation and determine what type of IRA or funding vehicle may best meet your needs.

An IRA can become a crucial part of your personal retirement savings program. The sooner you begin, the more time you have to take advantage of the benefits an IRA provides. The time to establish an IRA has never been better.

Editor's Note:
Jim Winter is a State Farm Insurance Agent, located at 320 Lake Avenue in St. James. He has over 30 years experience with State Farm, the last 19 as an agent serving the insurance needs of St. James. Jim's office offers auto, home, life, disability and business insurance as well as financial products. He can be reached at 584-5929.

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How Will You Pay for Your Long Term Care?

by Joseph A. Bollhofer, Esq.

Often I find that clients misunderstand what Medicare pays for and what Medicaid pays for. As well, the subject of how to pay for long term care is frequently not addressed until the need arises, which results in expenses that advance planning would have avoided.

Medicare, for which all citizens and permanent residents 65 or older (and certain disabled persons under 65) are eligible, is our country's health insurance program. It pays for hospital expenses, doctors' and other health care expenses and prescription drugs, subject to various premium payments and co-pays. It does not, however, pay for long term care.

Medicaid is a state run program for persons with low income and little or no resources. Each state has its own rules regarding eligibility. In New York, it is administered by each county's Department of Social Services and by New York City's Human Resources Administration. Medicaid pays for the shares of hospital and medical expenses of eligible persons that Medicare or private insurance doesn't. It also pays for their long term care.

Although Medicare will pay for rehabilitation in a skilled nursing facility after at least three nights in a hospital, that coverage lasts only for 20 days (and as much as 80 more days, subject to a co-pay). After that, care would be considered "custodial" (long term). At that point, the nursing home bills must be paid either privately, or under a long-term care insurance policy, or by Medicaid. Since the average cost of nursing home care on Long Island is approximately $400 per day, and since most persons don't have long term care insurance, qualifying for Medicaid becomes somewhere between important and essential. The problem often is, however, that no advance planning was done and financial sacrifices must be made in order to qualify.

Another common misunderstanding that I find clients have is their belief that their home is protected from Medicaid recovery (payback). Although that is true while either a husband or wife continues to live in the house, after they move out or die, the government may place a lien on the home for benefits the government has paid for long term care. Unless prior arrangements were made regarding ownership of the house, such as transfer into an

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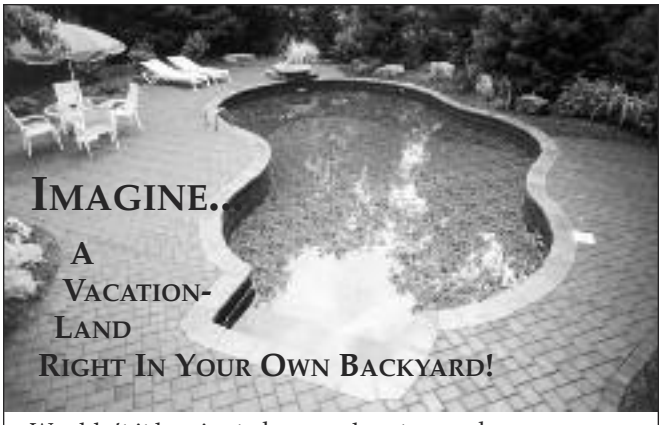

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appropriate trust, the government will collect the benefits paid from the proceeds of the ultimate sale of the home. Advance planning can avoid that unpleasant surprise.

Medicaid rules require recipients to notify Medicaid whenever there is a change in circumstances, including a move, a sale or a death. If a house is sold by a Medicaid recipient or spouse, the money from the sale is not protected unless, again, prior arrangements were made regarding ownership.

Simply put, Medicaid is for poor people. "Available resources" must be under $14,250 (in 2012). This is true whether the application is for nursing home care or care in the home ("community Medicaid"). Getting to that point in the least financially (and emotionally) painful manner is the goal. Proper advance planning usually alleviates much of the pain.

Other articles I have written describe in more detail the possible alternatives, including additional options for married couples, and treatment of income. They can be found on my website. My emphasis here is to state that those who are 65 and older should explore the subject rather than waiting until a crisis arises. It is also important to have in place basic tools so that others can act on your behalf if the need arises, such as a comprehensive Durable Power of Attorney and Health Care Proxy.

Planning for long term care is never simple, nor is the same approach best for everyone. Consideration must be given to individual needs, abilities and desires, family dynamics, the types of assets held, how they are held and how they are titled, and the tax ramifications of all proposed options.

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***Editor's Note**: Joseph A. Bollhofer, Esq., is an attorney who practices law in the areas of elder law, Medicaid, estate and business planning and administration, and real estate. He is a member of the National Academy of Elder Law Attorneys, and of the Elder Law, Real Property, and Surrogate's Court Committees of the Suffolk County Bar Association and the Elder Law and Real Property Law Sections of the New York State Bar Association. He has been serving area residents since 1985 and is admitted to practice law in New York and New Jersey. His office is located at 291 Lake Avenue, St. James, NY. (584-0100). For reprints of this article and others concerning Medicaid, Elder Law and Estate Planning, send a request to info@bollhoferlaw.com or visit www.bollhoferlaw.com.*

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Please call Little Shelter at 368-8770 to adopt or sponsor today, and don't forget to check out some of the great animals available for adoption on their website – www.littleshelter.com. Little Shelter celebrates 85 years of saving lives....and was voted Best Animal Rescue on Long Island for three years in a row.

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LOCAL RESIDENT HONORED...

The Suffolk Association for Continuing Community Education honored Charlotte Wozny, teacher at Smithtown Central School District's Adult Basic Education program, as an Outstanding Adult Educator at the Watermill on June 11, 2012. Here Charlotte is congratulated by Outstanding Student Honorees Alan Blanco, Gustavo Sanchez and Shiro Daimon, all of whom either earned their High School Equivalency Diploma or mastered English as a Second Language toward further educational pursuits. Congratulations to all!

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Local Students Receive Suffolk Zone Award

Congratulations to St. James students Christopher "Stouf" Walsh and Jacquelyn Cuccurullo on receiving the Suffolk Zone Award. Both students attended Nesaquake Middle School last year.

This award recognizes one boy and one girl from each school in Suffolk County for outstanding performance in physical education.

Christopher also received this award as a 5th grade student when he attended Mills Pond Elementary.

Their families are very proud of them for demonstrating good sportsmanship, leadership and always going above and beyond what's expected.

Jacquelyn Cuccurullo and Christopher "Stouf" Walsh, recipients of the Suffolk Zone Award.

S P O R T S

Smithtown Dynamo Dramatically Wins LI Cup and Arch Capital Group Challenge Cup

On Father's Day, the Smithtown Dynamo U14 soccer team defeated the HBC Saints in heart-pounding fashion to capture the Long Island Cup Intermediate Division title.

The single-elimination tournament which began in March came to a finale on the campus of Stony Brook University. The hard played regulation period ended in a 0-0 tie. In accordance with tournament rules, two five-minute sudden-death overtime periods were played with numerous close shots but none reached the back of the net. The game and championship was decided in a dramatic penalty shootout which ended in a Smithtown Dynamo victory and a pile of cheering players on top of goalie Nick Pace.

This team has a lot to celebrate. They have become two-time Cup Champions this season, also winning the ENYSSA Arch Capital Group Challenge Cup on June 9, 2012 as well as being awarded the Howard Rubenstein Sportsmanship Award for that game.

Smithtown Dynamo pictured from left to right (top) Coach Brian Heiser, Gio Merante, Max Mohrmann, Coach and Trainer Mike LaCarrubba, Coach Rob Chapman, Will Coelho, William Seffens, and Coach Fred Hergott; (middle) John Martins, Dan Hergott, Jake LaCava, Jack Heiser, David Dill, John Barone, and Nikita Grob; (bottom) Ryan Chapman, Brett DiSalvo, Nick Pace, Brandon Watkins and Otto Junior.

They are in their fifth season playing together, being one of the rare teams that have managed to keep at least half its players since inception. As with all teams, the Dynamo has lost a few players over the years, but the additions have always been welcome. These boys truly know the meaning of a team. They are friends on and off the field and always support each other.

Congratulations Dynamo on a great year. What a great way to end the season and build amazing memories.

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SPORTS

Two St. James Girls Selected to Play in National Lacrosse Classic

Julia Smith and Shannon Kavanagh, two 7th grade students from Nesaquake Middle School, have been named 2012 Brine National All-Stars and have been selected to represent the Long Island Region in the 2012 Brine National All-Star Lacrosse Academy and National Lacrosse Classic held in Boyds, Maryland. It is an honor for these two teens to represent the town where they live as well as the Long Island Region. The girls gained a position on the team after competing in a tryout where over a 160 girls competed for 40 spots. Julia and Shannon were the only two girls selected from Smithtown to compete in this tournament. Both of these girls play lacrosse for the Long Island Yellow Jackets 2017 Blue and play lacrosse for Team Smithtown as well as Nesaquake Middle School.

Julia Smith

Shannon Kavanagh

They were in Boyds, Maryland from June 30-July 3 playing lacrosse against 160 of the best middle school lacrosse players in the country. They attended seminars on lacrosse, received instruction from some of the finest NCAA coaches, as well as high school and prep school coaches. They were put to the test with extreme competition from other lacrosse players across the country.

The Brine National All-Star Lacrosse Academy is directed by Coach Ron Caputo, Duke University, Men's Lacrosse and Coach Kristen Waagbo, U.S. Naval Academy, Women's Lacrosse and features a staff of NCAA collegiate lacrosse coaches and leading experts in the fields of sport psychology, human performance and academics.

Players received one-on-one position technique training, speed and agility training and took part in

continued on page 81

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Congratulations to the SMITHTOWN FURY, from the Smithtown Kickers soccer program, for their first place finishes in the 2012 Long Island Cup Girls U13, the FC Delco Players Cup U13 Gold and the LIJSL Girls U13 Division One. The Fury also garnered the Spring 2012 Sportsmanship Award. *WAY TO GO FURY.*

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HEALTH NOTES

Physical Therapist Guide Lateral Epicondylitis

What Is Tennis Elbow (Lateral Epicondylitis)?

by Rich Greco, PT, ATC, CSCS

Most people who get tennis elbow don't play tennis! In fact, less than 5% of all cases of tennis elbow occur in people who play tennis. Tennis elbow can happen to anyone who repeatedly uses their elbow, wrist, and hand for their job, sport, or hobby. Tennis elbow is a painful condition caused by overuse of the "extensor" muscles in your arm and forearm, particularly where the tendons attach to rounded projections of bone (epicondyles) on the outside or lateral aspect of the elbow. The muscles you use to grip, twist and carry objects with your hand all attach to the "lateral epicondyle" at the elbow. That's why a movement of the wrist or hand can actually cause pain in the elbow.

Prolonged use of the wrist and hand, such as when using a computer or operating machinery – and, of course, playing tennis with an improper grip or technique – can lead to tennis

elbow. It can happen to athletes, non-athletes, children and adults. It occurs more often in men than women, and most commonly affects people between the ages of 30 and 50.

Signs and Symptoms

Symptoms of tennis elbow can occur suddenly as a result of excessive use of the wrist and hand for activities that require force, such as lifting, twisting, or pulling. Forceful activities – like pulling strongly on a lawn mower starter cord – can injure the extensor muscle fibers and lead to a sudden onset of tennis elbow.

More commonly, though, symptoms of tennis elbow develop gradually over a period of weeks or months as a result of repeated or forceful use of the wrist, hand and elbow. If you work as a grocery store cashier, you might have symptoms of tennis elbow as a result of repetitive (and often too forceful) typing – combined with continuous lifting of grocery bags.

Your symptoms may include:

- Pain that radiates into your forearm and wrist
- Difficulty doing common tasks, such as turning a doorknob or holding a coffee cup
- Increased pain when you use your wrist and hand for lifting objects, opening a jar, or gripping something tightly, such as a knife and fork
- Stiffness in the elbow
- Weakness in the arm

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HEALTH NOTES

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Treatment for Lateral Epicondylitis

For the first 24 to 48 hours, treatment includes:

- Resting the arm by avoiding certain activities
- 10-20 minute ice treatments
- Elastic Supports to take the pressure off of the painful muscles

Your physical therapist will decide if you should use a brace or support to protect your muscles while the area is healing. Depending on severity, he/she may recommend that you consult with another health care provider for further testing or for consideration of additional treatment such as medication. In rare cases, treatments such as cortisone injection or surgery might be needed. He/she can help you determine whether you need a referral to another health care provider.

Treatment will include exercises and other treatments that you will be expected to do at home. You receive treatments to help relieve pain, such as manual therapy, special exercises, ice or heat treatments or both and electrical stimulation.

It's important to treat as early as possible. Left untreated, tennis elbow may become chronic and last for months and sometimes even years. This is especially true if treatment is focused only on relieving pain and not on correcting the muscle weakness and bad habits that might have led to your condition in the first place.

Return to Your Activities

Your physical therapist will help you remain active by teaching you how to modify your daily activities to avoid pain and further injury. Sometimes it's necessary to make changes at work, on the playing field or in the home. He/she can help you make simple modifications to your work site, computer set-up, kitchen devices, sports equipment, and even gardening tools to lessen the strain to your hand, wrist and forearm. He/she will emphasize the importance of taking stretch breaks so that your muscles get frequent rest from repetitive movements and standing or sitting in the same position.

Tennis may be a contributing factor to tennis elbow for several reasons. Sometimes the problem results from over-training. In other cases, the weight of the

continued on page 81

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HEALTH NOTES

Your Neck Was Created With a Built-In Shock Absorber

by Dr. Linda M. Bocchichio

Imagine trying to balance a bowling ball on a stick. To make it more difficult, tilt the stick forward while trying to maintain balance of the bowling ball. That is what it is like trying to support your head on your neck if it loses its natural curve.

You neck was created with a built-in shock absorber called a curve or lordosis. This was formed by design because the curve acts like a spring and absorbs the shock of your head resting on your neck. Think of the same bowling ball now resting on a large spring. Quite a difference!

When your neck loses its curve, the ligaments supporting your neck become stretched and lose their ability to maintain the curve. This can occur from a motor vehicle accident, chronic poor posture or uncorrected vertebral subluxation complexes.

Once your neck has lost its normal curve, your neck and shoulder muscles attempt to hold your head in the proper position. Unfortunately they were not created for this and they tire easily. Unless you decide to let your head drop into your lap, your neck muscles will have to continue holding up your head long after becoming fatigued. That is precisely when muscle spasms occur, and tightness begins in your neck and shoulder. Ask your Doctor of Chiropractic to assist you in restoring your neck's normal curvature. This can include stretches and exercises, cervical traction, and an orthopedic pillow created specifically

for maintaining the proper curve in your neck.

Editor's Note:
Dr. Linda M. Bocchichio is a chiropractor practicing at 105 Lake Avenue So. in Nesconset. She was the founder of the St. James Walking club and was a former president of the St. James Chamber of Commerce. For further information, call 979-9854.

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HEALTH NOTES

Eat Your Fruits and Veggies – Grow Your Own, Too!

Those planning a backyard garden this spring should consider putting in a wide variety of fruits and veggies, according to a Mayo Clinic Health System cardiologist – and the more variety in colors, the better.

Fruits and vegetables are very low in fat and very low in calories, so they are not harmful for your health. However, they provide an important number of vitamins, minerals, fiber and nutrients.

Planting and tending a garden is great physical activity which is also good for the heart, according to the American Heart Association. Growing your own fruits and vegetables means you don't have to worry about the extra sugars and sodium which often are added to packaged or prepared fruits and veggies bought at the store.

People who regularly eat the daily recommended eight or more servings of fruits and veggies have lower incidence of heart disease.

Calories can lead to obesity, diabetes and heart disease, so by eating vegetables you're less likely to eat other things that are unhealthy.

People should consider planting a rainbow of fruits and veggies – red tomatoes, green lettuce, orange carrots – and then challenge themselves to eat such a rainbow during the gardening season. Try roasting veggies, or even chopping them into bite-sized pieces and dipping them into low-fat or fat-free dressing. The best idea is to eat fruits and veggies all day long.

For more tips on making fruits and veggies a healthy part of your life, visit www.heart.org.

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Comiskey Park
Competition Infiniti
Costco Wholesale / Nesconset
Creative Windows
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Stylist for Stella & Dot
Daniel Gale - Sothebys
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DeBlasio Capo - Design Build
Del Fuego Tex Mex Kitchen
Donald E. Goldstein Associates
Dowling Brothers Autobody
Dowling Knipfing & Klein Agency
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Eddie's Power Equipment
Edible Arrangements of Stony Brook
Edward Jones Investments/Scott
Posner
Emerald Magic
Energy Health & Fitness
Enspire Design Group
Essenfeld & Co. - CPAs
Flowerfield / Lovin Oven Caterers
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North Shore Montessori School
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People's United Bank /
Dominic Geraci
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ices
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POET'S CORNER

The Congress

by David F. McKell

Our United States of America,
"The Great Land of the Free."
Was created by a very diverse group
Who formed it for you and me!

They all had different opinions
And often affirmed them with "free speech."
But in the end created unity and law
That everyone could see and reach.

These patriots overcame personal pride
Because they knew that they should;
In order to form a unified government
That would function for the common good.

A big motivator of this entire process,
At the beginning of its creation
Was this very profound and inspiring
Slogan: "Taxation without Representation!"

Our Democracy has endured for a very long time
Through many trials and wars
Perhaps because our founders also invoked God
As they went about their chores

The present Congress however,
Seems to have an opposite view
They spend all their time opposing each other
And most of their bills can't get through!

They spend time debating the exclusion of God,
In pledges, Anthems and Sacred things.
While shelving more important vital matters
And the goodness they might bring.

I recommend that these present Congressmen
(Even though this is an Election Year!)
Should take a long hard look at our history
And discover once again why they are here!

Our Bravest

by John Taratunio, Fairfield Condos

What does it take to be a firefighter
To be on call any time of the day or nite
To be called for any emergency
However important or trite

Have you ever wondered what it takes
To enter a building engulfed in fire
Never thinking of the danger
Just doing the job they desire

Doing this job are special people
Some are family, some neighbors and some friends
So from me to all you special people
May I say thank you and God Bless you all
For, when those of us who may need you, know
You will always be there to answer our call.

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CELEBRATIONS

New Arrival

The Tuzinkiewicz family, of St. James, is proud to announce the birth of their third son Benjamin Caleb. Benjamin made his debut on June 18, 2012 at Stony Brook University Hospital weighing in at 8 lbs. 4oz.

Big brothers Jacob (7 years old) and Ethan (2 years old) have been excited in welcoming Benjamin to the family.

Congratulations and best wishes to the Tuzinkiewicz family on your new arrival, from your friends and neighbors in St. James.

Benjamin Caleb Tuzinkiewicz

Welcoming a

NEW ARRIVAL?

Send your announcement and photo to
OUR TOWN ST. JAMES
359 Lake Avenue
St. James, NY 11780
or e-mail to
ourtown@optonline.net

Photos will be returned if requested.

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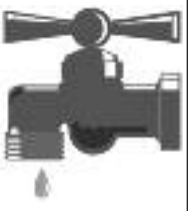

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Library Programs

continued from page 45

Kane Chronicles at the Met Field Trip

NESCONSET (all ages)

Saturday, August 25, 12- 2 p.m. Fee of $2.25 for children and $5 for adults to be paid directly to the Museum on day of trip.

Have you read *The Red Pyramid* and *Throne of Fire*? Are you getting ready for *The Serpent's Shadow*? Join us for a family field trip to the Metropolitan Museum of Art in New York City! We'll have a tour of the Egyptian galleries and afterwards, complete a scavenger hunt. See your librarian for more details!

Design Ideas

continued from page 46

My dad, like my mom has asked me to let him live and die at home, when that time comes. I've told to him, no matter what it takes, "No problem, Daddy."

***Editor's Note**:*
Natalie Weinstein, Allied ASID is president of Natalie Weinstein Design Associates and the Natalie Weinstein Home Decorating Club with over 15,000 members on Long Island. If you have a design question or would like to become a member, visit www.nataliesclub.com, call 631.862.6198 or e-mail nataliesclub@aol.com. Natalie is WALK Radio's Interior Design Expert and podcast 24/7 on walkradio.com, keyword Natalie.

Lacrosse Classic

continued from page 71

extreme game competition with the top players in the nation. The 2012 Brine National All-Star Lacrosse Academy and National Lacrosse Classic aims to celebrate the excitement, diversity and excellence that youth and high school lacrosse has to offer by bringing together the finest players and coaches from local, regional, national and international locations.

Julia Smith is the daughter of William and Joanne Smith and Shannon Kavanagh is the daughter of Michael and Stacey Kavanagh. Both girls are from St. James.

Tennis Elbow

continued from page 75

racquet or its grip may need to be adjusted. For others, the problem may stem from improper form, poor overall fitness or a lack of strength in the supporting or "core" muscles of the trunk and shoulder blades. PTs can help analyze the source of the problem and help find a solution.

Note:
The following information was provided by the American Physical Therapy Association.

***Editor's Note**:*
Rich Greco is a St. James resident and licensed Physical Therapist. He is the co-owner of Greco Physical Therapy and St. James 1st Tee Fitness & Performance. For more information on physical therapy for tennis elbow, golf fitness training programs and general injury rehabilitation, contact him at 631-686-6600.

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OBITUARIES

Anna Becker

Anna Becker

Anna Becker of St. James, NY, passed away on June 25, 2012 at the age of 91. She was the beloved wife of the late Joseph. Cherished mother of Carolann Cippoletti and Marilyn Jaszcar. Loving grandmother of four and great grandmother of five.

A Funeral Mass was celebrated at Sts. Philip and James R.C. Church in St. James, NY. Interment followed at Pinelawn Memorial Park Cemetery.

Arrangements were entrusted to the professional care of The Branch Funeral Home and the Vigliante family of Smithtown.

Angela Caristo

Angela Caristo

Angela Caristo, of Hauppauge, NY, passed away peacefully on May 31, 2012 at the age of 87. She was the beloved wife of the late Frank J. Loving mother of Vita (Richard) Torre, Camille (Tony) Lorello, Deborah (James) Adams and Susan (Michael) Agliato. Cherished grandmother of 11. Adored great grandmother of 19. Devoted sister of Domenica and Carone.

A Funeral Mass was celebrated at St. Patrick's R.C. Church in Smithtown, NY. Interment followed at St. Charles Cemetery.

Arrangements were entrusted to the professional care of The Branch Funeral Home and the Vigliante family of Smithtown.

Adolphe M. deGonzague, Jr.

Adolphe M. "Buddy" deGonzague, Jr.

Adolphe M. "Buddy" deGonzague, Jr., of Stony Brook, NY, passed away on June 25, 2012 at the age of 84. Beloved husband of the late Betty. Loving father of Claudette McGinley, Michele (Paul) Horacek, Deborah (Rick) Harkins and Jennifer (Juan Cisneros). Cherished grandfather of nine and adored great grandfather of six. He is survived by many other family members and friends.

A Funeral Mass was celebrated at St. Patrick's R.C. Church in Smithtown, NY. Interment followed at Calverton National Cemetery.

Arrangements were entrusted to the professional care of The Branch Funeral Home and the Vigliante family of Smithtown.

Mary T. Ellsworth

Mary T. Ellsworth

Mary T. Ellsworth, of Smithtown, NY, formerly of Brooklyn, NY, passed peacefully in the company of her children on June 26, 2012 at the age of 83. Beloved wife of the late Stephen. Loving mother of Kathy O'Malley, Timothy (Nicole) Ellsworth, John (Jean) Ellsworth, Gary (Companion Riff Raff) Ellsworth, Stephen (MaryAnne) Ellsworth and Andrew (Lori) Ellsworth. Cherished grandmother of 10. Adored great grandmother of five.

A Funeral Mass was celebrated at St. Joseph's R.C. Church, Kings Park, NY. Interment followed at Long Island National Cemetery.

Arrangements were entrusted to the professional care of The Branch Funeral Home and the Vigliante family of Smithtown.

Gloria Tarsy

Gloria Tarsy, of St. James, NY, passed away on May 29, 2012 at the age of 91. She was the cherished sister of Aurora Souders, loving aunt of Roseanne, Theresa, Frances and Mary Jo.

A religious service was celebrated at the Branch Funeral Home. Private cremation followed.

Arrangements were entrusted to the professional care of The Branch Funeral Home and the Vigliante family of Smithtown.

Robert Westcott

Robert Westcott of Candler, FL, formerly of Elmont, NY and Franklin Square, NY, passed away peacefully on June 27, 2012 at the age of 75. Beloved husband of the late Rona. Loving father of Richard (Betty) Westcott, Tammy Westcott and Robert (Renee) Westcott. Cherished grandfather of Kevin, Robert, Kimberly, Kerry, Sarah, Lena, Richard and Jialene. Adored great-grandfather of four. Devoted brother of Cornelia Saxon.

A Memorial Service was celebrated at the Branch Funeral Home in Smithtown, NY. The family requests donations be made to: Good Shepherd Hospice In Memory of Robert Westcott, 200 Belle Terre Road, Port Jefferson, NY 11777.

Arrangements were entrusted to the professional care of The Branch Funeral Home and the Vigliante family of Smithtown.

The Branch

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OBITUARIES

Joseph M. Clarke

Joseph M. Clarke, of St. James, LI, former teacher at Longwood High School, Middle Island, passed away on June 17, 2012. Dear husband of Dolores. Beloved brother of Mary Jane (Andrew) Munch and the late Sister Kathryn P. Clarke, CSJ. Devoted uncle of Mary Sharp, Virginia Condzella, Andrew Munch, Jr., Joseph Munch, Jr., Carol Bennett and Kathy Brennan.

Mr. Clarke reposed at the St. James Funeral Home's South Chapel. A Funeral Mass was held on June 22, 2012 at Sts. Philip & James R.C. Church in St. James. Interment followed at St. James Episcopal Cemetery, St. James. In lieu of flowers, donations to St. Jude's Children's Hospital is appreciated.

Mr. Clarke's funeral arrangements were professionally supervised by the Maher family of the St. James Funeral Home in St. James.

Joann Donnarumma

Joann Donnarumma, of Bay Shore, NY, passed away on June 5, 2012 at the age of 67. She was the beloved wife of Anthony. Cherished mother of Donna (Jack) White, Joanne (Teddy) Barbato and Anthony (Julianna) Donnarumma. Loving grandmother of Nicoletta, Krystina, Brittany, Amanda, Tonianne, Tyler, Christian, Brianna, Angelina and Anthony. Dear sister of Richard (Mary) Gardella, Vicky Trapasso, Milly Garcia and Connie Sandvik.

Joann Donnarumma

A Funeral Mass was celebrated at St. Patrick's R.C. Church in Bay Shore, NY. Interment followed at St. Charles Cemetery.

Arrangements were entrusted to the professional care of The Branch Funeral Home and the Vigliante family of Smithtown.

Anne Fitzharris

Anne Fitzharris, of St James, formerly of Smithtown, passed away on June 11, 2012 at the age of 90. Beloved wife of the late Paul. Cherished mother of Wendy Salvarezza (Michael), Sandra and Michael (Lisa). Loving grandma of Katie and Matthew.

A religious service was held at Hawkins & Davis Funeral Home in Smithtown on June 13, 2012. Interment followed at Calverton National Cemetery. Donations are requested to St. Andrews Lutheran Church, 30 Brooksite Dr, Smithtown NY 11787.

Helen Litka

Helen Litka, of St. James, formerly of Garden City Park, passed away on June 14, 2012. Beloved wife of the late Anthony. Loving mother of Patricia (Larry) Wagor, Anthony (Ann), Cynthia (Martin) Wall, and Michael (Patty-Ann). Dear grandma of Melanie, Amy, Ryan, Brendan, Kathy, Matthew and Kayleen. Cherished sister of Edward, Adam and the late Bernard Bose.

A funeral mass was held on June 18, 2012 at St. Margaret of Scotland in Selden. Interment followed at Holy Rood Cemetery in Westbury. Memorial donations to the Polish Gift of Life is appreciated.

Virginia Loscalzo

Virginia Loscalzo, long-time resident of Smithtown, L.I. and member of Third Order Secular Franciscans, passed away on July 4, 2012. Beloved wife of the late Julian. Loving mother of Ann, Mary Pat, Vincent, Jane, Robert, Barbara and Jean Marie. Dear Nanny of 16.

Mrs. Loscalzo reposed at the St. James Funeral Home's South Chapel. A Funeral Mass was held July 9, 2012 at Sts. Philip & James R.C. Church in St. James. Interment followed at St. James Episcopal Cemetery. In lieu of flowers donations to The American Heart Association are appreciated.

Mrs. Loscalzo's funeral arrangements were professionally supervised, while the Loscalzo family was lovingly cared for during their bereavement, by Kenneth, Kerry and Ken Jr. – the Maher family of the St. James Funeral Home in St. James.

Catharine A. Lynskey

Catharine A. Lynskey (nee Bertrand), former longtime resident of Flatbush, Brooklyn, passed away on June 24, 2012. Wife of 60 years to the late William P. Lynskey, Sr. Loving mother of Cathy (Larry) Sweeney, The late William P. Lynskey, Jr. and Peg (Jim) Grady. Cherished grandmother of Terry (Jess) Sweeney, Jen (John) Hannigan, Carolyn (Brian) Hummel, Chris (Sarah) Grady and great grandmother of 14. Devoted sister of the late Dorothy (the late John) Lynch, Eleanor (the late John) Martin and Dr. Charles (Dr. Maria) Bertrand. Loving aunt of seven nieces and nephews.

Mrs. Lynskey reposed at the St. James Funeral Home's South Chapel. A Funeral Mass was held on June 26, 2012 at St. Patrick's R.C. Church. Interment followed at St. Patrick's Cemetery.

Mrs. Lynskey's funeral arrangements were professionally supervised by the Maher family of the St. James Funeral Home in St. James.

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Johanna deLeyer

Johanna deLeyer

Johanna deLeyer, long-time resident of Nissequogue, NY, passed away on June 22, 2012 at the age of 86. Cherished mother of Joseph, Harriet, Marty, Billy, Haike, Andre, John and Anna Marie. Loving grandma of 14 and great grandma of one.

Mrs. deLeyer reposed at the St. James Funeral Home's South Chapel.A Funeral Mass was held on June 25, 2012 at Sts. Philip & James R.C. Church in St. James. Interment followed at St. James Episcopal Cemetery, St. James.

Mrs. deLeyer's funeral arrangements were professionally supervised, while the deLeyer family was lovingly cared for during their bereavement, by Kenneth, Kerry and Ken Jr. – the Maher family of the St. James Funeral Home in St. James.

Dear Mom,

I want to say so many things
I don't know how to start
I want to capture and describe
The feeling of my heart,
But words are so inadequate
To tell you how I feel
Just let me suffice to say
My love for you is something
I will always feel
Your many special traits
Will always be
in my heart combined
In such a way that You
A Special Mom Define
Your warmth, caring and happiness
Are the traits I'm proudest of
My future brightens through the
Fine example of YOUR LOVE/

–With all my love
Anna Marie

Walter J. Meissner

Walter J. Meissner, of Gansevoort, NY, formerly of Nissequogue, NY, passed away on June 5, 2012 at the age of 92. He was a captain in the Army Air Force during World War II. After the war he went to work as a construction engineer – one of his many projects was the Willow Lake Condominiums in Smithtown.

He moved to Nissequogue in 1958, where he served on the planning board and later as a trustee and deputy mayor of the Village.

With a long career in engineering, Meissner was particularly proud of his role in building the first firehouse for the Nissequogue Fire Department. He volunteered to serve as the project's unpaid supervisor in 1974. He created an underground reservoir to supply water for the pumper trucks, as the Village had no fire hydrants at the time. Later he became chief of the fire department.

He was predeceased by his wife, Georgette, of 41 years. He is survived by daughters Diane Jacobsen, Dale Guyette, four granddaughters and a great grandson.

A committal service with military honors was held on June 12, 2012 at the Gerald B.H. Solomon Saratoga National Cemetery in Schuylerville, NY.

Cedomir Micic

Cedomir Micic

Cedomir Micic, of St. James, NY, passed away on July 12, 2012 at the age of 60. He was the beloved husband of Ljiljana. Devoted father of Nenad (Violeta) and Anna (Michae). Loving grandfather of Stefan and Surana. He is survived by many other family members and friends.

Mr. Micic reposed at the Branch Funeral Home where a religious service was celebrated. Interment followed at Cedar Hill Cemetery.

Arrangements were entrusted to the professional care of The Branch Funeral Home and the Vigliante family of Smithtown.

Arnold J. Moran

Arnold J. Moran, formerly of St. James, passed away on June 15, 2012. Beloved husband of the late Alice. Loving father of Robert and the late Richard. Devoted grandfather of Steven and the late Lisa. Dear great grandfather of five.

Mr. Moran reposed at the St. James Funeral Home's South Chapel. A Funeral Mass was held on June 21, 2012 at Sts. Philip & James R.C. Church, St. James. Interment followed at Calverton National Cemetery, Calverton.

Mr. Moran's funeral arrangements were professionally supervised by the Maher family of the St. James Funeral Home in St. James.

OBITUARIES

Dr. John J. O'Donnell

Dr. John J. O'Donnell, of Head of the Harbor, passed away on June 22, 2012 at the age of 88. Longtime parishioner of Sts. P{hilip & James R.C. Church. He was pre-deceased by his wife, Peggy, of 60 years. Beloved father of Brendan, Kevin, John, William, Margaret, Elizabeth, Brian, Stephen, Robert, Frances and Eileen Vasenko, M.D. He is also survived by 24 grandchildren and five great-grandchildren.

A Mass of Christian Burial was celebrated on June 26, 2012 at Sts. Philip & James R.C. Church in St. James. Interment followed at Calverton National Cemetery. Donations may be made to the American Diabetes Association (donations.diabetes.org) or the Suffolk County Council, Boy Scouts of America (www.sccbsa.org/home.php).

Alfred J. Vazquez

Alfred J. Vazquez

Alfred J. Vazquez, of St. James, NY, passed peacefully on July 11, 2012 at the age of 88. Beloved husband of Elia Vazquez. Loving father of Cookie Vazquez, Lisa (William) Johnston and the late Alfred Vazquez, Jr. Cherished grandfather of Nicole, Christine and Meaghan. Adored brother of Neva Vazquez. He is survived by many other family members and friends.

A Funeral Mass was celebrated at St. Patrick's R.C. Church in Smithtown, NY. Private cremation followed. In lieu of flowers the family requests donations be made to: Visiting Nurse Service and Hospice of Suffolk, 505 Main Street, East Northport, NY 11731 – In Memory of Alfred J.Vazquez.

Arrangements were entrusted to the professional care of The Branch Funeral Home and the Vigliante family of Smithtown.

Mary Villar

Mary Villar, of Long Island, NY, passed away on July 10, 2012 in Wilmington, NC at the age of 86. Former administrative assistant to the superintendent of Brentwood Public Schools for 30 years. She is survived by her brother Augustus Daddi, daughter Linda Holmes, son Frederick Villar, two grandchildren Christopher Holmes and Melissa Villar and two great grandchildren Aidan and Faith Holmes.

Mrs. Villar reposed at the St. James Funeral Home's South Chapel. A Funeral Mass was held on July 18, 2012 at the Sts. Philip & James R.C. Church in St. James. Entombment followed at St. Charles Cemetery.

Mrs. Villar's funeral arrangements were professionally supervised by Kenneth, Kerry and Ken, Jr. – the Maher family of the St. James Funeral Home in St. James.

Alma Zaccaria

Alma Zaccaria (nee Pulcinaro), of St. James, passed away on June 9, 2012 at the age of 95. Beloved wife of the late John. Devoted mother of Michael (Marcia). Cherished grandmother of Alyssa, Marc (Rachel) and the late Christopher. Dear great-grandmother of Jake and Ben.

A celebration of life service was held at the Mother Teresa Tribute Center on June 13, 2012. Interment followed at St. Patrick's Cemetery in Smithtown. In Alma's honor, in lieu of flowers, donations may be made to Good Shepherd Hospice, 245 Old Country Road, Melville, NY 11747.

This is the watch Stephen Hollingshead Jr. was wearing when he encountered a drunk driver.
Time of death 6:55pm.

Friends Don't Let Friends Drive Drunk.

IN BRIEF

F.Y.I.

ongoing opportunities, community services and general information

A.A. MEETINGS

Alcoholics Anonymous holds more than 400 open meetings each week in Suffolk County. The only requirement for membership is a desire to stop drinking. All are welcome.

A.A. meets every Monday and Wednesday, at the St. James Methodist Church, off Route 25A and Moriches Road, in St. James. On Mondays a Big Book meeting is held at 6:30 p.m. and a 12-Step meeting is held at 7:30 p.m. On Wednesdays a Beginners meeting and a Topic meeting is held at 7:30 p.m.

Meetings are held each Thursday at 7 p.m. at Temple Isaiah, 1401 Stony Brook Road, Stony Brook.; each Friday at 9 p.m. at the United Methodist Church, 792 Hawkins Avenue in Lake Ronkonkoma; 3rd Wednesday of each month at 7:30 p.m. Grace Baptist Church, Hallock Rd., Lake Grove, and each Tuesday and Thursday at 10 a.m. at Islip Town Beach Pavilion, Rosevale Ave. All meetings are free.

If you have further questions or would like a list of other open meetings as well as closed meetings, call 669-1124, 24 hours, 7 days.

AMVET POST #55 MEETS IN ST. JAMES

AMVET Post #55 meets the second Saturday of each month at the St. James VFW, which is located next to King Kullen on Lake Avenue. The meetings begin at 9:30 a.m. AMVET membership is open to all men and women who have served honorably in the U.S. Armed Forces, Reserves or National Guard including those men and women who are currently serving our country. Each AMVET post conducts its own local programs and participates in AMVET-related state and national organization activities.

For additional information about AMVET Post #55 in St. James, contact Don Cantwell at 265-0180, and attend the meetings on the second Saturday of each month.

AMERICAN LEGION HALL FOR RENT

Tables, chairs, kitchen, bar, heat/AC; Reasonable Rates. Sherwood Brothers Post 95, Lake Avenue, St. James. Call on Wednesday or Friday between the hours of 8 a.m. and 10 a.m. 584-7746.

CRISIS HOTLINE

RESPONSE of Suffolk County, Inc. provides a suicide prevention/ crisis intervention hotline, every day, 24-hours-a-day.

Call anytime if you are feeling sad or desperate, if you are concerned about someone who is, or if you just want to talk with someone who understands and cares. Talking helps.

Call: **751-7500** ***ANYTIME***

CRISIS ONLINE HOTLINE

Response of Suffolk County, a 24-hour crisis intervention hotline, now has a new ONLINE crisis counseling service, called Hear2Help. Hear2Help counselors can be reached online Monday through Friday afternoons from 3-9 p.m. Log on at responsehotline.org

2 FLAG DROP OFF BOXES IN ST. JAMES

Through the generosity of the St. James Postmaster, reconditioned mail-drop boxes have been painted and placed at two separate locations in St. James. One can be found on the side of the American Legion, Sherwood Bros. Hall at 95 Lake Avenue, St. James, and another at the side of VFW Post 395, at the south end of the King Kullen parking lot for the desposal Flags which are no longer suitable for use. The flags will be properly disposed of with an appropriate ceremony.

FOSTER PARENTS NEEDED

Share your heart and home with children in need. Become a Suffolk County foster parent. Foster parents receive stipends, are reimbursed for expenses, can be single parents, can work, receive free training, are supported by caring caseworkers, help to reunite families, and may be able to adopt children who can't go home.

All orientation meetings are held in the Social Services Building at 3455 Veteran's Memorial Highway in Ronkonkoma. Please call the Suffolk County Department of Social Services at 853-KIDS for more information and to sign up for one of their upcoming orientation meetings.

JEWISH STUDY GROUPS

"FREE" *Study Group* for community seniors is offered at Temple Beth Chai, 870 Townline Road, Hauppauge, on Monday mornings at 10-11:30 a.m. Call the temple office for further information at 724-5807.

Lunch & Learn at Temple Beth Chai, 870 Townline Road, Hauppauge, will meet on the second Shabbat morning of every month. No Hebrew or background knowledge required. Shabbat services begin at 9:30 a.m., with *Lunch & Learn* following. This program is "FREE" and open to the community. For directions call the temple office at 724-5807.

JEWISH WAR VETERANS MEETINGS

The Three Village Post of the Jewish War Veterans is seeking new members. They meet monthly on Sundays at 9:30 a.m. at the North Shore Jewish Center, Norwood Avenue at Old Town Road, Port Jefferson Station. Call 751-6421 or 928-1127.

JEWISH WORSHIP SERVICES

Temple Beth Chai, 870 Townline Road, Hauppauge, a Conservative/ Egalitarian Synagogue welcomes the community for Sabbath services on Friday evenings at 8 p.m. and Saturday mornings at 9:30 a.m. Call the temple office at 724-5807 for directions.

F.Y.I.

ongoing opportunities, community services and general information

SENIORS WHO CAN'T GET TO THE LIBRARY... A *VAN-TASTIC* SOLUTION

Through a cooperative effort between The Smithtown Library and the Town of Smithtown's Senior Citizens Department, transportation is provided for library visits on regularly scheduled dates or on demand when possible.

On days of planned visits, a van from the Smithtown Senior Citizens Center will take you to any Smithtown Library Building. If you need to go to the library when a visit is not planned, call the Senior Citizen Center's Transportation Department to inquire about scheduling an individual visit. To arrange to be picked up for a planned visit or to request an individual visit, call the Senior Citizen Center's Transportation Department at 265-8811. One week's notice must be given for a pick up. There is a $1 charge each way for transportation ($2 round trip).

MEALS ON WHEELS VOLUNTEER DRIVERS NEEDED

The Town of Smithtown, Senior Citizen's Department is in need of Volunteer Drivers for its Meals on Wheels Programs. Drivers deliver hot meals to the homebound in the Smithtown Township. Mileage reimbursement is available. If you are available between the hours of 11 a.m. and 1 p.m. one day a week, or once a month, please call Center manager, Laura Swoboda at 360-7616 for further information.

MOMS Club

The MOMS Club of Smithtown holds its General Membership meeting on the first Thursday of the month at 10 a.m. We are a chapter of MOMS Club International and are a support group for the stay-at-home mom and the mom who works part time. We have playgroups, park dates, field trips, and Mom's Night Out. Our chapter serves the Smithtown Township. New members and their children are ALWAYS welcome. For more information please contact Debbie at 631-467-3723. www.momsclub.org

NARCONON

At Narconon the goal is recovering the loved one you lost to drugs or alcohol addiction. The Narconon program was founded in 1966 and is based on the humanitarian works of L. Ron Hubbard. In more than 120 centers around the world, Narconon programs restore drug and alcohol abusers and addicts to a clean and sober lifestyle. Call 800-468-6933 or log on to www.stopaddiction.com to receive your free copy of *Guide to Addiction Recovery for a Lifetime* or to speak to a counselor immediately for free counseling, assessments and referrals.

PARKINSON PHYSICAL THERAPY PROGRAM

A physical therapy program is available to Parkinson patients at the Smithtown Parkinson Therapy Center. The Center conducts an ongoing program of exercise and physical therapy, specifically tailored to the needs of each individual patient and administered by a volunteer staff doctor, a physical therapist, nurses and trained volunteer aids. The Center operates on a not-for-profit basis with only a minimal monthly charge to cover expenses. For more information or if you are interested in volunteering, call 265-6621.

RECOVERY MEETINGS

Recovery, Inc., a nonprofit community mental health organization, offers self-help for nervous symptoms, fears, anxiety, depression, stress, anger, etc. Meetings are held on Tuesdays, at 7:30 p.m. at St. James Episcopal Church, 490 North Country Road, St. James.

For additional information call 724-5190.

SUFFOLK VOCATIONAL CENTER - FREE TRAINING

If you are widowed, separated, divorced or in the process of obtaining a separation or divorce, a single parent or a single parent receiving ADC/TANF you might qualify for FREE training. Registration is in progress for the F-E-G-S Suffolk Vocational Center/Displaced Homemaker program *New Directions*, *Computer Skills Training* and *Brush Up* programs. Enrollment is ongoing for programs. The *New Directions* program offers morning workshops. The *Computer Training* and *Brush-Up* programs include computer literacy classes in Microsoft Word and Excel as well as personal skills instruction. Call 598-0108 - early enrollment is a must.

VOLUNTEERS NEEDED

RESPONSE of Suffolk County, Inc. a 24-hour crisis intervention hot line needs open, caring people to volunteer 4 hours a week as telephone counselors. Training is provided. Call 751-7500 anytime.

Smithtown Parkinson Therapy Center, Route 25, Smithtown is always in need of volunteers to ensure the desired goals it strives for. No experience is needed for just two hours a day, on Monday, Wednesday or Friday, from 9:30 to 11 a.m. Volunteers are trained by the professional staff. The center welcomes present and/or future students of physical therapy as volunteers. Anyone with the desire to become a "Help" or a "Hope" should call 265-6621.

VFW POST #395

John W. Cooke Veterans of Foreign Wars Post 395 meets at 8 p.m. on the first Tuesday of each month at their Post next to King Kullen on Lake Avenue in St. James. VFW membership is open to all veterans who have served honorably in foreign conflicts in U.S. Armed forces. For further information, call 862-7965.

CLASSIFIED ADVERTISING

PRAYER TO ST. CLAIRE – Ask for three favors. One business, two impossible. Say 9 Hail Mary's for 9 days with a lit candle. Pray whether you believe or not and publish on the 9th day. May the Sacred Heart of Jesus be praised, adored and glorified today and everyday. Your request will be granted no matter how impossible it seems. Publication must be placed. G.D. 7/12

PET SITTER – Loving care provided in the comfort of your pet's home while you are on vacation, at work, or just away for the day. Call Donna at 862-7031 or email DJG91@verizon.net. 7/12

CAREER OPPORTUNITY – Looking for 2 experienced salespersons to join our dynamic, local real estate team. Mentoring and coaching program will bring your business to the next level. Reply in confidence to Manager – 631-335-7111. 7/12

GET THE MOST OUT FOR YOUR DIGITAL SLR CAMERA – If you are interested in learning how to use a digital SLR camera, contact Ken Manwiller of "Laurie Studio – The Art of Photography." (Remember the "Portrait of the Month") Private lessons are available. Learn from a pro with over 30 years of experience. Go to www.lauriestudio.com/photo-lessons for more information. Call Ken at (631) 585-8805 or email ken@lauriestudio.com. 7/12

WANTED – Snow Plow for a '94 Jeep Wrangler. Call Mike at 631-375-7202. 7/12

FOR SALE – Queen 5-piece Colonial bedroom set. Dresser w/hutch and mirror, 2 night stands, armoire, headboard and bed frame - excellent condition. Asking $400. Call 516-330-5319. 7/12/mc

FOR SALE – Gravely Model L tractors, parts, and attachments. Spare rebuilt engine. Moving soon will sell lot or pieces. Call Charlie at 516-909-3763. 7/12

HOUSE FOR SALE HAMPTON BAYS – 2 bedrooms, 2 baths, A/C, wood floors, full basement, screened porch on quiet street by the bay. $389,000. Call 516-410-0767. 7/12

CONDO FOR SALE – SAINT JAMES PLANTATION – Southport, NC. 2 bedroom, 2 bath, granite counters, stainless appliances, *upgrades galore*! 4 Golf Courses, 4 Club Houses, Marina, Beach Club. Taxes only $900/yr! $224,000. Call: 631-553-7168 7/12/sjss

TUTOR – NYS certified teacher specializing in elementary, special ed. and reading, with over 10 years of experience is available for tutoring over the summer and into the new school year. If you're looking for a caring, energetic and experienced teacher, please call Allison at 631-404-7532. References furnished upon request. 7/12

TUTOR – NYS Certified (N-6) and local Smithtown teacher is willing to tutor students over the summer. If you're looking for an experienced, kind and knowledgeable tutor for your child, call Lisa at 516-707-0519. 7/12/mfx

NEIGHBORHOOD HOME CARE, INC. seeks homemakers and companions interested in providing non-medical in-home services for the elderly. Positive, compassionate approach a must. Flexible hours, including evenings and weekends. Please contact us at (631) 741-3350 or email at kmcgh1@optonline.net. Please include your phone number and a convenient time when you may be reached. 7/12

CAREGIVERS NEEDED, Mercy's H&C Services is looking for caring and compassionate caregivers to assist with non-medical services primarily for the elderly. All types of days/hours available. Please E-mail Catherine your resume at CatherineAKenny@aol.com. 7/12

RECEPTION / MEETING HALL AVAILABLE FOR USE – St. James United Methodist Church, offers a spacious meeting hall with commercial kitchen for civic and support groups, receptions, clubs, workshops and seminars. The 35'x60' meeting room has tables, chairs, rest rooms and a grand piano. The Church is located at 532 Moriches Road in Head of the Harbor. Expansive parking and handicapped access is provided. Contact the Office at 584-5340 for available dates and suggested donations. The SJUMC offers their facilities as a community outreach to the St. James area and welcomes all visitors.

AMERICAN LEGION HALL FOR RENT – The Sherwood Brothers American Legion Post 1152 is looking to rent its hall for all occasions. Reasonable rates, air conditioned, heat, tables, complete kitchen and ample parking. Located at 95 Lake Avenue, St. James. Call Wednesday or Friday in the A.M. Ask for Tom Swensen. 584-9633 or 584-7746.

VENDORS WANTED FOR ST. JAMES DAY – Craft vendors are wanted for the St. James Chamber of Commerce's 25th annual ST. JAMES DAY, Sunday, September 30, 2012 along Lake Avenue. 10-foot spaces are being provided for $125 per space, after 8/15/12 if available - $150 (no exceptions) – bring your own table. Call 584-8510 for further information and to receive an application. Leave name, address and phone number on machine. Applications are available on the St. James Chamber website at www.stjameschamber.org. 9/12

VENDORS WANTED – Cleary School for the Deaf 3rd Annual Craft Fair, Saturday, October 13, 10 a.m.-4 p.m. (raindate: Sun. 10/14). Applications available at www.ClearySchool.org. Contact Susan P. 631-737-1493 or spusateri@clearyschool.org. 9/12

For advertising information please call 631-862-9849

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In the AUGUST Edition advertise for:

- Labor Day Celebrations
- Back-to-School
- Rosh Hashanah

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SEPTEMBER

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OCTOBER

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