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Our Town

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MAY
2018

Volume 31
Number 7

Keeping you up to date on
SALES, HAPPENINGS
& PEOPLE
In Our Town - St. James
PUBLISHED MONTHLY

Once upon a Summer day,
Birds chirped in a musical way,
Grass drenched in the morning dew,
The sky covered in a vast color of blue.

Once upon a summer day,
Flowers bloomed in full array,
Bright rays of sunlight spilled
Upon my garden on the hill.

Once upon a summer day,
Thunder rumbled and prolonged its stay,
But after the rain tumbled down,
This summer day wore a glorious rainbow crown.

— Joseph T. Renaldi



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OUR TOWN

— ST. JAMES —

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PLEASE NOTE:

Advertising & Editorial Deadline for the **JUNE** edition of OUR TOWN • ST. JAMES is **THURSDAY, JUNE 7, 2018 - 12 NOON.**

Distribution takes place on **Wednesday, June 20, 2018.**

The Atelier at Flowerfield

2 Flowerfield | Suite 15
St. James, NY 11780
631-250-9009
www.atelierflowerfield.org

by Elizabeth Isabelle

"If you hear a voice within you say, 'You cannot paint,' then by all means paint, and that voice will be silenced."

– VINCENT VAN GOGH

The Atelier at Flowerfield offers the highest caliber of classical art education on Long Island. Founded by Kevin McEvoy, The Atelier at Flowerfield features painting and drawing studios unique to Long Island. In keeping with the traditions of European and Early American painters, the studios were designed to feature northern light, basking the subject matter and painting in subtle contrasts and color changes without artificial light.

Kevin McEvoy's inspiration and philosophy follows in his own words. "Growing up on Long Island, I had a strong desire to connect to the art and craftsmanship of the old masters, and to infuse this into my work in a contemporary context. With no such training offered on Long Island at that time, I moved abroad to Florence, Italy and studied for several years at the Charles Cecil Studios. I am pleased that artists today on Long Island now have a place at the Atelier at Flowerfield to pursue comprehensive training in classical art, along with its commercial application. From gallery exhibitions to portrait commissions, from illustration to architecture, from graphic novel design to animation, classical art education is a gateway to opportunity."

Students at The Atelier gain a strong foundation to build and

expand their artistic expression. *Drawing for Beginners*, a course designed to educate the artist in the most important bedrock concepts is your stepping stone to the adventure of artistic expression that

lies within you. *Painting with Pastels, Watercolor Painting, Still Life Painting, Portrait Painting, Figure Painting and Drawing* and even a course in *Graphic Novel* (imagine drawing your own comic pages based on a story of your choosing) are led by talented and inspiring instructors dedicated to teaching their craft and sharing their passion for art in a supportive environment for students of all skill levels. Unleash your creative talents in the beautiful space at The Atelier at Flowerfield and discover the wonderful and peaceful respite that creating art brings to life.

The Atelier at Flowerfield is pleased to offer free bi-weekly art history lectures at the Atelier Hall and are open to all members of our community. While at the Hall, take in the works of local and international artists, teachers and students. Summer Studio Art Classes, for Middle and High School students, offers an exciting immersion into both classical and applied art. In addition, The Atelier is pleased to offer six additional summer workshops taught by highly sought after painting instructors with national recognition.

Visit The Atelier at Flowerfield at www.atelierflowerfield.org for complete information on all classes and be sure to note the



calendar of events to enjoy this wonderful space and stunning art. The Atelier wishes the residents of St. James a summer filled with beauty and artistic expression and looks forward to your visit!



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A R O U N D T O W N

Memorial Day Parade Set for Monday, May 28

The Sgt. John W. Cooke Post 395 in St. James extends an invitation to the community to join them in celebration of Memorial Day on Monday, May 28, 2018. All military personnel on leave or recently returned from overseas deployment are encouraged to participate. Feel free to wear uniforms if you have them. The parade and ceremony is our chance to remember all veterans especially those who made the

ultimate sacrifice.

The parade group will assemble at 9:15 a.m. at the intersection of Lake and Woodlawn Avenues, St. James and step off at 10 a.m. They will march along Lake Avenue to the St. James Elementary School where the appropriate ceremonies will take place.

For additional information or if you plan to march, please send your response to Parade Chair



man Sal Riccobono, 93 Cambon Avenue, St. James, NY 11780 or call 516-987-6201. Be sure to give a contact name and phone number.

Strawberry Festival & Yard Sale at St. James Episcopal Church



The St. James Episcopal Church, located at 490 North Country Road in St. James, will hold their annual *STRAWBERRY FESTIVAL & YARD SALE* on Saturday, June 9, 2018 from 9:30 a.m. to 3:30 p.m. There will be fresh L.I. strawberries for sale, baked goods, crafts, jewelry, plants,

their *famous jams*, *Slime Time* for kids, *Gold Elephant Treasures*, *Books 'N' Things*, *Grandma's Attic* and *Grandpa's Garage*.

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Sat., July 21:	FRANK LATORRE & THE KING BEES
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A R O U N D T O W N

Liquorium Wine & Liquor Celebrates 3rd Anniversary

May 15, 2018 was a special day for Mr. Amit Dhamecha, owner of the Liquorium Wine & Liquor, located at 430-04 North Country Road in St. James (St. James Colonial Shopping Center) 631-862-7020. This day marked his third year in business. His success is due to the superb service and knowledge he gives his customers. With a large selection of fine wines, world class champagnes and spirits from around the world, now is the time to restock and take advantage of the many discounts offered. Baskets for that special occasion and gift wrapping is always available. Liquorium shares the shopping center with a deli, ice cream shop, toy store, exercise studio, nail salon, and several restaurants.

There are a number of holidays coming up – a good reason to pay him a visit.




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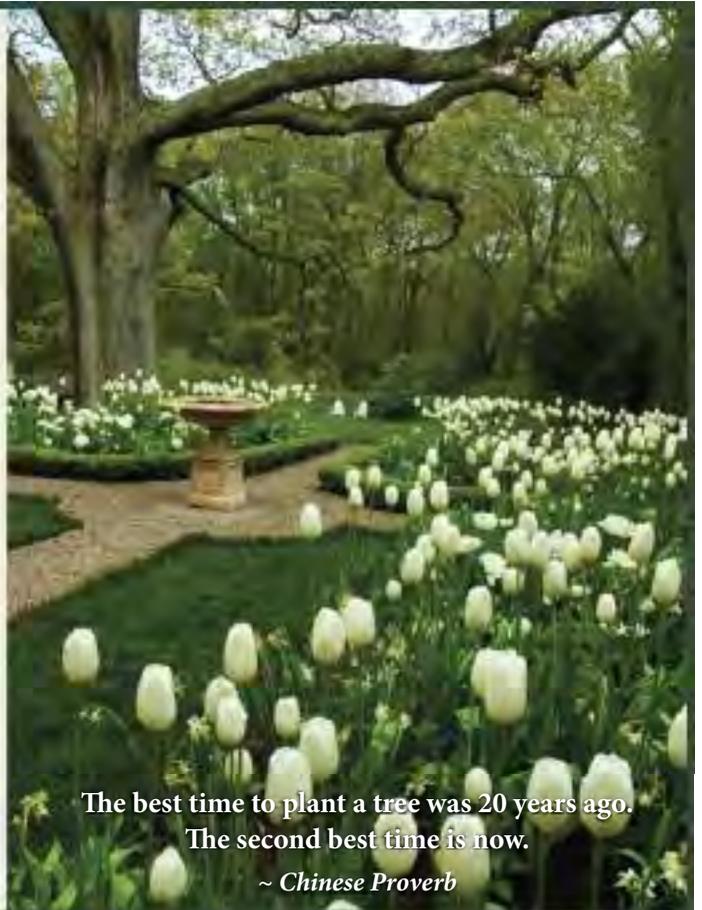
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A R O U N D T O W N

Knights of Columbus Golf Outing on June 11

The Knights of Columbus of Sts. Philip and James, Council #12839, is holding its Annual Golf Outing Fundraiser for Local Charities on Monday, June 11, 2018 at Smithtown Landing Country Club, 495 Landing Ave, Smithtown. The cost at \$175/person includes: round of golf, golf cart, breakfast, lunch, cocktail hour, dinner with open bar.

Great raffle prizes include: golf clubs, bags, GPS devices.

Sponsorships available include:

- Pin Flag/\$125
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SARA CALIGIURI NAMED GOT TALENT FINALIST...



Congratulations to Sara Caligiuri who was a finalist in the Long Island's Got Talent competition held at Ward Melville Heritage House on April 14, 2018. The finals will be held in October. The winner will receive a \$6,000 scholarship to Five Towns College. Her parents, Bernadette and Guy Caligiuri (Patio Pizza), are so proud of her achievements. You can see Sara sing on her YouTube channel - SARA JC. Her original song "Maniacs" is currently being made into music video. Pictured (L-R): Guy, Sara and Bernadette Caligiuri.

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A R O U N D T O W N

Knox School Invites You to *Dogfight*

The Knox School will present its spring mainstage production of the contemporary Off-Broadway musical *Dogfight* on May 18 and 19, 2018. Tickets are \$10 for adults, \$5 for students, and will be available for purchase at the door. The show will begin each night at 8 p.m. in the Wm. Turner Shoemaker Theater at The Knox School, 541 Long Beach Road, St. James. The show contains extensive mature language not suitable for younger audiences.

It's November 21, 1963. San Francisco. On the eve of their deployment to a small but growing conflict in Southeast Asia, three young Marines set out for one final boys' night of debauchery, partying, and maybe a little trouble. However, when Corporal Eddie Birdlace meets Rose, an awkward and idealistic waitress whom he enlists to win a cruel



bet with his fellow recruits, she rewrites the rules of the game and teaches him the power of love and compassion.

The Knox School is an independent boarding and day school whose mission is to provide the opportunity for capable

students to excel within a liberal arts program infused with artistic and athletic pursuits, in preparation for higher education at selective colleges and universities. For additional information about the Knox School, call 631-686-1600.

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OUR TOWN • MAY 2018

A R O U N D T O W N

HCDS Hosts Public Forum Addressing Addictions & Addictive Behaviors

On Tuesday, April 10, 2018 Harbor Country Day School hosted an in-depth – and at times emotional – public forum and panel discussion addressing addictions and addictive behaviors.

The expert panelists assembled at the St. James independent school included Kym Laube, Executive Director of Human Understanding and Growth Services, Inc. (HUGS); Linda Ventura, Founder of Thomas' Hope Foundation; Noam Fast, M.D., Medical Director of the Mather Hospital Chemical Dependency Clinic; Jason Bleecher, Licensed Master Social Worker & Substance Abuse Therapist; and Carissa Millet, Licensed Clinical Social Worker.

Topics of discussion ranged from the widespread use and abuse of alcohol and narcotics among Long Island youth, to the effects of technology on children's developing brains and on family dynamics. Attendees included parents and other caregivers, adolescents, educators,

physicians, and administrators from communities across Suffolk County.

This event marks the third such community event Harbor Country Day School has sponsored in the past two years. Previously, the school hosted NPR Education Correspondent Eric Westervelt in a community discussion about the state of education today, as well as a public screening of the acclaimed documentary, *Screenagers: Growing Up in the Digital Age*.

Harbor Country Day School, founded in 1958, is an independent, co-educational day school for children from preschool through 8th grade situated in St. James' Village of Head of the Harbor. Harbor Country Day School's summer camp program, Camp Harbor, is among the leading summer camp programs on Long Island. Harbor Country Day School is chartered by the NYS Board of Regents and is accredited by and a member of the NYS Association of Independent

Schools (NYSAIS). It is a non-sectarian, nonprofit organization governed by a self-perpetuating board of trustees.

For more information, visit www.hcdsny.org or call 631-584-5555.

Community Association of Greater St. James Public Meeting Schedule

Public Meetings for the Community Association of St. James will be held at 7 p.m. at the St. James Elementary School Gym, Lake Avenue in St. James.

Monday, June 18

Monday, September 24

Monday, November 19

Contact the Community Association of Greater St. James, Inc. at PO Box 2054, St James NY 11780 for additional information.



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A R O U N D T O W N



WELCOME TO GRAY'S JEWELERS...

The newest business to make St. James their home is Gray's Jewelers, located at 429 North Country Road. Recently they held their official ribbon cutting ceremony and reception in their newly remodeled store. Gray's Jewelers does unique custom designs, along with in-house repairs, watch battery replacements, buying and selling of gold and is now offering free ear piercing with the purchase of earrings. Be sure to stop by and peruse their large selection of stunning jewelry and accessories and meet owners Donalee Gray and Danielle Roth. Call 631-250-9489 to say hello or if you need additional information.



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Harbor Country Day School alumni from six decades.

HCDS Celebrates 60 Years of “Embracing the Extraordinary in Every Child”

On March 23, 2018 Harbor Country Day School celebrated its 60th anniversary with a “Diamond Jubilee” celebration at the majestic Flowerfield in St. James.

Nearly 250 guests gathered at the premier catering venue to celebrate the independent school’s diamond anniversary. Guests included current and former faculty and staff, members of the board of trustees, parents of current and former students, and alumni from nearly every decade the school has been in operation.

In addition to honoring the school’s milestone year, guests feted the Malcolm Smith, Jr. family, one of Harbor Country Day School’s inaugural families and descendants of Richard Smith, who settled the town of Smithtown in 1665. Attendees also celebrated Mrs. Natalie Scheyer, who served as Harbor Country Day’s first grade teacher for 29 years – the longest tenure of any teacher since the school was founded in 1958.

“Eighteen families joined forces in 1958 to create an educational opportunity for their children that was different from anything available in their community at the time,” said Harbor Country Day Head of School John Cissel. “When Harbor Country Day School opened its

doors for the first time on September 12 of that year, I wonder if those families knew they were building something so special – so extraordinary – that we would be here celebrating its existence 60 years later.”

Mr. Cissel continued, “I suspect they must have known, because although much has changed since 1958, the mission – to cherish childhood, cultivate wonder and inspire confident learners and leaders – has remained the same so many years later, with children at the center of everything Harbor does.”

Harbor Country Day School is an independent, co-educational day school for children from pre-school through 8th grade situated in St. James’ Village of Head of the Harbor. The school employs a whole-child approach to education, wherein its rigorous curriculum is supported by a



Head of School John Cissel honors Helen and Jennifer Smith.

broad program in its academic, athletic, advisory, and visual and performing arts departments designed to develop all aspects of each child’s talents and interests. Harbor Country Day School’s summer camp program, Camp Harbor, is among the leading summer camp programs on Long Island.

Harbor Country Day School is chartered by the NYS Board of Regents and is accredited by and a member of the NYS Association of Independent Schools (NYSAIS). It is a non-sectarian, nonprofit organization governed by a self-perpetuating board of trustees. For more information, visit www.hcdsny.org.



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The grounds of the Smithtown Historical Society will be home to a dozen baseball battles as the 1864 world champion Brooklyn Atlantics host teams from up and down the east coast, including: the Providence (Rhode Island) Grays; the Dirigo (Maine) Vintage Base Ball Club; the Mountain Athletic Club (upstaters!); the Brooklyn Eckfords; New York Mutual; the Monmouth (New Jer-

sey) Furnace; and the Elkton (Maryland) Base Ball Club.

These teams are among the finest and most knowledgeable in vintage baseball. The games will present baseball (two words in the 1860s) as it was actually played in the year of 1864, the year of Brooklyn's first undefeated, championship season. No gloves (they weren't invented yet!); wood bats and pitched

balls from 45-feet away; a struck ball caught on one bounce counts as a "hand down," or an out: these are among the rules of baseball in its infancy.

Come see the ghosts of history come to life in flesh and blood action! Come root for the Atlantics! Games begin at 10:45 a.m. Home games: Sunday, May 20; Saturday, June 9; Saturday, June 30; and Saturday, July 14.

Living with Alzheimer's Community Education Program

The Smithtown Senior Citizens Department will host a special *Living with Alzheimer's Community Education Program for Caregivers*, presented by the Alzheimer's Association. The community education series covers *early, middle and late stages* of Alzheimer's Disease, beginning in the month of June at the Senior Center auditorium, 420 Middle Country Road, Smithtown.

Early Stage June 7 & 14, 6:30-8 p.m.

In the early stage of Alzheimer's disease, families face new questions as they adjust. This program provides practical answers to questions that arise in the early stage.

Middle Stage June 21 & 28, 6:30-8 p.m.

In the middle stage of Alzheimer's disease, care partners become hands-on caregivers. During this series, you will learn helpful strategies to provide safe, effective and comfortable care.

Late stage September 13, 6:30-8:30 p.m.

In the late stage of Alzheimer's disease, caregiving typically involves new ways of connecting and interacting with the person with the disease. In this series, you'll hear from caregivers and professionals about resources, monitoring care and ways to engage in meaningful connections.

Pre-registration is required. There is no age requirement and you do not have to be a Town of Smithtown resident to participate. Sign up at the front desk or call 631-360-7616.

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I N T H E N E W S

Smithtown Food Pantry Donations Still Needed

by William J. Garthe

I would like to thank the very generous residents of St. James on behalf of the Smithtown Food Pantry. Each week you have really come through with your donations which are greatly appreciated by the Pantry and those who found themselves in need at this time of year. The Food Pantry, which has been in existence for more than 30 years, is supported by contributions from people like you. Canned goods, pasta, toothbrushes, toothpaste, rolls of toilet paper, school supplies, pets food/treats are some examples of our residents' generosity.

I am publishing a list of items needed, just in case you have any of these in abundance in your pantry, as there are some folks right here in St. James and Smithtown who could use a little

temporary help.

Items needed for the food pantry:

Baked beans, tuna fish, all types canned vegetables, spaghetti, tomato sauce, peanut butter and jelly, snacks, all boxed pastas, baby food and formula – all non-perishable food items.

Other Items:

Soaps - hand & shower, shampoo, toothpaste, toothbrushes, toilet paper, paper towels, baby/adult diapers and baby wipes, feminine hygiene products.

School Supplies

Back packs, composition books, notebooks, glue sticks, crayons, colored pencils, pencils and pencil cases, pencil sharpeners, pens, erasers, color mark-

ers, highlighters, pocket folders, index cards and boxes, and Fiskars children's scissors.

Your donations are much appreciated and can be dropped off at my office:

Reliance Real Estate
359 Lake Ave., St. James
(across from 7-Eleven)

I'm looking for the small donations that don't warrant a drive to Smithtown; the one can of tuna, or baked beans, a box of pasta, one bottle of shampoo, anything that will help someone in need. I will collect and deliver to the Pantry each week whatever is donated.

Thank you in advance for your generosity. We are generally open to accept donations Monday through Thursday, from 9 a.m. to 5 p.m. For additional information, call me at 631-862-9000.



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3. There will never be a better time to move up

Prices are projected to appreciate over the next year according to CoreLogic. If you are moving to a higher priced home, it will cost you more in both down payment and mortgage payment if you wait.

4. It's time to move on with your life

Look at the reason you decided to sell in the first place and determine whether it is worth waiting. Perhaps the time has come for you and your family to move on and start living the life you desire.

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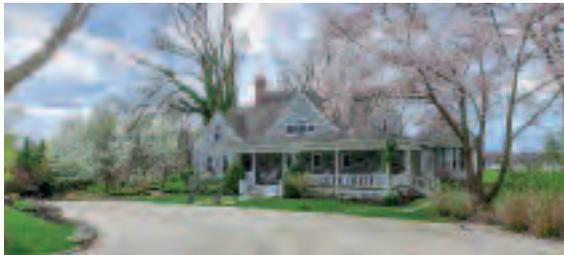
Nissequogue, NY

This majestic Brick Manor waterfront Estate nestled on 3.49 acres is luxuriously appointed with the finest materials and finishes. In addition to fine millwork, gracious rooms, and 6 fireplaces, it features Billiard's room, theater, 2-lane AMF bowling, Gunite pool, cabana and 4-car garage with 2 lifts. SD #1. MLS# 2883652. \$5,900,000.



Nissequogue, NY

Long Island Sound is the backdrop to this beautiful, warm and welcoming 4-bedroom, 3-bath Ranch located on a private cul-de-sac. This light-filled home is perfectly sited on 2.15 landscaped acres with 167 ft. beach frontage and stairs to beach. Updated kitchen, updated baths, Crown moldings, new garage doors, new roof. SD #1. MLS# 3006714. \$1,599,000.



Head of Harbor, NY

Magnificent waterfront Estate with panoramic view of Stony Brook Harbor and views of Long Island Sound to Connecticut. Completely renovated home on 3.91 acres offering ultimate privacy. Gourmet kitchen, 2 fireplaces and Sunlit solarium, 5-car detached garage with guest quarters. A magical location with breathtaking sunsets. SD #1. MLS# 3018530. \$3,750,000.



Nissequogue, NY

Newly renovated custom built Center Hall Colonial in private beach community. Level 2 acres of lush property. Updates include kitchen with white cabinetry and granite. 3 bedrooms, new hardwood floors, new heating system, new CAC and newer roof. Beach access to Long Island sound-end of the road. SD #1. MLS# 3016346. \$849,000.



Nissequogue, NY

Walk out to your private beach on Stony Brook Harbor from this inviting traditional Colonial home filled with comfortable warm living spaces with incredible water views. The lush 6.5 acres includes free form gunite pool and 400 ft. of water frontage. A captivating private tranquil estate. SD #1. MLS# 3023402. \$2,995,000.



Nissequogue, NY

Gracious traditional Colonial on 2.7 acres of tranquil property. Charming details include 2-story entry foyer, beautiful millwork, wood-burning fireplace and stained glass windows. Many updates include windows, CAC, heating system, and kitchen with cherry cabinetry. Grand sweeping lawn with room for pool, tennis court or horses. SD #1. MLS# 3016886. \$859,000.



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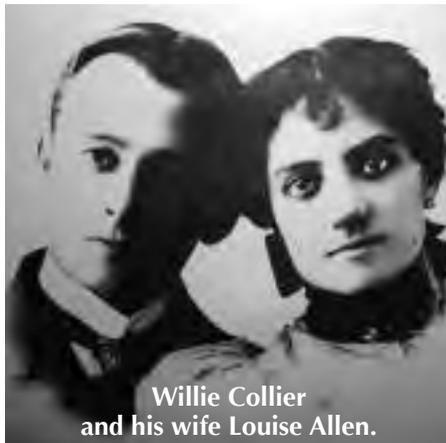
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HISTORICALLY SPEAKING

LIVES, LOVES, AND LAMENTS OF THE PEOPLE OF ST. JAMES Collierville, the Actors Colony of St. James

by Bradley Harris,
Smithtown Historian

I have been writing about the history of St. James and its gradual transformation from a one horse town into a thriving little country village. This change began with the building of a railroad through St. James, the arrival of tourists who used the train to travel from NYC to St. James. Some of the first tourists to visit St. James were actors.



Willie Collier
and his wife Louise Allen.

The Morning Telegraph, published in New York City on Monday, July 13, 1903, ran an interesting story under a banner headline which read: "Stage favorites loaf the summer away, raise pigs and cabbages, play baseball, and go a-fishing in the bay fifty miles from Broadway." The stage favorites were spending their summers on the north shore of Long Island in the little town of St. James enjoying the relaxed pace of life in the country.

By the summer of 1903, some

100 stage favorites were making a pilgrimage to St. James to spend a few months of relaxation in the sunlight. Some of the prominent stage favorites making this pilgrimage included: Willie Collier, and his brothers and sisters, DeWolf Hopper, Jerome Sykes, Frank McNish, Tony Farrell, the Leland Sisters, Bert Leslie, Maurice Barrymore, Lionel Barrymore, Ethel Barrymore, and John (Jack) Barrymore. In St. James, this assemblage of actors and actresses gathered to

enjoy the natural delights of the "wooded gulch on the north shore." (This last reference is to the hollow where Three Sisters Road and Harbor Hill Road intersect in the incorporated Village of Head-of-the-Harbor.) Here they enjoyed fishing, boating, swimming, clambakes, dancing, baseball games and the company of their fellow actors. "A baseball bat and an oar" were the "coat-of-arms of the theatrical colony with two strong baseball teams, a boat club, and environment and company that might make a good fellow of a cloistered monk." St. James offered enough social and recreational activities to make even the most morose actor forget his troubles. ("Stage Favorites Loaf the Summer Away," The Morning Telegraph, July 13, 1903.)

The appeal that St. James had for these actors can be seen in the lines of a poem composed by an actor named DeWolf Hopper whose poem appeared on the

continued on page 28

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HISTORICALLY SPEAKING

Collierville, the Actors Colony of St. James

continued from page 26
front page of The Morning Horn
of 1902. (The Morning Horn was
a local paper/newsletter pub-
lished by the actors in St. James.)

*Oh, I like to spend the summer
Down at honest old St. James
Where actors drop their foolish ways
And use their family names.*

*Where Aubrey Vere de Vere
Becomes plain Timothy McCann,
And idols of the matinee,
Act like a common man,*

*No managers invade St. James,
No contracts keep us scared,
No one-night stands, no longish jumps
That find us unprepared.*

*The piece we play is "Sweet Content,"
To starship no one claims,
Here's to a good long summer run
At honest old St. James.*

To the many actors and ac-
tresses who flocked to St. James
for summer relaxation and a spot
in the sunlight, St. James was
known as Collierville. They knew
it as Collierville because of its
association with William Collier,
an actor playwright, and come-
dian, who made St. James his
summer residence in 1889. He
had been the first to tout the
virtues of summering in St. James
to his friends in the theater, and
he was so persuasive in his



Willie Collier's farm in St. James on the corner of Harbor Hill Road and Three Sister's Road. Collier's farm had 15 acres of property, a vegetable garden, two stables with associated outbuildings, three pig pens, a hen roost, an icehouse, and a windmill.

arguments that others followed
him to St. James. The result was
that by the turn of the century,
over 100 theatrical personalities
were enjoying the summers in
St. James.

Newspaper articles from the
turn of the century, 1890-1910,
listed many of the personalities
who visited St. James and they
included actors and actresses,
comediennes, dancers, singers,
jugglers, acrobats, vaudeville ac-
tors, managers and others in-
volved in theatrical productions.
These individuals may have only
come for a visit as a guest of an-
other actor or to enjoy a week-
end in the country, but many of
them became summer residents
and rented cottages for the sea-

son. Some of them purchased or
built homes in St. James and be-
came permanent residents. So
many theater people came flood-
ing into St. James that a major
problem became finding a place
to stay. According to an article
about the actors colony of St.
James in the Brooklyn Eagle of
July 21, 1901, "all of the board-
ing houses" were "occupied and
frequently friends have to be sent
to Smithtown for accommoda-
tion. As a result, handsome cot-
tages are springing up." These
summer cottages were built on
small plots of land along Three
Sisters Road, Overton Pass, Hill
Road, and Thompson Hill Road
on land owned by E.J. Overton.

continued on page 30



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Collierville, the Actors Colony of St. James

continued from page 28

On Three Sister's Road, just to the east of Willie Collier's villa, Edward M. Jayne owned a large three-story boarding house, and actors and actresses filled his rooms for the summer. With the opening of Tony Farrell's Shore Inn in 1902, more actors could be accommodated in the immediate area. And for the overflow, the St. James Hotel, the Nissequogue Hotel, and the St. James Park Hotel provided rooms near the railroad station. But the place to be and stay was near the Collier Villa.

The Collier Villa was located on the northeast corner of Three Sisters Road and Harbor Hill Road. In 1889, Willie Collier purchased a small farmhouse on 15 acres of land that occupied this corner. Collier was drawn to St. James because as a young boy he had spent his summers there with his father Edward. He became so infatuated with the area that when he became a successful actor, he returned and purchased the farm so that his family could enjoy their summers in St. James. The original farmhouse on the property was small and Collier "spent considerable money improving his place" and gradually extended the house into a handsome villa, "surrounded by extensive and well cared for grounds." The house as it looks today has been considerably altered since it was owned by Collier. At one time it had three stories with an attached turret and a porch which ran across the full front of the house. It was said that the house contained a billiard room and "all the appointments of a country gentleman's establishment." Here in this house, Collier and his wife, Louise Allen, and numerous guests spent their summers from 1895 to 1905. ("Stage Favorites Loaf the Summer Away," The Morning Telegraph, July 13, 1903.)



Chateau Louise Allen Collier, the homestead of Squire William Collier as it looked when the Colliers lived here from 1895 to 1905, entertaining guests, and serving as the center of life in the Actors Colony.

Collier purchased a farm and continued to run it. On the property he had a vegetable garden, two stables, three pig pens, a hen roost, an icehouse and a windmill. The pride of the farm was a prize-winning Yorkshire pig named Willie who was kept in the pigpens along with "Mrs. Pig and a lot of little porkers." Apparently nothing delighted "Farmer" Collier so much as to lean over his pig pen and talk to his favorite pig Willie. The hen roost with its "big cackling aggregation of chickens," was located near

continued on page 34
continued from page 32
the windmill and the hens were carefully tended by Mrs. Collier. The Colliers also kept a milk cow that could be found grazing the Collier meadow. The cow supplied the family and friends with fresh milk. In the stables, Willie had two horses. One was Louise Allen's "saddle horse, a blue ribbon animal" and the other horse was a "thoroughbred" named Bunker that Willie occasionally raced. The menagerie would not have been complete without the six fine English setters that were housed in the farm's kennel. Collier had almost every appliance needed to run a well regulated

farm and he had even gone so far as to install "a main for acetylene gas and a water system." All of this made the Collier farm one of the finest properties owned by any member of the actors colony, and the Colliers welcomed many friends to their villa in St. James.

The Collier Villa was the place in St. James to find out what was happening in the actors colony and everyone made a pilgrimage there for food, drink, and companionship, and all were welcomed. The Collier Villa became the heart of the actors colony for several reasons. It was in the geographic center of the actors colony, and it was there that one could find other actors, and discover what was happening in Collierville because something was always happening.

More about the happenings of the actors colony of St. James next month....

Editor's Note:

Brad Harris is the Town of Smithtown's official Historian. Brad was a High School Social Studies teacher who spent 30 years teaching in Commack. As Historian he has written many newspaper articles on the history of our town, he has published pamphlets and written histories of Commack, Nesconset, St. James, Kings Park, Hauppauge and Smithtown Branch. He resides in St. James.

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Free standing 2+ story Medical Office bldg. Approx. 1,850 sq. ft. + partial bsmnt & staircase to walk up attic, 2 half baths, 1 full bath, gas heat, 200 amp electric. Abuts community parking lot. Close to LIRR & town. Alum siding. R.E. Taxes \$8,270. **\$465,000.**



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SMITHTOWN. Deli use take out (16 seats) or Medical Office. Free standing bldg w/excellent exposure. Abuts community town parking lot on Rte 25A. 2,310 sq. ft. on 1st level. Owner will renovate exterior & build out interior partions. New gas heat, Cvac. & 200 amp electric. **\$5,000** mo. triple net or will divide into two spaces



RONKONKOMA "TOTALLY UPDATED"

Open floor plan, great room. EIK w/ss appls & granite tops, 4 BRs, full bath w/whirlpool tub, 2 venting skylights, ceramic tile, w/w & Pergo floors, IGS, 1 car garage, patio. **\$329,000.**

BUILDING LOTS

HEAD OF HARBOR. Beautiful wooded secluded 3.45 acre property. Cleared & ready to build. Backs to 2+ acres of protected conservation land. 3V SD. Includes plans for 4,600 sq. ft. Colonial w/3 car garage. **\$335,000.**

NISSEQUOGUE. Beach Community. Level half acre lot. Waterviews of Stony Brook Harbor. Access to LI Sound, sandy beach. Prop size 100' x 220'. Variance approved for 3,600 sq. ft. home + garage. Build your dream beach home. **\$350,000.**



ST. JAMES "COMMERCIAL LAND"

Property zoned Central Business .48 acre. Property is 70' wide x 311' deep. Excellent exposure on North Country Rd. (Rte. 25A). Build either wet or dry use, retail or office bldg. **\$399,000.**

CALL FOR A FREE MARKET ANALYSIS

A Summer Song Juried Fine Art Exhibit at Mills Pond Gallery

The Smithtown Township Arts Council is pleased to present a Juried Fine Art Exhibition *A Summer Song*, May 26 – June 24, 2018 (closed Saturday, June 23) at the Mills Pond Gallery, 660 Route 25A in St. James. The public is invited to an opening reception on Saturday, May 26 at 2 p.m. to meet the exhibiting artists and view the work.

Mills Pond Gallery hours are: Wednesdays through Fridays 10 a.m. – 4 p.m. and Saturdays and Sundays 12 noon – 4 p.m. Admission to the Gallery is FREE. All parking in rear lot off Mills Pond Rd. (directly across from 199 Mills Pond Rd.) For additional information call 631-862-6575.

A Summer Song was open to varied interpretations of the subject, from literal to far-ranging. Representational images of summer-related sights, activities, impressions, or atmosphere – as well as surrealistic or abstract evocations inspired by the subject were welcome. Juror Carol Strickland selected works of 44 artists... “It was a pleasure to see

***In The Summertime*
by Paul Hitchen**



so many varied responses to the theme, which hit all the notes in terms of sensory and aesthetic interpretations. Some were so expressive and lively, I felt a jolt of energy, as if inhaling a big gulp of freshening wind from the seashore. Others captured a

more tranquil or pensive mood, inducing contemplation of both summer's joy and transience.” Artists hail from Colorado, Connecticut, Massachusetts, New Jersey, New York, Oregon and Vermont including many from Long Island.

Exhibiting Artists: Janet Amalfitano, Shain Bard, Jorus Beasley, Victoria Beckert, Marta Beltramo, Renee Blank, Jean Marie Bucich, Renee Caine, Kevin Casey, Frank Casucci, Carol Ceraso, Gerry Chapleski, Claudia Cron, Julie Doczi, Anna Franklin, Janice Gabriel, Vivian Gattuso, Maureen Ginipro, Jan Guarino, Katherine Hiscox, Paul Hitchen, David Jaycox Jr., Jim Kelson, Lynn Kinsella, Mary Lor, Jeanette Martone, Frederic Mendelsohn, Joseph Miller, Margaret Minardi, Debra Puzzo, Kate Rocks, Micheline Ronningen, Joseph Santarpia, Stacey Schuman, Kathee Shaff Kelson, Margaret Shipman, Roxene Sloate, Rosemary Sloggatt, Hannah Steele, Rita Swanteson, Alexandra Turner, Nicholas J. Valentino, Adriann Valiquette, Patty Yantz.

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Catering Package #2

\$319 + tax

Feeds 25-30 People

All Items Are Half Tray

- Tossed or Caesar Salad
- Baked Ziti or Penne ala Vodka
- Eggplant Parm or Eggplant Rollatini
- Sausage & Peppers or Meatballs
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- Chicken Fingers
- One 3 ft. Hero of your choice (American & Italian only)

Catering Package #3

\$419 + tax

Feeds 35-40 People

- Full Tray Tossed or Caesar Salad
- Full Tray Baked Ziti or Penne ala Vodka
- Full Tray Eggplant Parm or Eggplant Rollatini
- Full Tray Chicken Francese, Marsala or Parmigiana
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- Half Tray Chicken Fingers
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ARTS & ENTERTAINMENT

What's Happening at the Mills Pond House Gallery

The Mills Pond House Gallery, located at 660 Route 25A, St. James, is dedicated to exhibiting the work of local, regional, and national artists and is open to the public Wednesday through Friday, 10 a.m. to 4 p.m. and Saturday and Sunday from 12 noon to 4 p.m. Admission is free. For additional information call the Smithtown Township Arts Council at 631-862-6575 or visit their website at

www.stacarts.org

*The Smithtown Township Arts Council is an independent, not-for-profit, community arts organization. **Exhibit Sponsorships** are available for many exhibits, concerts and workshops. If you are interested in sponsoring one of their innovative exhibitions or programs, call 631-862-6575.*

**MAY
-19**

Juried Documentary Photo 2018

The work of 14 photographers whose work uses visual narratives to tell stories and draw attention to real-life situations.

25

Jazz in the Living Room

7-9 p.m. Admission FREE to listen, \$5 for Jazz in the Living Room participants/players. Challenge the world of sheet music and exact chords...If you are looking to expand your creative

and imaginative horizons, join in this fun and creative evening of Jazz Improvisation at the Mills Pond House.

26

A Summer Song – Juried Fine Art Opening Reception, 2 p.m.

Meet the artists and view the exhibition.

26-June 24

A Summer Song – Juried Fine Art Representational images of summer-related sights, activities, impressions, or atmosphere – as

well as surrealistic or abstract evocations inspired by the subject.

JUNE

29

Jazz in the Living Room Concert

7-9 p.m. This is an evening where Jazz in the Living Room participants have an opportunity to perform, showing off their newly learned skills to the audience. Admission \$5 to listen; FREE for Jazz in the Living Room participants/players

continued on page 39



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ARTS & ENTERTAINMENT

BESFI Benefit Set For June 8 & 9 at the Staller Center

The Ballet Education and Scholarship Fund, Inc. (BESFI) announced that its 39th annual benefit performances will be held Friday, June 8, 2018 at 7 p.m. and Saturday, June 9 at 2 p.m. at the Staller Center for the Arts, Stony Brook University. The program will feature two noted guest artists: Alvin Tovstogray who is appearing courtesy of Oklahoma City Ballet and Nicholas Sipes formerly with the Pennsylvania Ballet. They will be paired with Seiskaya Ballet principal dancers Jenna Lee, Diana Atoian and Brianna Jimenez and join 1st soloists Amber Donnelly, Graciela Carrero-Sagona, Ava Aubé, Eva Pyrros and Julia Virnelli in a series of exciting pas de deux. Seiskaya principal dancer Max Lippman will be coupled with 1st soloist Lara Caraiani for both the *Flames of Paris* and *Hooligans Pas de Deux*. In addition, other featured pas are the *La Bayadere*, *Les Sylphides* and the *Sleeping Beauty Pas de Deux*.

The Benefit Program's centerpiece will be a one-act version of the ballet **Don Quixote**. Set to the vibrant music of Minkus and utilizing a large corps of dancers in colorful costumes, this abridged version of the classic tale loosely follows the full length four act ballet versions. However, choreographer Vaso Kikna's rendition does not skimp on excitement and includes the



Don Quixote is all about fire and passion, and these three Seiskaya dancers epitomize verve and zest. Pictured here are acclaimed Seiskaya principal dancers Diana Atoian (top left), Jenna Lee (center) and Max Lippman (right).

exhilarating pas deux with which the ballet is famously identified. Guest artist Alvin Tovstogray imbues the male lead role of *Basilo* with bravura opposite the fiery *Kitri* danced alternately by Jenna Lee and Diana Atoian. Max Lippman is ebullient in the role of *Es-pada* opposite Brianna Jimenez's alluring portrayal of *Mercedes*.

Noted for the consistent high quality of its presentations, the

BESFI Benefit is always a highlight of the dance season. Brilliant sets and costumes, noted professional guest artists and riveting choreography make for exciting performances. Tickets are on sale now through the BESFI Box Office at 631-584-0192 or at the door with adults/\$30; children and seniors/\$24; and groups of 20 or more/\$20.

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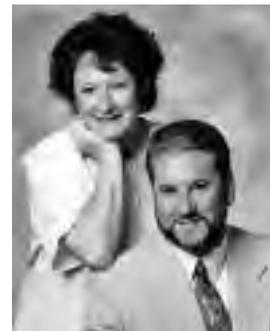
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36 Manchester Lane, Stony Brook. \$520,888.

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21 Harbor Hill Road, St. James. \$350,000.

Charming Saltbox home with retro style in wooded area. So much potential to make this 3 BR, 2 full bath home your own. Also has a full basement for plenty of storage. As well as a gas fireplace for those chilly nights-which can be converted back to wood.



44 Marquette Drive, Smithtown. \$539,500.

This new Colonial with its 4 BRs, 2 full baths, full basement, 2 car garage boasts oak floors, granite counter tops, stainless steel appliances, high hats and cac.



23 Richie Court, St. James. \$599,000.

An updated Colonial with 4 BRs, 3 full baths, offers big cathedral great room, granite kitchen, formal dining room, large bedroom on 1st floor perfect for Mom or au pair, gleaming wood floors throughout, 2 car garage and full finished basement, all sitting on a beautiful flat .59 on a quiet non-through street.

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ARTS & ENTERTAINMENT

Smithtown Performing Arts Center

The Smithtown Performing Arts Center, located at 2 East Main Street in Smithtown, brings professional live entertainment to our backyard at affordable prices.

Ticket prices range from \$20-\$35 unless otherwise noted, group rates available. Call the box office at 631-724-3700 for reservations or visit their website at www.smithtownpac.org.

PERFORMANCE SCHEDULE

Dreamgirls

Through June 17
Tickets: \$35/adults, \$32/seniors, \$20/students

A show about the creation of a new American Sound. The blending of rhythm and blues with other styles of popular music. A sound that came to be known as "Motown."

Willy Wonka, Jr.

CHILDREN'S THEATRE
May 19-June 24
Tickets: \$15 all seats
Enter the chocolate factory.

Glory Days...

A Bruce Springsteen Experience

Saturday, June 23, 8 p.m.
Tickets: \$40

A unique six-piece ensemble, Glory Days is a tribute to an American musical icon.

Beach Bums

Saturday, June 30, 8 p.m.
Tickets: \$40

The ultimate tribute to The Beach Boys by The Beach Bums.



We Will Rock You

July 7-August 19
Tickets: \$35/adults, \$32/seniors, \$20/students

Featuring more than 20 hit Queen songs.

Pinkalicious The Musical

CHILDREN'S THEATRE
July 14-August 19
Tickets: \$15

Pinkalicious The Musical is about learning the power of self-control and the importance of moderation.

Cast of Beatlemania

Saturday, September 1, 8 p.m.
Tickets: \$40

This yearly Beatles tribute is back. Enjoy a night with John, Paul, George and Ringo as they sing all the classics.

Mary Poppins Jr.

CHILDREN'S THEATRE
Tickets: \$15
September 15-October 28
Mary Poppins Jr. is an enchanting mixture of irresistible story, unforgettable songs and breathtaking dance numbers.

Fun Home

September 8-October 21
Tickets: \$35/adults, \$32/seniors, \$20/students

The 5-time 2015 Tony Award-winning Best Musical is the refreshingly honest, wholly original musical about seeing your parents through grown-up eyes.

The Godfathers of Comedy

Saturday, October 6, 8 p.m.
Tickets: \$40
Get a belly full of laughter with some of the best Italian comedians Long Island has to offer.

Forever Motown

Saturday, October 27, 8 p.m.
Tickets: \$50
A non-stop, high energy trip down memory lane featuring the songs America grew up on.

Subscription plans available at substantial savings. Call the box office at 631-724-3700 more information.

Become a member and save with additional benefits. Annual membership is \$75 and a lifetime membership is \$300. Benefits include additional 10% discount on the purchase of tickets to any performance or subscription package, preferred status for seating, and much more.



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ARTS & ENTERTAINMENT

Bob Dylan's 77th Birthday Celebration

On Sunday, May 20, 2018 at 7 p.m., the Long Island Museum, located at 1200 Route 25A in Stony Brook, will present a tribute to Bob Dylan. This annual event in the Sunday Street Series since 2005 marks the May 24, 1941 birthday of this legendary singer/songwriter!

This year is also the 35th anniversary of the release of Dylan's 1983 *Infidels* album and the 40th anniversary of 1978's *Street*

Legal's re-release, so visitors can expect to hear songs from both along with classics from the entire Dylan catalogue right up to his recent albums.



Anchoring the evening's celebration will be Pete and Maura Kennedy, who return for their 11th Dylan Birthday celebration in the Sunday Street series. Guitars, sitars and even ukuleles come into play when The Kennedys "do Dylan."

Rod MacDonald, one of America's finest singer-songwriters and an acknowledged master at interpreting Dylan, returns for another Dylanfest at LIM. Rod and his band Big Brass Bed have released three albums of Dylan songs.

STAC Calendar

continued from page 34

JUNE
30-July 28

Interior – Juried Fine Art Paintings and drawings which express the various meanings found in the spaces we inhabit, the objects we encounter and the people we interact with.

Russ Seeger, of Levon Helm's Last Hombres, interprets lesser-known Dylan songs and adds great fiddle and guitar work to Dylan classics. Also in the band: Brian Kachejian on keyboards, Steve Kaplan on bass and Tom Ryan (of the Last Hombres) on

drums. And who knows who else might appear as special guests?

Advance sale is \$35 at www.sundaystreet.org through Friday, May 18, with tickets at the door for \$40 (if available/cash only). For additional information call 631-751-0066.

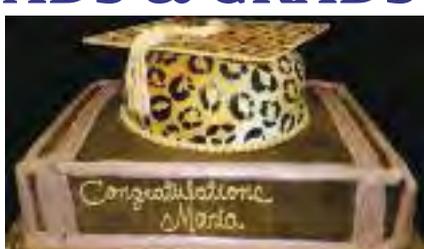


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ARTS & ENTERTAINMENT

The Atelier at Flowerfield Happenings

The Atelier at Flowerfield is an art studio steeped in the old master tradition, unique in that professional artists paint and teach alongside their students in the North Light Painting Studio. Personalized training in drawing and painting for artists of all ages, at all levels of achievement is offered. The Atelier at Flowerfield is a non profit 501(c)3 organi-

zation located at 2 Flowerfield, Suite 15, in St. James.

If you would like to schedule a tour of the facilities or sign up for a FREE trial class call 631-250-9009 between 9 a.m.-5 p.m. M-S, or email: administrator@atelierflowerfield.org or visit their website at www.atelierflowerfield.org

EVENTS

FREE Lecture series |

Alternate Thursdays, 7-8.30 p.m. Coffee and Italian cookies will be served. Suggested donation of \$10

May 24 | *How do the Worlds of Industry and Art Interact:* Guest Lecturer Tim Newton, Chairman of The Salmagundi Club and Curator of American Masters

June 7 | *Matters of the Heart*
Guest speaker Dr Stephen Vlay

EXHIBITION

Annual Atelier Masterworks 2018

**Local & National Artists
May 17- August 30**

Opening Reception

May 17, 5.30-7.30 p.m.
Original Artwork by Atelier artist instructors as well as Summer Workshop, nationally renowned instructors: David Shevlino, Leo Mancini and John Traynor.

SPRING COURSE OFFERINGS

Friday Night Open Figure - Live Model

Every Friday | 6-9 p.m.
\$20/person, per class

Work with a live model for a 3-hour, uninstructed session of short and long poses. Easels and drawing boards are provided.

Cast Drawing for Beginners

Offered at four different time slots:

Mon., thru June 18, 10-1 p.m.
(No class May 28)

Wed., thru June 20, 6-9 p.m.

Thurs., thru June 21, 10-1 p.m.

Sat., thru June 23, 10-1 p.m.

Fee: \$55 per class

Classical Art Foundations for Middle and High School Students

Mon., thru June 18,
6-9 p.m. (No class Memorial Day)

Thurs. thru June 21,
4:30-6:30 p.m.

Fee: \$40 per class plus
one time \$25 materials
fee

Beginner Drawing

Tues. thru June 19, 10-1 p.m.

Fee: \$55 per class

Exploring Watercolor with Bill Graf

Tuesdays, thru June 19, 2-5 p.m.

Fee: \$55 per class

Painting With Pastels, Plein Air, with Lana Ballot

Tues. & Wed., May 22-23, June 5-6, 19-20, 2-5 p.m.

2-day program 8 classes in total

Fee: \$55 per class

Figure Drawing & Painting with Kevin McEvoy & Leeanna Chipana

Tues., thru June 19, 6-9 p.m.

Fee: \$75 per class

includes model fee

Still Life Drawing and Painting

Offered at five different time slots:

Wed., thru June 20, 10-1 p.m.

Wed., thru June 20, 6-9 p.m.

Thurs., thru June 21, 10-1 p.m.

Sat., thru June 23, 10-1 p.m.

(No class Memorial Day)

Fee: \$55 per class

continued on page 90

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ARTS & ENTERTAINMENT

Gallery North Events, Exhibitions and Classes at the Community Art Center

Gallery North, located at 90 North Country Road in Setauket, is a not-for-profit gallery promoting the finest contemporary regional art and craft. Established in 1965, Gallery North focuses on contemporary art in a variety of disciplines, including painting, drawing, printmaking, ceramics, sculpture, digital art and film.

The Community Art Center, located at 84 North

Country Road in Setauket, offers a number of opportunities for one to have a creative studio experience! Studio art classes are suitable for adults and teens, and are taught by some of Long Island's best artists.

*Note there is a 24-hour cut off for registration for select programs. If you have a question about any of the programs, or require more information, email info@gallerynorth.org.

EVENTS - EXHIBITS

Spirit of the Brush:
Sungsook Setton
through May 18

The Art of the Figure
May 24-June 15

Fernanda Vargas, A Tribute
June 22-July 20

Joan Branca & Deborah Katz
July 27-August 17

CLASSES – WORKSHOPS

NEW! Ongoing Class:
Clothed Figure Drawing
DROP-INS WELCOME!!!
Every Thursday Evening, 5-8 p.m.

Teens/Adults

Fee: \$10 per session,
\$5/students, No instruction;
bring your own materials.

Practice drawing a clothed model in a series of 15-20 minute varied poses. Participants take turns posing for one another, using costumes and props. You may come and go during this session as you please, according to your schedule.

Life Studies

9 a.m.-12 p.m. (Sundays)

Fee: \$15 upon arrival

This 3-hour session will have no instruction. Bring your own materials. Easels and drawing boards available.

Figure Drawing

Thursdays, 10 a.m.-1 p.m.

Open session figure drawing.

This 3-hour session will have no instruction. Bring your own materials. Easels and drawing boards available.

Painting with Water Soluble Oils
with Angela Stratton

Saturday & Sunday, May 19, 20
Teens/Adults 1-4 p.m.

Fee: \$120

This workshop, for beginners and intermediate students, will cover all the basic techniques concerning the use of water soluble oils and how they differ from regular oils.

continued on facing page

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ARTS & ENTERTAINMENT

continued

Open Session

Printmaking Workshop

with Lorena Salcedo-Watson

Tuesdays: May 22, June 19

2:30-4:30 p.m.

Fridays: May 25, June 22

5:30 - 7:30 p.m.

Teens/Adults,

Fee: \$20 per session,

see website for materials.

Presses will be set up for relief and intaglio printing. Bring old or new plates, or create something new.

Asian Brush Painting

with Sungsook Setton

Friday, May 25, 12 noon-4 p.m.

Teens/Adults

Fee: \$80 + \$10 materials fee

Learn about the materials, brushstrokes, subject matter and unique compositional elements of this very spirited and freeing art form.

Encaustic Workshop

with Tom Brydelsky

Saturday, May 26,

1:30-5:30 p.m.

Fee: \$80 + \$20 materials fee

An introductory class in the ancient art of encaustic painting.

Paper Marbling (Ebru)

with Cara Digirolamo

Friday, June 1, 5:30-8:30 p.m.

Fee: \$60 per session*

Prepare for a night of fun practicing the ancient craft of paper marbling, known as Ebru.

Watercolors That Flow

with Esther Marie

Thurs.: June 7, 21, 28,

1:30-4:30 p.m.

Fee: Teens/Adults \$180

Through the study of symbolism and abstract expressionism students will create watercolor paintings.

Sip & Create Jello Printing

with Larissa Grass

Saturday, June 9, 7-9 p.m.

Fee: \$40/materials included

This exciting evening workshop will introduce you to the art

of Jello Printing. Create unique and colorful prints while enjoying some wine, snacks and the time to create with friends.

Papermaking Workshop

with Lorena Salcedo-Watson

Saturday, June 23,

11 a.m.-4 p.m.

Fee: \$100

In this workshop, participants will learn the basic process of western papermaking, and create a number of sheets that can be used with a variety of media.

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ARTS & ENTERTAINMENT

The Jazz Loft Happenings

The Jazz Loft at Stony Brook, located at 275 Christian Avenue in Stony Brook, is an exhibition, preservation, education and performance center which houses a vast collection of jazz memorabilia. The Jazz Loft hosts jam sessions, lectures on jazz and presents a variety of concerts. Some of the concerts in the coming months are sponsored by Olivia and Harlan Fischer of Head of the Harbor.

The Jazz Loft is open Thursday through Saturday, 12 noon to 5 p.m. Tickets: Adults/\$10; seniors 62+/\$7; students/\$5; children 12 and under are free.

For additional information and to purchase tickets visit www.thejazzloft.org or call 631-751-1895. Subject to availability, tickets can be purchased at the door before the event.

EVENT SCHEDULE

Wednesday, May 16, 7 p.m.
Concert with the Jazz Loft Trio and The Art of Jazz and Poetry
Open jam at 8 p.m.
Tickets: 7 p.m./\$10,
Open Jam at 8 p.m./\$5

Thursday, May 17, 7 p.m.
Rich Iacona's The Bad Little Big Band: Goes Latin
Tickets: \$20/adults, \$15/seniors, \$10/students

Saturday, May 19, 2-4 p.m.
Sensory Friendly Event: Tom Manuel and His Red Hot Peppers
A concert for those with special needs. The concert is designed to make the performance more comfortable for those with sensory sensitivities. Tickets: \$5

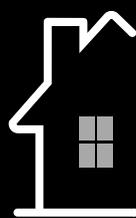
Wed., May 23, 7 p.m.
Concert with the Jazz Loft Trio and The Art of Jazz and Poetry
Open jam at 8 p.m.
Tickets: 7 p.m./\$10,
Open Jam at 8 p.m./\$5

Saturday, May 26, 2 p.m.
The Clem DeRosa Alumni Big Band. Tickets: \$20/adults, \$15/seniors, \$10/students

Saturday, May 26, 7 p.m.
The George Coleman Trio
Tickets: \$30/adults, \$25/seniors, \$20/students

Wed., May 30, 7 p.m.
Concert with the Jazz Loft Trio and The Art of Jazz and Poetry
Open jam at 8 p.m.
Tickets: 7 p.m./\$10,
Open Jam at 8 p.m./\$5

continued on facing page



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ARTS & ENTERTAINMENT

continued

Thursday, May 31, 7 p.m.

Interplay Jazz Orchestra

Tickets: \$20/adults, \$15/seniors, \$10/students

Wednesday, June 6

Jazz Loft Trio and Open Jam

Tickets: 7 p.m./\$10,
Open Jam at 8 p.m./\$5

Thursday, June 7, 7 p.m.

The Jazz Loft Big Band

17-piece big band directed by
Jazz Loft director Tom Manuel,
trumpet

Tickets: \$20/adults, \$15/seniors,
\$10/students

Friday, June 8, 7p.m.

Ken Peplowski Duo

Tickets: \$20/adults, \$15/seniors,
\$10/students

Saturday, June 9, 7p.m.

Ken Peplowski Quintet

Tickets: \$20/adults, \$15/seniors,
\$10/students

Wednesday, June 13, 1 p.m.

**Young at Heart: Memphis in
June: The Songbook of Johnny
Mercer, Hoagy Carmichael and
others.**

Tickets: \$10

Wednesday, June 13

Jazz Loft Trio and Open Jam

Tickets: 7 p.m./\$10,
Open Jam at 8 p.m./\$5

Thursday, June 14, 7 p.m.

**Three Village Historical Society
Prohibition Night** featuring The
Hot Club of Stony Brook.

Tickets: \$25/adults, \$20/seniors;
\$15/students

Friday, June 15, 7 p.m.

The Bill Frisell Trio mixes rock
and country with jazz and blues.

Tickets: \$40/adults, \$35/seniors,
\$30/students

Wednesday, June 20, 7 p.m.

**Jazz Loft Trio, Open Jam and
The Art of Jazz**

Tickets: 7 p.m./\$10,
Open Jam at 8 p.m./\$5

Thursday, June 21, 7 p.m.

**Rich Iacona's The Bad Little Big
Band with vocalist Madeline
Kole performing jazz standards
from The Great American Song
Book.**

Tickets: \$20/adults, \$15/seniors,
\$10/students

Friday, June 22, 7 p.m.

Tom Harrell Quartet

Tom Harrell, trumpeter and com-
continued on page 90

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ARTS & ENTERTAINMENT

The Spirit of the Brush by SungSook Setton at Gallery North



**SungSook Setton,
Spring is Here.
2017, Ink on paper**

Gallery North, located at 90 North Country Road in Setauket, is pleased to present *The Spirit of the Brush*, an exhibition of the work of SungSook Setton who has been influenced by the artistic traditions of the East and the West. The exhibition will run through May 18.

Having been trained in Europe, the United States and her native South Korea, SungSook Setton sees an ongoing transition from representation to minimalism in her work. The empty spaces on the page become as important as the strokes themselves. SungSook strives to create a meditative space where people can breathe and grow.

SungSook Setton has spent a considerable amount of time depicting music with visual imagery. In 2005 she participated in a multimedia performance entitled *Brush Voice*. That event was the point of departure from traditional painting to organic abstraction using rice paper, water, ink and brush.

Asian Brush Workshops will be held at Gallery North on Friday, May 18 and 25 from 12 noon to 4 p.m. Fee: \$80 + \$10 materials fee.

For additional information and to register call Gallery North at 631-751-2676 or visit www.gallerynorth.org.

Meet the Author – *Lady of the Dollhouse*

The Smithtown Library will hold a Meet the Author event for a new book by St. James author June Capossela Kempf. June will be at the main branch of the library on Friday, June 15, 2018 at 7 p.m. where she will present and sign her latest book *Lady of the Dollhouse*, a middle grade level fantasy about a young girl, Julia, who dreams of living in the magical

dollhouse displayed in the window of a dollhouse shop on Main Street. The story was inspired by the real dollhouse shop, “Dollhouse Delights” on Main Street in Smithtown.

Registration is required but if you forget you won't be turned away. Call the Library at 631-360-2480 ext. 127.



June Capossela Kempf is pictured with the dollhouse that inspired her latest book *Lady of the Dollhouse*.

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ARTS & ENTERTAINMENT

The Art League of Long Island 2018 Happenings

107 E. Deer Park Road, Dix Hills
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www.artleagueli.org.

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Fri: 9 a.m.-4 p.m.
Sat-Sun: 11a.m.-4 p.m.



EXHIBITS

Long Island Center
for Photography Exhibition
Through May 20
Reception, Sunday, May 20
1-3 p.m. FREE

An exhibition of works by an
alliance of Long Island photogra-
phers whose mission is to edu-
cate, advocate, and connect via
the art of photography.

The Big Picture -
Large Works Juried Exhibition
May 26-July 1
Reception: Sunday, June 10
1-3 p.m. FREE
Juror Talk: Thursday, June 14
7:30 p.m. FREE

The Art League invites artists to
submit large-scale works in their
spacious bi-level gallery. Exhi-
bition Juror is Bruce Lieberman.

WORKSHOPS, LECTURES,
EVENTS

To register, call the Art League
of Long Island at 631-462-5400
or visit www.artleagueli.org.

Summer Art Adventure for Kids
and Teens Ages 5-14

Registration is ongoing thru July
For more than 20 years The Art
League of Long Island's Summer
Art Adventure Program has been
offering kids and teens fun and
creative activities led by dedi-
cated art education profession-
als. Kids ages 5-10 participate in
weekly activities centered on ex-
citing themes. The five weekly
programs start July 9 and end
week of August 6. Mature Artists
ages 11-14 can hone their artis-
tic skills in one or both 10-day
sessions beginning July 9 and
July 23.

Summer Pre-College
Portfolio Development
for Teens Ages 15-18

Two 3-week programs start
July 9 and July 30
Registration is ongoing thru July
Summer Pre-College Portfolio
Development for ages 15-18 pre-
pares students for winning port-
folios designed to help them gain
acceptance into higher educa-
tion or program of choice. Expe-
rience professional studio
practices by delving into obser-
vational and figure drawing,

painting, mixed media projects,
and more.

60-Minute Power
Charcoal Portraits

May 25, 9:30 a.m.-12 noon
Fee: \$75

Artist Larry Aarons will share
his Speed Viewing techniques to
help you capture a likeness with
charcoal portraiture. Reap the
benefits of capturing portraits in
shortened time frames.

Raku at the
Art League of Long Island

June 1, 8:30 a.m.-5 p.m.
Fee: \$110

This ancient Japanese firing
method, incorporating American
Raku techniques combines
chemistry, fire, and smoke to
produce gorgeous colors, lusters
and crackles.

Art in the Park
Fine Art & Craft Fair

June 2, 3, 10 a.m.-5 p.m.
Heckscher Park in Huntington
FREE and Open to the Public

More than 75 artists and crafts-
people will show and sell origi-
nal works of art and handmade
crafts such as paintings, photo-
graphs, ceramics, jewelry, sculp-
ture, woodwork, glasswork,
wearable art, and more. The
event also features live art
demonstrations, family-friendly
hands-on activities, and live
music.

continued on facing page



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*Date can be changed if students need them to be.

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http://lightawakenings7.com



ARTS & ENTERTAINMENT

continued

Introduction to Zentangle

June 2, 10 a.m.-3 p.m.
Fee: \$85

Zentangle® is a method of drawing beautiful complex images using simple repeated patterns. The unusual designs evolve "one stroke at a time" in an unplanned yet structured way. No previous drawing experience is needed but even established artists can use the method as a creative exercise for inspiration. The added benefit is relaxation & stress relief which come from directed focus, like yoga for your soul.

In Appreciation of an American Artist: The Legacy of Martin Lumen Winter – "Dab of Paint" FREE Lecture Series

June 4, 11 a.m.-12 noon

Lumen Martin Winter was an

important American artist for more than 50 years, creating major murals at the United Nations in NYC, the AFL-CIO Building in Washington, DC, St. Paul the Apostle Catholic Church by Lincoln Center, several US Post Offices and much, much more. He even designed the official logo for NASA's Apollo XIII. Join Alexander Katlan, renowned art conservator and art collector, to hear an exciting presentation about this artist's career and accomplishments.

Painting with Photoshop - A One Day Introductory Workshop

June 11, 9 a.m.- 3 p.m.

Fee: \$120

It's time to join the digital art revolution! This hands-on, one-day "foundation" workshop will cover essential features such as

creating your canvas and painting with the many art brushes that Photoshop comes with. Together the class will work on a traditional still life using a variety of oil, acrylic, and watercolor painting techniques.

Alla Prima Portrait Painting with Liz Jorg Masi

June 8, 9, & 10, 10 a.m.-4 p.m.

Fee: \$390

Working quickly to capture likeness was a technique used by John Singer Sargent, Richard Schmidt, Max Ginsburg and many other artists to achieve a fresh work of art, not labored but easy and exciting. Join Liz Jorg Masi and watch her achieve a likeness in oil working from live models. Feel free to work in your medium of preference - bring oils, pastels or watercolors.



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Smithtown Historical Society Happenings

Since 1955 the Smithtown Historical Society has worked to ensure that the history of Smithtown Township and our Long Island heritage are preserved and interpreted for the education and enjoyment of current and future generations.

Their mission is carried out through collection, conservation and preservation, research, exhibitions, publications, educational programs, support of regional heritage organizations, living history events, community library and archives.

The Historical Society maintains six houses and eight out-buildings at three locations: Obadiah Smith House, Caleb Smith House and their 22-acre Village of the Branch Historic District Site.

The Smithtown Historical Society, holds a number of events

during the year. For further information about any of their programs call 631-265-6768.

EVENTS

631-265-6768

**Frank Brush Barn
211 Middle Country Road
Smithtown**

Civil War Encampment Friday, May 18 | 10 a.m. - 2 p.m.

Fee: Adults \$10 | Children \$5

Come and experience the past. Talk to Civil War era soldiers and civilians from the North and South. Observe cavalry and infantry demonstrations. Visit a battlefield doctor. Enter historic homes and speak with costumed interpreters. Be sure to check out the Gift Shop for authentic toys and games of the past.



Military Appreciation Month

May is Military Appreciation Month at the Smithtown Historical Society. Donate supplies and write letters to send our brave and selfless deployed military men and women. All supplies and letters will go to Boots on the Ground, NY for delivery.

Deadline for donations and letters is Friday, May 25, 2018. Call 631-265-6768 for additional information.

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ARTS & ENTERTAINMENT

Long Island Museum 2018 Calendar

1200 Route 25A
Stony Brook, NY 11790
631-751-0066
mail@LongIslandMuseum.org
www.longislandmuseum.org

HOURS:
Thursday-Saturday,
10 a.m.-5 p.m.; Sunday,
12 noon-5 p.m.
(unless otherwise noted)

ADMISSION:
\$10/adults, \$7/seniors 62+,
\$5/students 6-17 years and
college students with I.D.,
free museum members.
(Concert and film tickets sold
separately.)

Please Note: All events are free
with museum admission, unless
otherwise noted. Please call 631-
751-0066 x212 to register where
indicated. For information about
becoming a museum member
call 631-751-0066 x246.

ADULT PROGRAMS AND EVENTS



May 20, 7 p.m. Sunday Street: Bob Dylan's 77th Birthday Celebration

A tribute to Bob Dylan – this
annual event since 2005 marks
the May 24, 1941 birthday of

this legendary singer/songwriter!
Advance sale is \$35 at
www.sundaystreet.org through
Friday, May 18, with tickets at
the door for \$40 (if available/
cash only).

June 10, 5 p.m. Sunday Street: The Tannahill Weavers

Sunday Street Concert Series
continues with The Tannahill
Weavers. Advance sale tickets
available at sundaystreet.org
through June 8.

June 11, 10 a.m. registration, 12:30 p.m. shotgun Annual Golf Tournament

St. George's Golf & Country
Club honoring Chuck Merritt,
President, Merritt Environmental
Consulting Corp. Individual and
foursome packages available.
Golf package includes breakfast,
continued on facing page



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ARTS & ENTERTAINMENT



continued

lunch on the green, 18 holes of golf, cocktail hour and dinner in the clubhouse. Raffles, prizes, contests and more.

Contact Regina Miano at 631-751-0066 x247 or rmiano@longislandmuseum.org.

**June 13, 7:15 a.m. – 7 p.m.
Bus Trip to Brooklyn Academy of Music, Junior's & David Bowie Is at Brooklyn Museum**

Start the day off with a behind the scenes tour of the famed Brooklyn Academy of Music, a 150-year-old multi-arts center. Explore the performance spaces and learn about this historic venue. After, head to the Original Junior's Cheesecake Restaurant on Flatbush Avenue for lunch (and cheesecake!). Finally, a highlights tour at the Brooklyn Museum of the *David Bowie Is* exhibition, an introspective look at the life and career of the artist rounds out an exciting day in Brooklyn! \$125/members; \$115/non-members. Includes coach bus, all tour fees, lunch and gratuities. Pre-payment and pre-registration is required. Space is limited. Call 631-751-

0066 x212 for information and reservations. Bus leaves the Long Island Museum at 7:15 a.m. Second pick up is at Christopher Morley Park, Roslyn at 8:05 a.m. Return time is approximately 6 p.m. in Roslyn, 7 p.m. in Stony Brook.

**June 17, 12 noon – 5 p.m.
Father's Day**

Take Dad on an historic adventure at the Long Island Museum. Stroll through history in the CARRIAGE MUSEUM, discover amazing sculptures on the museum grounds and take in beautiful art in the galleries. Visit longislandmuseum.org for list of exhibitions on display. FREE admission for fathers and grandfathers all day.

continued on page 54



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<p>KETEL ONE Vodka \$39⁹⁹ 1.75 Liter <small>Cash & Carry Only. Coupon Must Be Presented at Checkout. Cannot be Combined With Any Other Offer. Expires 6/19/18</small></p>	<p>TITO'S Vodka \$29⁹⁹ 1.75 Liter <small>Cash & Carry Only. Coupon Must Be Presented at Checkout. Cannot be Combined With Any Other Offer. Expires 6/19/18</small></p>	<p>DEWARS White Label \$39⁹⁹ 1.75 Liter <small>Cash & Carry Only. Coupon Must Be Presented at Checkout. Cannot be Combined With Any Other Offer. Expires 6/19/18</small></p>	<p>CAVIT Pinot Grigio \$13⁹⁹ 1.5 Liter <small>Cash & Carry Only. Coupon Must Be Presented at Checkout. Cannot be Combined With Any Other Offer. Expires 6/19/18</small></p>
<p>GREY GOOSE Vodka \$49⁹⁹ 1.75 Liter <small>Cash & Carry Only. Coupon Must Be Presented at Checkout. Cannot be Combined With Any Other Offer. Expires 6/19/18</small></p>	<p>BEEFEATER Gin \$37⁹⁹ 1.75 Liter <small>Cash & Carry Only. Coupon Must Be Presented at Checkout. Cannot be Combined With Any Other Offer. Expires 6/19/18</small></p>	<p>SVEDKA Vodka \$19⁹⁹ 1.75 Liter <small>Cash & Carry Only. Coupon Must Be Presented at Checkout. Cannot be Combined With Any Other Offer. Expires 6/19/18</small></p>	<p>20% OFF ANY 1 BOTTLE OF WINE <small>Cash & Carry Only. Coupon Must Be Presented at Checkout. Cannot be Combined With Any Other Offer. Expires 6/19/18</small></p>

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Long Island Museum 2018 Calendar

continued from page 53

June 19, 10 a.m. – 12 noon Senior Tuesday

Seniors 62 and older take a FREE, self-guided tour of *Larry Rivers and the Rise of Universal Limited Art Editions* on display in the ART MUSEUM.

June 21, 6-8:30 p.m. Summer Thursday

Enjoy printmaking with museum educators and sample seasonal libations with the Port Jeff Brewing Co. FREE admission. Beer available for purchase.

June 24, 2 p.m. ULAE: Gallery North and LIM collaboration

Lorena Salcedo-Watson begins with a talk and gallery tour of the *Revolution in Printmaking: Larry Rivers and Universal Limited Art Editions* exhibition at LIM. Con-

tinue with a printmaking demonstration at Gallery North. Salcedo-Watson's expertise with ULAE gives participants a unique, multi-layered experience.

June 28, 6:30 p.m.
The Long Island Museum welcomes Loudon Wainwright III in concert on the museum grounds. Bring blankets or chairs for seating. Rain or shine. Purchase VIP tickets and enjoy pre-concert dinner (5 p.m.). Contact Regina Miano at 631-751-0066 x247 or rmiano@longislandmuseum.org for details.

EXHIBITIONS

Wanderlust Through June 3, 2018

Amateur and professional artists were invited to submit up to three images for the contest

using the desire to travel as their inspiration. A panel of museum staff selected the finalists to make up the exhibition and winners for 1st, 2nd and 3rd places, along with a few honorable mentions were selected.

Through September 3, 2018 Perfect Harmony: The Musical Life and Art of William Sidney Mount.

William Sidney Mount (1807-1868) formed organic and everlasting bridges between his two chief passions in life – art and music. This exhibition sheds new light on the confluence of these creative worlds. Music takes center stage in a wide variety of the artist's most famous paintings, revealing attention to proper musical posturing and his pursuits as a fiddler, a fife player, a collector
continued on facing page

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ARTS & ENTERTAINMENT

continued of folk songs and a violin designer. His assimilation of these two passions: art and music, prompted his first biographer, Edward Buffet to describe him as "a rustic Leonardo."

**Through September 3, 2018
Revolution in Printmaking:
Larry Rivers and Universal
Limited Art Editions (ULAE).**

In 1957, at a small printmaking workshop based inside a cottage in West Islip, L.I., artist Larry Rivers (1923-2002) and poet Frank O'Hara (1926-1966) began their famed lithographic project *Stones*, a groundbreaking but playfully approachable convergence of words and imagery. *Stones* was published two years later as a 13-page portfolio by Tatyana Grosman (1904-1982), a Russian immigrant, who was

able to get Universal Limited Art Editions printing concern off the ground. The exhibit focuses on the vital influence of Rivers and the growth and continued sustainability of ULAE, still based in Suffolk County. Over the decades ULAE has worked with a wide range and style of young, ambitious, talented, and internationally-famed artists that have included Jasper Johns, Robert Rauschenberg, Cy Twombly, Helen Frankenthaler, Marisol and Jim Dine. The exhibition features nearly 70 works of art – paintings, lithographs, intaglios, monoprints – from these artists and many more.

Ongoing

THE CARRIAGE MUSEUM

Eight galleries housing more than 100 horse-drawn vehicles and related artifacts explore the his-

tory of transportation before the automobile became the everyman's primary mode of transportation in the U.S.

**Bayman's Art
Ongoing**

VISITOR'S CENTER

The Bayman's Art gallery replicates an authentic Long Island wetlands environment as a "natural habitat" for the display of shorebirds and duck decoys. An early 20th century bayman's shack, complete with tools, furnishings and decoys in various stages of completion, illustrates the process and methods used by carvers. A wonderfully preserved North Shore duck boat and a saltmarsh diorama is based on Effie's Hole, a small cove in eastern L.I. where duck hunting was a mainstay of life.

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Email: stjamescivic@yahoo.com



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Programs Offered at the Library

The Smithtown Library offers a variety of programs during the upcoming weeks and months. The Library has **one number (631-360-2480)** which will connect callers to all four Library buildings. The Main Building, is located at 1 North Country Road, Smithtown. The Nesconset Branch (Administration Business Office) is located at 148 Smithtown Blvd., Nesconset. The Commack Branch is located at 3 Indian Head Road, Commack. The Kings Park Branch is located at 1 Church Street, Kings Park. Call for Library hours.

For more information visit the library website at www.smithlib.org.

You may register at the above phone number for programs unless otherwise noted.

REGISTRATION INFORMATION

In-person, online and telephone registration for all programs is required and begins one month prior to program date unless otherwise noted. Programs that require fees can be paid by credit card, cash, check or

money order to the Smithtown Library. To pay by credit card, use the online payment option. For more information about paying by credit card, see the library website www.smithlib.org. If paying in cash, please bring exact change only. Program fees are non-refundable and non-transferable. Check the Library's calendar or contact your local building for availability. *Out of district residents should call the Library for program availability.*

3D PRINTERS

The Library's 3D printers, donated by the Friends of The Smithtown Library, are available at all four Library branches. Patrons can submit a 3D Printer Use Form to request to have a design printed. These requests are reviewed to ensure they comply with the Library's policy, then sent to the requested pick-up location for printing. For further details, please call the Reference Desk at any of the branches or visit www.smithlib.org/adults/3d-printing.html.

MOVIES AT THE LIBRARY

NESCONSET

Call for movies, dates and times.

SMITHTOWN

Fri., May, 18, 2 p.m.

The Greatest Showman

Rated: PG, Runtime: 105 min.

Fri., May 25, 2 p.m. and 6:15 p.m.

The Shape of Water

Rated: R, Runtime: 123 min.

Call for additional dates, times and movies

BOOK DISCUSSION GROUPS

Smithtown

Book Discussion Group

SMITHTOWN

Thurs., May 17

10:15 a.m.-12:15 p.m.

Hillbilly Elegy by J.D. Vance

No registration required.

Tea-rrific Reads Book Discussion

NESCONSET

Tues., May 22,

2:15-3:15 p.m. or 7:15-8:15 p.m.

The Mother's Promise

by Sally Hepworth.

Registration encouraged.

Killer Reads

Book Discussion Group

NESCONSET

Call for books, dates and times.

Registration encouraged.

Sports Pages

Book Discussion Group

NESCONSET

Mon., June 4 10:30-12:30 p.m.

American Pharoah by Joe Drape.

No registration required.

BUS TRIPS

Vanderbilt Mansion and Planetarium Bus Trip

SMITHTOWN

Tues., Jun. 26,

9:45 a.m.-4:30 p.m.

Fee: \$85 per person includes

lunch and all expenses and gratuities.

Enjoy a guided tour of William K. Vanderbilt II's 24-room,

continued on page 58

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EMERGENCY APPOINTMENTS TAKEN



HEALTH VIEWS by Gregory R. Thomaier, D.C., C.C.S.P.

This article is part of an ongoing series presented in order to bring you the very best and latest information about exercise, health and diet.

What Your Posture Is Saying About You

May is Posture Month and for a good reason! Posture is known as the window to your spine. Great insight can be achieved by assessing a person's posture.

The static posture assessment is used as a basis for identifying musculoskeletal imbalances. This assessment gives us an overall view of the body and its orientation and provides us with information of areas that might need further evaluation. Further evaluation will give us insight into whether the dysfunction is the result of a biomechanical issue or the result of poor muscular recruitment.

Poor postural habits, chronic repetitive movement, acute injury, post surgical scar tissue and the incomplete rehabilitation of an injury, to name a few, can cause chronic muscle imbalances and alter a persons static posture. Whatever the cause of dysfunction, the body will continually adapt in an effort to produce for



what is being demanded. This adaptation recruits muscles not designed for the primary function and leads to imbalances which eventually leads to further dysfunction and tissue damage.

Poor postural habits due to compensation could easily be developed without even realizing. Chronically loading one side of your body with a heavy book bag, pocketbook or briefcase can easily create an imbalance. Poor sit-

ting habits as well as maintaining a prolonged sitting position at a desk or with driving can lead to muscle imbalances. Postural imbalances are also easily created in the gym by people who focus on working out one muscle group more than another. The acute injury creates an immediate imbalance by compensation, but failing to completely rehabilitate the injury can lead to a chronic compensation with altered biomechanical function and causing a painful dysfunction. It is not uncommon to see a patient present with a knee or lower back issue that is due to altered biomechanics from an older ankle/foot injury.

Assessing your static posture can give good insight into the dysfunction that may be attributing to the symptoms of inflammation, discomfort, or poor performance and can assist in determining an effective intervention to restore a pain free function.

Member:

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- International Chiropractic Association
- Council on Diagnostic Imaging
- American Chiropractic Association Sports Council
- NYS Chiropractic Association
- American Medical Athletic Association

GENTLE EFFECTIVE TREATMENT OF:

- Back/Leg Pain (Sciatica, Disc Problems)
- Neck/Arm Pain (Numbness, Tingling)
- Whiplash Injuries
- Sports Injuries
- Pinched Nerves
- TMJ Disorders
- Scoliosis
- Headaches

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- No Fault (Auto)
- Union Plans
- Major Medical
- etc...

Library Programs

continued from page 56
Spanish-Revival mansion followed by a catered lunch of wraps and salads under a tent on the mansion grounds. After lunch patrons will enjoy a Planetarium show and then depart for the Library at 3:30 p.m. Meet the bus in the Smithtown Main Building parking lot at 9:45a.m. *Registration is ongoing and open to all, regardless of library district, space permitting.*

ADULT PROGRAMS

CELEBRATING WOMEN'S HISTORY ON

LONG ISLAND
Long Island Room

Program Series
Smithtown
Main Building

Tuesday, June 26, 7-8:30 p.m.

The First Ladies of Long Island

Tuesday, July 31, 7-8:30 p.m.

**Lifting As We Climb:
The Women of the H.H. Garnet Memorial Home**



Tuesday, September 25,
7-8:30 p.m.

Women Airforce Service Pilots of World War II, Long Island and Beyond

Tuesday, October 23,
7-8:30 p.m.

**Suffragist "General"
Rosalie Jones and Her 1
912 Pilgrimage to Albany.**

SPRING LEMON AND THYME BREAD

NESCONSET

Thurs., May 17, 6:30-8:30 p.m.

Fee: \$10 per person

Simply Creative Chef Rob Scott will show you how to make the batter for one loaf of this delicious spring lemon thyme bread. Bring one large bowl, medium bowl, 8x4 loaf pan and rubber spatula to class.

KEEP CALM AND CRAFT ON

NESCONSET

Fri., May 18, 1-2:30 p.m.

Are you excited for the wedding of Prince Harry and Meghan Markle? Watch the wedding coverage while you paint a

festive Union Jack mason jar candle holder.

SPRING CLEANING – PAPER SHREDDING, E-WASTE REMOVAL AND SHED THE MEDS

SMITHTOWN

Sat., May 19, 9 a.m.-1 p.m.

The Smithtown Library, Leg. Leslie Kennedy's office and the Suffolk County Sheriff's office invite you to finish your spring cleaning in the Smithtown Main Building parking lot. Shredding company *A Shred Away* will provide shredding of personal papers and documents, E-waste removal will be provided by AHRC Suffolk and the Suffolk County. Sheriff's office will host Shed the Meds proper prescription drug disposal. Bring only paper documents for shredding; other materials, such as plastic, newspaper, magazines, cardboard or photographs cannot be shredded. Please do not bring televisions for E-waste removal. Shed the Meds will accept unused medications and covered

continued on facing page

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continued hypodermic needles for proper disposal. *No registration required.*

FOR THE LOVE OF POETRY - WRITING WORKSHOP

SMITHTOWN

Mon., May 21, 10 a.m.-12 noon

This is a monthly workshop on the art and craft of writing poems conducted by Gladys Henderson, Suffolk County Poet Laureate 2017-2019. These workshops will explore poetic techniques and expose attendees to new poetic pathways to create poems.

GOOGLE DRIVE AND DOCS

SMITHTOWN

Mon., May 21, 7-8 p.m.

Build documents with Google Docs, a free alternative to Microsoft Word. You will learn how to make a new document and add special features such as headers, footers, page numbers, images and more. You will also learn how to share your documents, collaborate with others and store and organize your documents in Google Drive. A Google or Gmail account is required.

SEALS IN NEW YORK

NESCONSET

Mon., May 21, 7-8 p.m.

A representative of Atlantic Marine Conservation Society will talk about the seal species we find in our local waters, the threats they face during their seasonal time here and what we can do to help them as we share our marine environment.

WRITING HER OWN HISTORY:

The Extraordinary Life of Mary Louise Booth

SMITHTOWN

Tues., May 22, 7-8:30 p.m.

Mary Louise Booth was a gifted writer and linguist with an insatiable love of learning from an early age, she spoke seven languages, translated forty-seven

books including a number of influential pro-Union titles during the Civil War, worked as a reporter for The New York Times, was involved in the woman suffrage and abolitionist movements, wrote the comprehensive *History of the City of New York*,

served as the founding editor of *Harper's Bazaar* magazine and was instrumental in securing France's gift of the Statue of Liberty. Join Tricia Foley, co-author of *Images of America, Yaphank* and Yaphank Historical Society
continued on following page

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board member and historian, as she recounts the remarkable events that defined the life of Mary Louise Booth and describes the efforts being made to preserve her childhood home as well as the rest of her important legacy.



NUTRITION BASICS FOR DISEASE AND ILLNESS

SMITHTOWN
Wed., May 23, 30, June 6, 13
10-11 a.m.

Throughout this 4-week program learn how to maintain healthy nutrition no matter your health condition.

SENSORY FRIENDLY FILM

NESCONSET
Fri., May 25, 1:30 p.m.
Spider-Man: Homecoming
PG-13; runtime 133 minutes

You are invited to a sensory friendly showing of a film on the big screen. The lights will be slightly turned up and the sound slightly lower to ensure a comfortable and relaxed setting for all. This program is suitable for patrons with sensory issues, those on the autism spectrum or those who have other special needs. As with all of our programs, all patrons are welcome to attend.

Library Programs

POP-UP GAME DAY

NESCONSET
Thurs., May 31, 1:30-4 p.m.
Enjoy an extra afternoon of Game Day this month. Tables, chairs and a variety of games will be provided. Meet friends here or make new ones. *No registration required.*

HEALTHY TRAVEL MEALS

SMITHTOWN
Thurs., May 31, 7-8:30 p.m.
Traveling for work or vacation can be challenging. There are some steps that you can take to eat right while you're away.

INTRODUCTION TO MICROSOFT EXCEL

SMITHTOWN
Sat., June 2, 9, 9:30-11 a.m.
Fee: \$5 per person
Learn the basic applications included in the Microsoft Office package for Excel during a dual session introduction.

ONE LITTLE RIVER, THE STORY OF THE CONNETQUOT RIVER - MILLIONAIRE'S SPORTSMEN'S PARADISE

SMITHTOWN
Sat., June 2, 2-3 p.m.
Learn about the sister of the Nissequogue River, the Connetquot River, from the time of the Native Americans through recent history. Local author Robert G. Giffen will discuss the geol-

ogy of the area as well as the famous who fished the river.

SMALL BUSINESS DEVELOPMENT CENTER COUNSELING

SMITHTOWN
Mon., June 4, 1:00, 2:00 or 3 p.m.

Want to start a business or improve the performance of an existing one? Register for a one-on-one appointment with a member of the Small Business Development Center for high quality business consulting and training.

GOOGLE CALENDAR

SMITHTOWN
Mon., June 4, 7-8 p.m.
Keep your personal and professional life organized with Google Calendar. Learn how to create events, set reminders, invite others to your events and share your calendar. A Google or Gmail account is required.

RECORDING BROADWAY - AN EVENING WITH THOMAS Z. SHEPARD

SMITHTOWN
Thurs., June 7, 7-8 p.m.
Winner of 12 Grammy Awards, Thomas Z. Shepard is the nation's pre-eminent producer of Broadway cast albums. This presentation by Shepard will offer a behind-the-scenes look at Broadway and the men and
continued on page 62

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RELATIONSHIPS BUILT ON HONESTY, INTEGRITY AND TRUST

Library Programs

continued from page 60 women who have made it an American institution. He will discuss the shows recorded and the people he has worked with, including Stephen Sondheim, Angela Lansbury, Julie Andrews, Barbara Streisand and more.

BOARD GAMING FOR ADULTS SMITHTOWN

Fri., June 8, 5:30-8:30 p.m.

Enjoy a variety of games, from board games to brain-teasers, social deduction to deep strategy games. Bring a game and a friend or make new friends and try out one of the library's games.

THE UN-BELIZE-ABLE TURNEFFE ATOLL

SMITHTOWN

Fri., June 8, 7-8 p.m.

Located 20 miles offshore from Belize City, the Turneffe Atoll is one of three atolls found on the Belize Barrier Reef. "Dive" along with the Fish Guy Chris Papparo as he explores this pristine environment through pictures and videos showing the many fascinating creatures that call this reef home.

WELCOME TO MEDICARE

SMITHTOWN

Tues., June 12, 7-8:30 p.m.

Learn about the different types of Medicare and the application process as well as other important information. This program is not endorsed by the United States government or Federal Medicare program.

CHESS 101

NESCONSET

Thurs., June 14, 21, 28

6:30-7:30 p.m.

Fee: \$6 per person

A representative of LI Chess Nuts Association will offer basic instruction in the game of chess, followed by as needed assistance in one-to-one games.

THE FIRST LADIES OF LONG ISLAND

SMITHTOWN

Tues., June 26, 7-8:30 p.m.

Of the 47 women who have served as America's First Lady, five - Julia Gardiner Tyler, Edith Kermit Roosevelt, Anna Eleanor Roosevelt, Jacqueline Bouvier Kennedy and Barbara Pierce Bush - had strong ties to Long

Island. Learn which of these women were born on Long Island, which one was known as "The Rose of Long Island" before marrying a President 30 years her senior, which one was her husband's childhood playmate and which one is consistently ranked highest by historians in the field. Writer, educator and historian Elizabeth Kahn Kaplan will share these and many other intriguing details as she discusses the fascinating lives of these very different First Ladies of Long Island. *Registration is ongoing.*



GROUP OUTING WITH THE DUCKS

SMITHTOWN

Sat., Aug. 4, 5:30-10 p.m.

Fee: \$12 per person

Enjoy discounted ticket access to a Long Island Ducks game against the Road Warriors. Following the game there will be a fireworks show. Patrons will meet a staff host at the facility and sit in a pre-selected set of seats. There is no fee for parking. Pick up tickets between July 23 - August 3 at the Smithtown Main Building. Smithtown Library patrons may register now; starting on June 1, all may register regardless of library district, space permitting.

ONGOING ADULT PROGRAMS

ADULT GAME DAY

SMITHTOWN

Fridays, 11 a.m.-1:30 p.m.

NESCONSET

Mondays, 12-3 p.m.

Call for additional dates and times.

We provide the space, tables and chairs. Bring your friends and board or card games to play. Space is limited and is available on a first-come, first-served basis. *No registration required.*

continued on page 64

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Library Programs

continued from page 62

ADULT WRITERS GROUP

SMITHTOWN

Call for dates and times

Meet each month to share ideas and get feedback on your latest efforts. Program is free and open to all regardless of library district. *No registration required.*

ART GROUP

SMITHTOWN

Tuesdays, 12-2:15 p.m.

Call for dates and times.

Weekly group will work on independent projects. *No registration required.*

OPEN KNIT AND CROCHET NIGHT

SMITHTOWN

Tues., May 1, 5-7:30 p.m.

Join this local group and enjoy a friendly and informal get-together. Experienced crafters and beginners are welcome. *No registration required.*

DEFENSIVE DRIVING

Telephone, online and in-person registration for the next two months of classes is ongoing. Classes are open to Smithtown Library cardholders only until one week prior to the program, when, space permitting, all individuals regardless of library district are welcome to register. Open to all adult drivers regardless of age. Please bring your license to class. Must have a library card to register; one registration per library card.

AARP Classes

SMITHTOWN

Thurs., June 14, 9:30 a.m.-4 p.m.

NESCONSET

Call for dates and times

KINGS PARK

Call for dates and times

AARP members must bring their valid AARP membership card. Check or money order only made out to AARP is due to the instructor at the beginning of class. Fee: \$20 with an AARP membership card; \$25 without.

New York Safety Training Associates

KINGS PARK

Mon., June 4 & Tues., June 5, 5-8:30 p.m.

Check or money order only made out to N.Y.S.T.A. Inc. is due to the instructor at the beginning of class. Fee: \$25 per person, \$22 for high school students with student ID.

TEEN PROGRAMS GRADES 6-12

The Smithtown Library offers a variety of programs geared toward teens. Join one or join all – you're sure to have a great time! *(In-person, online or telephone registration for all programs is required and ongoing.)*

VOLUNTEER OPPORTUNITIES

A variety of volunteer opportunities will be offered at the Library throughout the year. One hour of community service will be given. *Register for this program. Call for dates and volunteer opportunities.*

Homework Helpers

NESCONSET

Thurs., May 17, 4:30-5:30 p.m.

Volunteers in grades 9-12 will work one-on-one with children in grades K-5 assisting them with homework and studying. All volunteers must submit an application and a letter of recommendation prior to the start of the program. The application is available at both the Adult and Children's Reference Desks of the Kings Park and Nesconset Buildings.

Painted Bookends Volunteers

SMITHTOWN

Tues., May 22, 4:30-5:30 p.m.

Come and help decorate the Teen Room by painting bookends. After they're painted and sealed, the bookends will go back on the shelves to hold up

books with a new sense of style.

REGENTS REVIEW CLASSES

Prepare for this year's Regents Exams at your Library. Review materials will be given out at the class. Register now. *Fee: \$10 per person, per class.*

Classes include: *Global History and Geography; Earth Science; English Language Arts; Algebra 1; Geometry; Living Environment; Algebra 2; Physics; Chemistry.*

KEEP CALM AND RELAX ON

SMITHTOWN

Thurs., May 17, 7-8 p.m.

Final exams are just around the corner so stop by the Library to de-stress. Make calming jars and stress balls to help get you through the rest of the school year.

STRANGER THINGS JEWELRY

NESCONSET

Fri., May 18, 4:15-5 p.m.

Turn back the clocks to the 1980s. Design and bake charms using Shrinky Dink paper and beads.

WOODEN CHALKBOARD DECOR

NESCONSET

Tues., May 29, 6:30-7:30 p.m.

Using cuts of wood, paint and design ornaments you can use all year.

CHILDREN'S PROGRAMS

Register in person, online or by phone for all Children's Programs – 631-360-2480 unless otherwise noted. Call the Library for dates and times and age restrictions for ALL programs.

Visit the Library website at www.smithlib.org for a complete program listing and additional details or go to the Library and pick up a program flyer.

Note: Each child must have his/her own Library card to register for programs.

continued on facing page

ARTS & ENTERTAINMENT

continued

For School Age Children

A variety of literature-based programs which include a wide range of activities are offered throughout the school year. Each children's department provides specialized programs, unique to each branch.

MRS. BEE AND THE BUZZ ABOUT BEES

SMITHTOWN (5-12 years)
Fri., May 18, 7-7:45 p.m.

Join Mrs. Alexander from Nissequogue Apiaries on a fascinating journey through the honey bee hive. Learn how to be a beekeeper, try on real beekeeper's equipment and taste two different kinds of honey from different flower sources. A special traveling hive will provide an up close view of honey bees hard at work.

SPARKLE SLIME

NESCONSET (9-12 years)
Sat., May 19, 11:30-12:15 p.m.
Mix and mold secret ingredients to make a polymer that is shiny and slippery.

AUTHOR READING WITH CINDY SOMMER

SMITHTOWN
(families w/children under 8 years)
Sat., May 19, 11-11:45 a.m.

Long Island author Cindy Sommer will be reading her children's book, *Saving Kate's Flowers*. Join Kate in her mission to save the garden flowers from dying before winter and learn all about the difference between perennial and annual flowers. Copies of the book will be available for purchase and signing.

TODDLER SPRING PROM

SMITHTOWN (2-4 years w/adult)
Sat., May 19, 3-3:45 p.m.
Dress your little one up for a fancy dance party celebration to welcome spring. A snack will be served.

OVER THE RAINBOW

SMITHTOWN (2-4 years w/adult)
Wed., May 23, 2:30-3:15 p.m.
Enjoy stories, rhymes and an art activity about rainbows.

PATRIOTIC BEADS

SMITHTOWN (8-12 years)
Wed., May 23, 4:30-5:15 p.m.
Get ready for Memorial Day with a fun and fashionable way to show your American pride. Create your own beaded American Flag pins perfect for wearing or handing out during your Memorial Day festivities.
continued on following page

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Library Programs

continued from page 65

YOUNG AT ART

NESCONSET

(12-30 month w/adult)

Thurs., May 24, 10-10:45 a.m.

OR 11:15 a.m.-12 noon.

Explore and discover art with your toddler through hands-on activities and fine motor fun. Each child will take home their own masterpiece. *Dress to make a mess.*

LOL STORYTIME

SMITHTOWN (5-7 years)

Thurs., May 24, 4:30-5 p.m.

Listen to funny stories and jokes that will surely have you laughing out loud.

BABY'S FIRST STORYTIME

NESCONSET

(Birth-11 months w/adult)

Fri., May 25, 10:30-11:15 a.m.

Introduce your little one to the Library. Enjoy simple songs, fingerplays and stories, just for baby. Stay and play afterwards and meet your neighbors.

FLUTTERBY BUTTERFLY

NESCONSET (3-5 years w/adult)

Wed., May 30, 2:30-3:15 p.m.

Flutter down to the Library for crafts, stories and movement activities that will transform you into a beautiful butterfly.

ZOO ANIMAL FUN

SMITHTOWN (3-5 years w/adult)

Thurs., May 31, 2:30-3:15 p.m.

Hear fun stories about zebras, giraffes, monkeys and more in this fun story and craft program devoted entirely to zoo animals.

BUGGIN'

NESCONSET (2-4 years w/adult)

Friday, June 1, 10:30-11:15 a.m.

Bug out with books and art projects that will make you creep, crawl and do the beetle bop.

ONGOING PROGRAMS

Art Starts

SMITHTOWN (2-4 years w/adult)

Call for dates and times.

NESCONSET (2-4 years w/adult)

Wed., May 23, 3-3:45 p.m.

Different crafts encourage children's eye-hand coordination and gross and fine motor skills development as they explore a variety of materials; includes stor-rytime. *Dress to make a mess.*

ArtSpace

SMITHTOWN (8-12 years)

Thurs., May 17, 4:30-5:15 p.m.

Call for additional dates and times.

This program encourages children to explore their creativity by experimenting with a variety of artistic styles and mediums.

Creation Station

(Families w/children under 12)

SMITHTOWN

Saturdays, 10 a.m.-3 p.m.

Come to the Library during these hours and complete some cool crafts.

Hip Hop Tots

NESCONSET (2-4 years w/adult)

Monday, May 21, 10:30-11 a.m.

Come get jiggy with your little one through creative movement, dance and music. Dance and bounce along to adorable hip hop beats, favorite sing-alongs and use creative props to get moving.

Homework Help

NESCONSET (6-10 years)

Thurs., May 17, 4:30-5:30 p.m.

Let qualified teen volunteers help you with homework, studying and projects. Bring your work to the Library and leave feeling accomplished. *Registration is required for each individual date.* Please indicate which date(s) you wish to attend when registering.

LEGO League

SMITHTOWN (5-12 years)

Sat., May 26, 3-3:45 p.m.

Fri., June 1, 7-7:45 p.m.

Do you enjoy building things? Using LEGOS and your imagination, you can create and build many wonderful things. We supply the LEGOS.

Nursery Rhyme Time

(birth-35 months w/adult)

SMITHTOWN

Saturdays, May 26, June 2

10-10:30 a.m.

NESCONSET

Fri., May 18, Sat., May 19

10-10:30 a.m.

Call for additional dates and times.

Enjoy a traditional time of nursery rhymes and songs for baby. *Siblings are welcome.*



Pajama Storytime

SMITHTOWN (3-6 years w/adult)

Wed., May 30, 7-7:30 p.m.

Call for additional dates and times.

Want to come to the Library in your pajamas? Enjoy some stories and songs and bring a favorite stuffed animal if you'd like. *Siblings are welcome.*

Terrific Threes

SMITHTOWN

(36-47 months w/adult)

Thurs., May 24, 10-10:45 a.m.

Call for additional dates and times

Enjoy free play, stories, crafts and circle time. *Siblings are welcome.*

Time for Twos

SMITHTOWN (24-35 months w/adult)

Fri., May 25, 10-10:45 a.m.

NESCONSET

(24-35 months w/adult)

Thurs., May 17, 11-11:45 a.m..

Call for additional dates and times

Build social skills in a relaxed, friendly environment, includes free play, songs, stories and a craft. *Siblings are welcome.*

continued on page 90

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- Firefighters from BOTH firehouses AGREE that emergency response times would get WORSE and make St. James LESS SAFE if the Main Firehouse is sold.
- MINUTES MATTER when a house is on fire or a resident is having a heart attack.
- If the Main Firehouse is sold, it will HURT TAXPAYERS by selling a public asset for less than full market value.
- If the Main Firehouse is sold and replaced by a store like CVS, it will RUIN the HISTORIC CHARACTER of ST. JAMES.

How Designers “Do It”



by Natalie Weinstein, Allied ASID, IDS

Our design firm, in business for over four decades, has a system and an order

of things that helps our clients understand the steps and process of creating a well-designed home. Sharing this with you, dear reader, might, hopefully, help you avoid the pitfalls homeowners encounter when doing it on their own.

We:

- Meet with the client to talk about their style and color preference, their family dynamics, their need to renovate to properly decorate and of course, their budget (You need to determine all this before you proceed).
- Offer suggestions preliminarily for space planning, especially in a room that has many options.
- Give them a homework assignment to gather pictures of styles, colors, room settings that resonate with them.
- Send a staff designer to field measure the spaces in the design project as well as the furniture that might remain, and take pictures – lots of pictures.
- Enter these dimensions into the computer so it is exactly “to scale.” If a furniture layout doesn’t work in the scale drawing, it won’t work in the room (You can do this exercise, by hand, on graph paper, but it takes a little practice).
- Based on client’s input, create a “look book,” by room, incorporating existing furniture, if any, with suggested items that we research before we actually go shopping.
- Establish a color scheme, starting with area rugs or existing



furniture to determine paint and wallpaper palette.

- Select and meet at the job site with all subcontractors needed to get real estimates to place into the budget proposal.
- Create a line by line budget estimate based on selections.
- Shop with clients at sources best suited to their needs and style.
- Order products and services based on client’s approval.
- Pass on designer costs to our clients.
- Set up a timeline for the project.

And finally, we meet in the space to ensure a clear understanding of how the project will be managed, executed and completed.

It sounds like a lot of work – and it is! These steps, and the preparation, in between, is what ensures a happy client and a seamless project, saving time and money. Designing looks easy but many’s the time one mistake can bring on the domino theory. Research and time must be spent to get the desired results whether done by the homeowner or a professional. With our busy schedules today, we want to look for short cuts, but what we don’t want is to act in haste and have

to live with – and look at – our folly every time we come home!

Why is it worth the effort? Your home and its improvement can bring you dollars down the road by increasing its value, but more importantly, it is a reflection of you and sets the tone for your family’s life together. Everyone should and can live in a home that nurtures and empowers no matter what the budget. Investing in it is investing in you. So whether you choose to have a professional or make the time to be your own interior designer, start by cleaning up the clutter, getting organized, and doing your homework!

Editor’s Note:

Natalie Weinstein is an Allied ASID, IDS interior designer, media personality, author, speaker, and president of Natalie Weinstein Design Associates, a full service interior design firm (www.natalieweinstein.com). She is also owner of Uniquely Natalie, a quality consignment furniture and accessory shop in St. James. Join www.nataliesclub.com for FREE seminars, tips, and discounts. For more information about Natalie Weinstein Design Associates, call 631-862-6198 or email at info@natalieweinstein.com. For more information about Uniquely Natalie Quality Consignment, call 631-686-5644 or visit www.uniquelynatalie.com

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ST JAMES. Beautiful updated 3 BR, 2 bath home in the heart of St. James. Lovely hardwood floors with custom moldings throughout. Newer bathrooms. CAC. Set on 1/4 acre on quiet mid block location. **\$449,990.**



ST. JAMES. Mills Pond Estates. Young 5 BR, 3 bath Ranch. Basement with hardwood floors, cathedral ceilings. Many updates including roof, heating system, driveway, CAC, etc. Gorgeous level property, shy 1 acre. Fabulous location. **\$715,000.**



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Get Out and Garden!

by June A. Liardi

"It is the month of June, the month of leaves and roses when pleasant sights salute the eyes, and pleasant scents the noses."

N.P. WILLIS

This is the time you can get all of your planting done, I think our nice weather is finally here. When planting your annuals, pinch off some flowers and flower buds and the growing tips. This will put more energy into growing roots. To help promote the most and biggest flowers on your annuals, feed them in early summer with a fertilizer that has a higher middle number. You can do this once or twice a month for the rest of the season. Make sure to deadhead as blooms fade.

Before planting new perennial plants, get the garden soil ready by adding compost and cultivating the soil. When choosing perennials, choose those that are not in bloom. Water the potted plants prior to planting them and make sure the garden bed is watered too. It is a good idea to plan out exactly where each plant will go. Set all the pots in place, stand back and make sure that is the way you will want them to grow. It is easier than having to dig any plants up later on.

When digging the hole, dig it at least twice as wide as the pot, this will allow the roots to get into the loosened soil quicker, and thus grow better. Dig the hole as deep as the depth of the pot it came in.

If the plant won't easily come out of its pot, gently tap it on the ground or lay it down sideways and gently press around the sides to loosen the soil. You want to keep the soil and roots intact as much as possible. Then with your fingers loosen up the roots a little. Place the plant in the hole making sure you don't set the crown below the soil line. Fill in



soil around the root ball, water around the plant, not on the crown. Let the water sink in and then backfill with the rest of the soil. Gently firm down the soil around the plant to get rid of any spaces in the soil. Keep the plants watered, but do not over water. You can apply a layer of mulch to conserve water.

You can mulch the vegetable garden too, this will help to keep weeds away and keep the moisture in.

Fertilize your container and houseplants regularly as nutrients are washed away with each watering.

Keep picking squash, beans and cucumbers when they are young and tender and to encourage the plants to keep producing.

If you have foxgloves blooming, collect the seeds, scratch the soil, and scatter the seeds and lightly cover with soil. The seedlings that sprout will be blooming next year.

You can catch the slugs that are eating your hostas with a hollowed out half-cantaloupe. Just place it near the hosta and check it at noon every day, then just discard the slugs.

As temperatures rise, be on top of watering, especially your container plants. Keep weeding too.

Those big colorful caterpillars on your parsley will turn into

swallowtail butterflies so let them munch, if you can, or better still, plant extra so you'll both have plenty.

Once all these caterpillars become butterflies they will need some flowers to visit. Here are some of their favorite flowers: alyssum, carnation, cosmos, echinacea, foxglove, lobelia, monarda, nasturtiums, phlox, rudbeckia, sunflower and zinnia. So go ahead and feed, and house, your garden insects.

As everyone can see, the deer population in our area is increasing and as such they are starting to nibble on the plants in our front yard. They took care of all of my tulips this year and did a good job on the day lilies too. Last year they found my Swiss chard quite appealing. This year I am going to try a few things to deter them. I am planting marigolds and herbs around the perimeter of the beds. I also have leeks, onions and other strongly scented vegetables. They also do not like prickly leaves so I will try squash and cucumbers. I will let you know how it worked out by the end of the season. Good luck with your gardens!

Editor's Note:

June Liardi, a St. James resident for over 30 years, is a wife and mother of three sons. June will be writing articles on gardening, nature related craft projects and family activities.



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The Whales are Back!

by Sally Wellinger

Many years ago, whales were an important part of Long Island and its waters. Sadly, due to over hunting and the water quality affecting food sources, the number of whales dwindled around Long Island. Due to conservation efforts, an increase in food sources for whales, and other factors, some whale populations are bouncing back. Although it's exciting that whales are more frequently spotted in the Long Island Sound and Atlantic Ocean near Long Island, there is a need to understand the behaviors and basic needs of these whales and reassess some ways we use the waterways.

In the area called the New York Bight, which is the water in the nook between the shore of New Jersey, New York City, and the south shore of Long Island, there is a dramatic increase in whale sightings. As exciting as that seems, there is a problem in that the Port of New York is the third busiest port in the United States. Whales can be very fast for their vast size, but not fast enough to move away from a large vessel. Sadly last year, there were 14 whale deaths on Long Island and most of them were due to boat strikes. In 2016, there were four whale deaths on Long Island. Fourteen whales do not seem like many, but most of the whales in waters around Long Island are endangered or critically endangered. It is believed that there are fewer than 500 North Atlantic Right Whales left and last year 15 of these whales were reported dead due to ship strikes and net entanglements between Canada and the United States. A whale that has died can be tricky to dispose also, since they tend to be over 30 feet long and weigh over 20 tons. Scientists and other organizations are working hard to find a plan to keep the flow of transportation at our port, but create a



Humpback whale

safe environment for whales.

Even though we have some problems to be solved, spotting a whale can be exciting. Two types of whales most commonly seen are the humpback whale and the fin whale. They are both whales with baleen, so they eat small fish and plankton. Instead of teeth, these whales have long strips of keratin that work like a brush or a strainer to capture large amounts of plankton and fish. These whales show up where there are schools of small fish. Over the past few years, due to conservation efforts, there has been an increase in these fish such as herring, menhaden, and other organisms like krill in the water around Long Island. The fin whale will scoop these fish up and push the water back out through the baleen, using their tongue. The humpback whale uses a different feeding technique. Two or three humpback whales will swim in a circular motion creating bubbles which trap the fish for them to eat, we call that a "bubble net." Even though they are often seen around Long Island, both of these whales are endangered.

One whale that we rarely see but is often around Long Island is the minke whale. These whales are not endangered, but we do not see them because they tend to hang out in deep water near deep water canyons out past Montauk. Right whales are an-

other whale that is rare to see but occasionally spotted around Long Island. Unlike the minke whale, the right whale is not seen often because there are less than 500 left in the Atlantic. Scientists feel that there are so few right whales left that it may be hard for them to recover. Blue whales, sei whales, and sperm whales are three other types of whales that are occasionally spotted off Long Island. On rare occasions, other types of marine mammals have wandered to the Long Island shores including three beluga whales in 2015 and a killer whale in 2012.

The best way to spot a whale is to go on a whale watch cruise. Gotham Whale starts their whale watch cruises this month in the New York City area and CRESLI will begin their cruises July 1st out of Montauk. These are not-for-profit organizations run by scientists, so a great place to learn about whales. If you see a distressed or beached whale, call the Atlantic Marine Conservation Society at 631-317-0030. Now is the best time to spot a whale, from late winter through early fall. *Happy whale watching!*

Editor's Note:

Sally Wellinger, a St. James resident for over 30 years, is a wife and mother of four children. She is a NYS Elementary teacher certified in PK-6 grade, Biology and General Science grades 7-12 and is an outdoor environmental educator. Sally will be writing nature inspired articles each month.



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Here's a Checklist for Changing Jobs

by Scott Posner,
CFP, CRPC, A.A.M.S.

A few generations ago, it was not uncommon for workers to stick with a single job for their whole careers. But for many of us today, frequent job changes are a fact of life: The average employee tenure is just over four years, according to the Bureau of Labor Statistics. So, assuming you're going to switch jobs a few times, you'll want to be prepared. Here's a checklist of things you can do to smooth these transitions and help your financial situation:

— **Build an emergency fund.**

Some of your job changes may be involuntary, so you'll want to have a cash cushion handy – just in case. One smart move would be to build an emergency fund, containing three to six months' worth of living expenses, with the money kept in a liquid, low-risk account.

— **Consider your options for your former employer's 401(k) plan.**

If you had a 401(k) plan with your former employer, you have three main options: You could leave your money in the plan, if the employer allows it; you could move the money into your new employer's plan, if permitted; or you could roll the funds over to an IRA. You'll want to weigh the "pros" and "cons" of these choices carefully before making a decision.

— **Choose investments from your new retirement plan.**

If your new employer offers a 401(k) or similar plan, you'll need to choose the investments within the plan that are most appropriate for your goals, risk tolerance and time horizon. Contribute as much as you can afford to the plan, and consider increasing your contributions every time your salary goes up.



— **Make sure you've got health insurance.**

The health insurance offered by your new employer may not begin the minute you start your job. Given the high costs of medical care, you'll need to make sure you are protected until your coverage kicks in. So, for that interim period, you may need to consider the federal health insurance marketplace, COBRA continuation coverage or private medical insurance. You might also be eligible to be covered under your spouse's health insurance. And you may want to learn what your options are for health savings accounts (HSAs), if available.

— **Review your new benefits package – and take steps to fill gaps.**

Your new benefits package may include life and disability insurance, but these group policies may not be enough to fully protect you and your family. A financial professional can help you quantify your protection and insurance needs and offer guidance on how much coverage you may require.

— **Understand your income tax considerations.**

Getting a new job may involve income tax implications, such as changes in your tax bracket, severance pay, unused vacation and unemployment compensation. And if you are thinking of exercising stock options, be aware that this, too, can be a taxable event. Finally, if you have to move to take a new job, you may incur some relocation and job hunting expenses that could be deductible. You will need to discuss all these issues with your tax professional.

Starting a new job can be exciting – and challenging. But you may be able to make your life easier by putting the above suggestions to work.

Editor's Note:

Financial Focus is a monthly feature written by Scott Posner, CFP, CRPC, A.A.M.S., an investment representative with Edward Jones Investments. This 130-year-old firm has over 10,000 offices around the world with one here in town at 542 North Country Road in the Old St. James School House. Mr. Posner has serviced both personal and institutional investors for over 32 years. For more information, or to request topics for future columns, call 631-862-2020.

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I N T H E S C H O O L S

KICKLINE TEAM RECOGNIZED FOR ONGOING SUCCESS...



The Smithtown High School East varsity kickline Whisperettes, along with their coach Sarahbeth Cook and junior varsity coach Michele Marciante, were presented with a proclamation by the office of the Suffolk County Legislator for winning their 20th consecutive national title at Contest of Champions in Orlando, Florida. This past year, the team placed first in small high kick, best in category for small high kick and were asked to do an encore performance for small high kick.

Photo courtesy of Smithtown Central School District

MILLS POND STUDENTS SWEATING FOR A CAUSE...



Fourth- and fifth-graders in the Cares Club at Mills Pond Elementary School worked up quite a sweat for a charitable cause on April 12, 2018. The students, along with club advisers and teacher volunteers, participated in a boot camp fundraiser to benefit the Crohn's & Colitis Foundation. In total, approximately 30 students were involved in the event, which required a donation of at least \$5 to participate. In addition to raising awareness about the disease, the students garnered close to \$700 in pledges. The gymnasium was set up in different stations, and students rotated throughout, doing sit-ups, planks, push-ups, relay races and jumping jacks in small groups.

Photo courtesy of Smithtown Central School District



IN THE SCHOOLS



**SMITHTOWN
STUDENTS
IMMERSE IN A
DAY OF AWARENESS...**

Holocaust survivor Werner Reich (center) spoke to Smithtown Central District 10th-graders during the annual Holocaust Remembrance and Genocide Awareness Day on April 12, 2018. The students immersed themselves in the study of what happened during the Holocaust, the Cambodia genocide, the Rwandan genocide and what is currently happening to the Rohingya in Myanmar.

*Photo courtesy of
Smithtown Central School District*

MECHANICAL BULLS RIDE ALL THE WAY TO TOP...



Smithtown Central School District's robotic team, the Mechanical Bulls (Team #810), won the FIRST Robotics Long Island Regional competition at Hofstra University on April 14, 2018. The team also won the Chairman's Award, which involved submitting a paper, doing a presentation, answering questions from the executives of FIRST while at competitions and doing community outreach. The Mechanical Bulls are the fifth team (out of more than 7,200 teams) in the 25-year history of FIRST to ever win three blue banners at one regional event.

Photo courtesy of Smithtown Central School District

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HEALTH NOTES

Stress Reactions and Stress Fractures ... What Are They?

by Dr. Hope Miller

This past Saturday afternoon while Dr. Marc and I were contemplating a nap, he received MRI results for one of his teenage patients. I sat and listened to him explain to the patient (and his dad) that a stress reaction was present in one of the bones of the lower leg. Delivering this news is not easy for us as health care providers, but it is even more difficult for our patients to accept. Ultimately it means that they have to stop doing what they love to do until the bone is healed. Needless to say, this month's article is about stress reactions / stress fractures and the confusion that surrounds the definitions of these conditions.

First, a quick and simple explanation of how the body works. When we go out and run around and do stuff, we are constantly creating little injuries inside of us. We don't necessarily feel them and the body is constantly repairing them. It's usually pretty efficient at this and repairs us faster than we re-injure ourselves. HOWEVER: there are situations where the body just can't keep up. When we train too hard for too long with

no recovery time in between there can be a price to pay. The body won't have enough time to fix the damage we have created and this sets the stage for (amongst other things) a stress reaction in a bone. Consider a stress reaction to be a bone strain. We can strain muscles and we can strain bones. The muscle strain is usually the precursor to a tear, the bone strain (or stress response) is the precursor to a stress fracture.

How will I know?

The ideal conditions include: recently starting a sport or significantly increasing the training intensity of your usual sport. Stress reactions are most common in the lower extremities because most sports or the associate training involves running. You won't know why you hurt or how it happened, just that the shin or knee or hip pain has been there for weeks or even months. You feel better with rest and worse with repetitive activity. Sometimes you can even press on it and make it hurt. If your improvement with treatment doesn't happen as quickly as we'd like, we'll send you out for some diagnostics. X-rays aren't the first choice to diagnose a

stress reaction, so bone scans or MRIs are the way to go.

Now what?

Unfortunately, the most successful treatment of stress reactions is to stop the offending activity completely for anywhere from 4-12 weeks. Alternative exercise can be utilized, such as swimming, pool running or stationary cycling-just as long as it doesn't recreate pain in the area of complaint. Even more importantly, a thorough evaluation of the athlete's training techniques should be performed to eliminate the error that caused the problem in the first place. If you or someone you know is suffering from pain and can't do things they like to do, please let us help you figure it all out. It's what we do best-

Editor's note:

Dr. Hope M. Miller is co-owner of True Sport Care, the most advanced sports injury and rehabilitation practice on Long Island. She holds a diplomate of the American Chiropractic Board of Sports Physicians and has been practicing in the St. James/Nesconset areas since 2004. True Sport Care is located at 62 Lake Avenue South in Nesconset. You can call them at 631-584-TRUE (8783). Please refer to truesportcare.com, their youtube channel, or follow them on Facebook or Instagram for any additional information.

I N T H E S C H O O L S



STORYBOOK CHARACTERS COME TO LIFE IN ST. JAMES...

Dozens of classic nursery rhyme characters came to life on stage at St. James Elementary on March 28 as the kindergarten students presented "An Adventure in Mother Goose Land." The kindergartners performed first for the school, with an encore show for family and friends.

Photo courtesy of Smithtown Central School District



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Address Your Hearing Health for National Men's Health Week

by William Kent

This year, National Men's Health Week runs from June 11-17. Hearing health affects a man's lifestyle, and if he wants to stay active, feel younger and remain socially and professionally engaged, he should address any hearing loss he may be experiencing.

Studies show that men who address their hearing loss with the use of hearing instruments or other appropriate treatment, most often improve their quality of life because it helps them maintain a more engaged, active lifestyle at both work and home. Fortunately, the vast majority of people with hearing loss can benefit from hearing instruments. In fact, eight out of ten hearing instrument users say they're satisfied with the changes that have occurred in their lives specifically due to their hearing instruments.

For decades, research has shown an association between unaddressed hearing loss and a whole range of physical, mental and emotional conditions – from depression, anxiety, and strained relationships to cognitive decline, difficulty learning new tasks, and even failing grades. A national Better Hearing Institute study, in fact, uncovered income loss as an under-recognized consequence of leaving hearing loss unaddressed. People with untreated hearing loss, the study found, lose as much as \$30,000 in income annually, depending on their degree of loss.

But the use of hearing instruments was found to reduce the risk of income loss dramatically – by 90-100 % for those with milder hearing loss, and from 65-77% for those whose hearing loss was severe to moderate. The study also found that people with severe hearing loss who do use hearing instruments are twice as likely to be employed as their peers who don't



use them.

In recent years, considerable information has emerged on the link between hearing loss and several common chronic diseases that men suffer – including heart disease, diabetes, chronic kidney disease, Alzheimer's disease and depression. While research is still needed to fully understand the association between hearing loss and these illnesses, this relatively new information makes it all the more important that men take a Hearing Check Up and include hearing health as part of their routine medical care.

Men are reminded that there are simple things they can do to protect their hearing. Listening to smartphones and MP3 players only at a low volume, and wearing earplugs in noisy environments like sporting events, clubs, concerts, or when using power tools and riding motorcycles are examples.

A Technological Transformation

Many men enjoy and keep pace with the latest in consumer electronics. It's surprising, then, to find that so many men are not fully aware of the technological revolution that has occurred in the hearing aid marketplace in the past few years. Unfortunately, the lack of awareness of recent advances holds many back from dealing with their hearing health.

Here are four little-known facts about today's modern hearing instruments that active,

youthful-minded men should know:

1. *They're virtually invisible.* Many of today's hearing instruments sit discreetly and comfortably inside your ear canal, providing both natural sound quality, and discreet and easy use.
2. *They automatically adjust to all kinds of soundscapes.* Whether it's the rustling of sheets and whispers on the pillow that you're after, easy conversation in a crowded restaurant, or the chirp of crickets on a late summer's evening, recent technological advances have made hearing instruments far more versatile than ever before and in a broad range of sound environments.
3. *You can do water sports and sweat while wearing them.* Water resistant digital instruments have arrived. This new feature is built into some newly designed hearing instruments for those concerned about water, humidity and dust. This feature suits the active lifestyles of swimmers, skiers, snowboarders, intensive sports enthusiasts, and anyone working in dusty, demanding environments.
4. *They love iPhones, Smartphones, home entertainment systems, and other prized electronics.* Wireless, digital hearing aids are now the norm. That means seamless connectivity-directly into your hearing instruments at volumes that are just right for you, from your smartphone, iPod, television, and other beloved high-tech gadgets. What's more, you own the volume. No one around you needs to be affected.

continued on page 95

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H E A L T H N O T E S

Finding Clothing and Accessories for Sensory Processing Disorder and Other Conditions

by Frank Gaeta

Sensory Processing Disorder (SPD) which in the non-medical community is known simply as a difficulty in processing sensory information, affects millions of children today in some way or another. Children with Autism, Asperger's syndrome and other conditions can have wildly varied symptoms but they all share one general common thread – they often thrive on the feel of a loving touch. Even children who at first seem to avoid touch or physical contact will usually have one individual they run to for comfort and hugs when they are hurt or scared. There is something universally comforting and reassuring in the pressure and sensation of a hug. Special needs clothing and accessories are designed to help children with a range of behavior, cognitive, and physical limitations find peace and reassurance and that calming sense of touch.

Soothing Pressure Kids Can Wear All the Day

Children of all ages who have SPD, Autism, ADHD, or other behavioral and cognitive disorders often find small seemingly normal irritants to be totally and completely devastating. Tags in shirts feel like sandpaper or barbed wire, background noises can seem much louder, bright lights and changes in lighting can be disorienting, and basic things like walking, talking and concentrating become much harder when these triggers are present. This is where pressure clothing can help. This new revolutionary clothing option is one of the most popular lines of adaptive clothing, which help offset these conditions in the following ways:

- Provides continuous deep pressure that helps calm and relax the child
- Offers the sensory input many children with behavior or cognitive disorders crave

- Supports kids and gives them the sensation of a comforting hug
- Tagless and soft fabric for maximum comfort and easy wearing

Sleep Easy With Weighted Blankets

Many children with Autism, ADHD, and learning delays and disabilities have trouble relaxing and sleeping throughout the night. One way to help calm their busy minds, relax restless bodies and sooth them into a deep restful sleep is the use of weighted blankets. The proprioceptive input impacts the key pressure points in the body and helps stimulate the body to get ready for sleep. Weighted blankets have also been found to offer several therapeutic benefits for children suffering with anxiety, autism, learning delays, behavioral issues, and sensory processing disorders. In children whose brains may not be wired normally to have good continued on facing page

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HEALTH NOTES

continued
body awareness, especially in the dark or when they are asleep, feeling the light and gently pressure of the blanket lets them know where their arms and legs are and helps them feel grounded and aware. This helps them relax and drift into a restful and soothing sleep.

Comfortable Clothes to Give Gentle Hugs

Similar to the issues that occur during sleep and the lack of body awareness and perspective, children with special needs often feel disoriented, dissociated and out of place in normal everyday settings that their peers have no problems interacting in. Weighted clothing and accessories help give that soothing and calming effect in a daytime setting such as at school or

around the house. Weighted vests, shirts, armbands, belts, and other clothing accessory pieces work much like the weighted blankets and provide that crucial stimuli the child needs. The weight acts much like a gentle all-encompassing hug and helps the child focus at school and helps them stay calm in sensory overload situations that would make them feel anxious, fearful, or distracted. The key to the successful designing of these weighted items of clothing is to make them as low profile as possible and to also make them stylish and cool looking so the child does not feel like they are being stared at or singled out among their peers as being different. Weights are safely positioned in specially made pockets and can be adjusted as needed to reach the weight displacement that is

just right for a child's unique needs and limitations.

Editors Note:

St. James resident Frank Gaeta, Jr. is the owner of Adaptive Clothes, supplying specialty clothing for special needs people of all ages. He is a member of the St. James Chamber of Commerce. After 35 years in the IT field he retired, and for the past 4 years Frank and his wife, Jennifer, have been taking care of both sets of parents with their everyday and medical needs which led him to starting Adaptive Clothes. Frank is currently writing a book on the adaptive clothes industry and has published numerous articles in trade magazines. His company (Adaptive Clothes) has donated money to the Wounded Warrior Foundation, Sloan Kettering Cancer Center, Second Wind Dreams, National MS Society, and Organization for Autism Research. For more information about Adaptive Clothes visit: www.adaptiveclothes.com or call 516-606-2154.



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HEALTH NOTES

Peroneal Tendinopathy

by Rich Greco, PT, ATC, CSCS

Overuse injuries in sports account for 50% of all injuries. A majority of overuse injuries occur in active people with 20% of injuries affecting the lower leg.

Peroneal tendinopathy is a type of overuse injury that often occurs in athletes, like long-distance runners and basketball players. Dancers, people who have had ankle sprains, or those who simply have weak ankles are also often affected

The peroneus longus muscle originates on the fibula bone, which is located on the outside of the lower leg. It wraps around the bone on the outside of the ankle (the lateral malleolus), responsible for moving the foot in an outward direction, and pointing the toe and foot downward. Together, they help to balance



and stabilize the foot and ankle. Most ankle sprains occur as a result of the ankle rolling inward. One reason for this is that the peroneal muscles and tendons are not as strong as the muscles on the inside of the ankle. If these muscles are weak, they may not be able to prevent the ankle from rolling inward. These muscles and tendons can also be overworked if the foot isn't hitting the ground in proper alignment. If the foot hits the ground

more on the outside of the foot (supination), the peroneal muscles have to work harder to stabilize the force of gravity with weight-bearing activities. Proper footwear or orthotics can help with proper foot alignment.

Peroneal tendinopathy will usually worsen with activity, such as running or walking and improve with rest. It is an overuse injury, meaning the tendons can become enlarged, thickened, and possibly swollen.

Symptoms

- An aching pain on the outside of the ankle, especially with activity
- Lateral (outside) ankle pain that decreases with rest
- Swelling or tenderness to touch behind the ankle bone on the outside of the ankle

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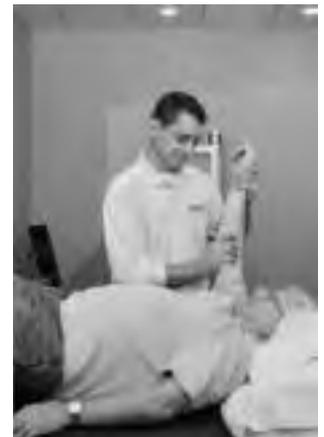
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H E A L T H N O T E S

Peroneal Tendinopathy

continued from page 84

- Pain and weakness when actively moving the foot in an outward direction or when pointing it down
- Pain when pushing off the ball of the foot during walking or running
- Pain when walking on a sloped terrain that turns the foot outward
- Pain when stretching the foot in an inward and downward direction

Treatment

It is important to get proper treatment for peroneal tendinopathy as soon as it occurs. A degenerated tendon that is not treated can begin to tear, causing a more serious condition. With an early diagnosis, physical therapy can successfully treat peroneal tendinopathy. Your physical therapist will develop a treatment plan specific to your condition and goals. Your individual treatment program may include:

Pain Management.

You will learn how to identify and avoid painful movements, allowing the inflamed tendon to

heal. Ice, ice massage, or moist heat may be used for pain management. Therapeutic modalities, such as iontophoresis (medication delivered through an electrically charged patch) and ultrasound may be applied.

Manual Therapy.

Your PT will use manual therapy (hands-on) techniques to gently mobilize the joints in your foot, ankle, and lower leg. Soft-tissue mobilizations may also be performed to loosen any tightness, increase circulation, and relieve pain and swelling.

Range-of-Motion Exercises.

You will learn exercises to help the ankle, foot, and toes to move properly, in order to normalize your gait pattern when walking or running. Stretching exercises will help ease any tightness in the calf muscles and the tissues in the bottom of the foot.

Strengthening Exercises.

You will learn which muscle groups require strengthening to enable you to return to walking or running without pain. Navigating uneven surfaces, such as

grass, sand, gravel, or trails requires significant ankle strength to avoid unnecessary stress on the ankle. You will be taught how to perform resistance exercises with bands, weights, or medicine balls to strengthen the muscles in the ankle, foot and lower leg.

Functional Training.

As your symptoms improve, you will return to your previous level of activity and sport. Sport-specific exercises will simulate certain activities. You may perform single-leg balance exercises or train on uneven surfaces to challenge the muscles that balance and stabilize the ankle. You will receive an individual home-exercise program to perform after formal therapy has ended, to continue building your ankle and foot strength.

Note: The following information was provided by the American Physical Therapy Association.

Editor's Note:

Richard Greco, PT, ATC, CSCS, is a St. James resident and the Director of Greco Physical Therapy / Motion PT Group located at 430-7 North Country Road in St. James. For more information regarding peroneal tendinopathy or any orthopedic/sports injury contact him at his office at 631-686-6600.

P O E T ' S C O R N E R

Pills

by John Taratunio, Fairfield Condos

*Pills, Pills, Pills, Pills,
What would be do without pills*



*We take pills for this, we take pills for that
Pills 'cause we're skinny, pills 'cause we're fat
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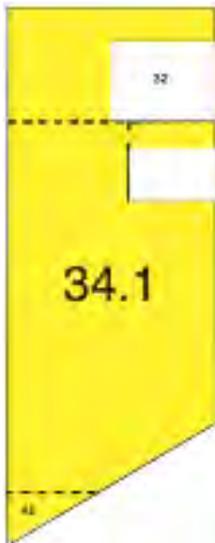
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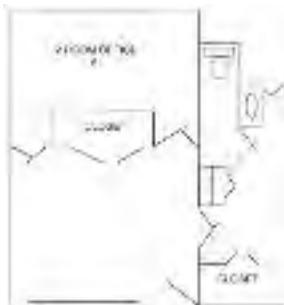
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H E A L T H N O T E S



Ron Villano, M.S., LMHC, ASAC, CCH is the leading expert in working through change. As a father who lost his 17-year old son in an auto accident, he always speaks from the heart. As a licensed mental health counselor, he guides others on how to work through difficult times. As a national speaker and author of *The Zing*, Ron has appeared on TV and radio throughout the world. He will help you to Embrace the Power of Change in your personal and professional life.

Ask Ron Villano

Dear Ron,

My brother and sister-in-law are divorcing after 16 years of marriage. During the past 20 years of their relationship, my sister-in-law and I have developed a very close friendship. Now that his marriage is ending, my brother has asked my other siblings and I to distance ourselves from his ex-wife. I find this request to be completely unreasonable. He brought her into our lives and asked us to make her a part of the family and we did so happily and successfully. Now – he wants to take it all away. I love my brother very much and I want him to feel supported by me, however, I also want the freedom to honor my existing friendship with my sister-in-law without repercussions. What do you think?

– Torn

Dear Torn,

Divorce has the same effect as dropping a large rock in a calm body of water... There will be a bag splash near the area of direct contact and there will also be a ripple effect that reaches far and wide. Unfortunately, this may be one of those situations that may take time to fall into place. Try to be empathetic to your brother as his pain is likely raw and deep. However, I do agree that your relationship with your sister-in-law deserves to be preserved as you see fit. Some things may have to change. Ultimately, your brother is your family and should have priority over your sister-in-law when it comes to general family events. You may have to settle for an independent relationship with your sister-in-law that exists separately from the rest of the family. I would lay low and take a
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T H E F I N I S H L I N E

The Atelier

continued from page 40

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Sat., thru June 23, 10 a.m.-1 p.m.

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Jazz Loft

continued from page 45
poser, is known for his lyrical compositions and full round tone.

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Eli Yamin: Monk, Mose and Me

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Library Programs

continued from page 66

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C E L E B R A T I O N S

A Hometown Wedding in St. James

Brittney Lyn Vallarella, of St. James and Ryan David O'Toole of Hauppauge exchanged marriage vows at Sts. Phillip and James Roman Catholic Church on Saturday, November 11, 2017. A wedding reception was held at Whisper Vineyards in St. James.

Brittney, the daughter of Chris and Nancy Vallarella of Nissequogue, attended Smithtown HS East Class of 2010 and Dowling College where she studied Aviation Management. She currently works for Zeldin for Congress (congressional campaign/freelance work).

Ryan, son of Beverly O'Toole and Dave O'Toole of Hauppauge, attended Hauppauge HS Class of 2007 and Marist College where he studied communications. He is currently a Postmaster for the US Postal Service.

The wedding was an intimate, casual affair that was unique and all about the couple's life in St. James / Smithtown – a day they will never forget! The wedding photos were taken at Deepwells and the St. James General Store, the location of their first date. The

couple used all St. James / Smithtown area vendors for everything in the wedding to make it a truly "local" wedding. This was important to the couple as the St. James community has been such an important part of their support system and lives for the past five years as they worked here, raised their growing family here, and had their son attend school here in St. James.

The wedding party included siblings, friends, and their son Christopher as the ring bearer. Maid of Honor was the bride's sister Samantha Vallarella of St. James and the Best Man was Scott Thornton of Hauppauge.

They recently found out that they would be leaving St. James to move to the Hudson Valley/town of Saugerties, NY with the news of Ryan's job promotion to Postmaster.

They will honeymoon on their first anniversary in Ireland.

"Brittney and Ryan are sad to leave St. James but want to say "Thanks St. James for the memories."



Brittney and Ryan O'Toole



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New Arrival



Ashton James O'Toole

Brittney and Ryan O'Toole, of Smithtown, are thankful and excited to announce the birth of their son Ashton James O'Toole. Ashton made his debut on April 3, 2018 at 12:56 p.m. at St. Charles Hospital in Port Jefferson, NY weighing 6lbs 8oz and measuring 19 inches long.

Proud big brother Christopher Ryan O'Toole, 4, and Godparents

Samantha Vallarella and Scott Thornton; grandparents Chris and Nancy Vallarella, of St. James, Beverly and John Gillin, and Dave and Annmarie O'Toole; great grandparents Edward and Joan Vallarella are thrilled to welcome little Ashton home.

Congratulations and best wishes to the happy family from your friends and neighbors in St. James.



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O B I T U A R I E S

A Good Friend Gone – Elsa Daley (1938-2018)

by Natalie Weinstein



Elsa Daley

I met Elsa over 30 years ago when she came to my firm as a “bookkeeper,” a word that isn’t in great fashion today. My husband, Bernie had hired her to handle the “books” for his construction company, cabinet shop and my design firm, after my Mom retired to Florida. Like my Mom, Elsa was “old school.” She not only kept the books, she kept the wolves at bay when money was tight and we were struggling. And she kept us going through trials and tribulations, through births and deaths in our family and through long and short illnesses.

Elsa and I grew “old-er” together. We spent more time with one another than most married couples and after Sonny died and then Bernie, we developed a closer relationship at work. We were two very different women with much in common.

Until the past few years when Elsa’s illnesses sent her to doctor’s visits more often, she never missed a day of work. And work she did, often handling more than my companies, but also my personal finances as well as my Dad’s until he passed away. She knew more about me than anyone and she told no one – sometimes, not even me! She was my protector – my confidant and my friend. She embodied, as an employee, qualities that are often out of fashion today – honesty, integrity, and loyalty. She worked among women, who amazingly and luckily for me, possessed these same qualities and we were our own family – very different people who worked together, laughed together, shared birthdays together and helped one another get through the highs and lows of business.

Elsa knew everyone – every vendor, every client, every bank person, every person connected with our businesses, as well as most everyone in my personal life – from relatives to rabbis. She was the face and voice of a company which had staying power – and a good name. She kept apart in her small office and was the go-to person when you needed to remember – (and couldn’t!). She remembered the phone number, the name, the business, the paperwork that you forgot from years past. Her old rolodexes were infamous in the office. She could find almost anything in them and no one else could! The same was true of clients’ folders or a lost bill.

She was old school and balked at using a computer, but she learned how to use Quick Books and brought us into the tech age – somewhat. She, like me, needed

to see the paperwork. She also needed to read her daily newspaper. She would show me the headline on a back page when one of our clients was in the press and bring me the obituary page when one of our clients passed. We’d look at the obituary page together, commiserate, announce that neither one of us was on it and begin our day. I would quip that when it was our time, I would have to go before her, because if I didn’t, I would be in a mess without her.

Elsa had my back and I am going to be in a mess without her – but not for the reasons of finance. We will work that out eventually, but just because we are without her. We were a couple of “elder statesmen” if you will, in our office – an office of wonderful women – some with me a short time, some a long time – but not as long and not as personal as Elsa. She was our matriarch – the pictures of her children, grandchildren and great grandchildren on her desk along with all of us – her work family. When Elsa said “good-night” and have a good weekend” last Friday, we thought Monday would come in the usual way. But nothing has been usual this week in our office. We are all mourning our loss and the phone calls keep coming and coming as people are learning of Elsa’s passing and the sadness spreads.

She, like me, did not have her family nearby, yet she created a full life – with her church, her homemakers group, her bowling friends and others over the years and was looking forward to a class reunion. She loved and lived with her Christmas villages, an astounding number, and we would tease her that by the time she put them up and finally took them down, it was Christmas again! She knitted to pass the time and made me the only shawl I could comfortably keep around me after I was injured in an automobile accident several years ago. She came to my house every day after work, then, to assure me that we still had a company! She had heart – but she didn’t wear it on her sleeve. She was tough and stubborn. She was a survivor. When she asked for help – you knew she really needed it – because she almost never asked.

As I shared some private moments with my dear Sheila, our office manager, and so much more, we talked about how we will replace Elsa and we both agreed that we can’t. Perhaps a service – perhaps part time help with more technology – but we know there will never be another Elsa – not for our staff and certainly, not for me.

Elsa – my dear co-worker and friend – I will surely miss you – for all of our years together – for your stubbornness and independence – for your sense of humor and for always finding a way for us to go on. We both agreed we would never retire – that “they” would roll us out one day having passed on at our desks. You spared me that – but we all needed you a little while longer, and we will miss you terribly. Rest well, my friend and take our love with you. – NATALIE

I N M E M O R Y

A Dedication to Johanna deLeyer

Dear Mom,

*I want to say so many things
I don't know how to start
I want to capture and describe
The feeling of my heart,
But words are so inadequate
To tell you how I feel
Just let me suffice to say
My love for you is something
I will always feel.*

*Your many special traits
Will always be
in my heart combined
In such a way that You
A Special Mom Define
Your warmth, caring and happiness
Are the traits I'm proudest of
My future brightens through the
Fine example of YOUR LOVE/*

WITH ALL MY LOVE
ANNA MARIE



**Johanna deLeyer with granddaughter
Johanna deLeyer-Gatten**

T H E F I N I S H L I N E

Smithtown Historical Society

continued from page 50

TALES FOR TOTS

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**Smithtown Historical Society's
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FREE**

Storytime for children 3-5 years with caregiver. 2nd Friday of each month at 11 a.m.

Discover a new theme through reading each month. Register by calling the Main Branch of the Smithtown Library - 631-360-2480.

June 8 - *Tools*

July 13- *BBQ*

August 10 -
Camping

September 14 -
Traveling

October 12 -
Halloween

November 9 - *Thanksgiving*

December 14 - *Snow*



Hearing Health

continued from page 80

To be informed healthcare consumers, men need to realize that today's state-of-the-art hearing instruments are highly effective, sleek, and sophisticated wearable electronics that can help them stay actively connected, not only to life, but also to their other prized electronics, from smartphone to home entertainment systems.

Today's hearing instruments make it quite simple for young, middle age or older men who have hearing loss to better their lives thru 'selective' amplification. Usually the only one that knows that you're wearing them is you. Our advice, very simple, schedule a hearing test, (most health insurance covers annual hearing test in full or little out of pocket expense) and speak to your hearing healthcare professional for direction. Begin to "Hear the DifferenceSM." Schedule your hearing test now rather than later, it may change your life forever.

Note:

Hear the DifferenceSM is a registered service mark of Long Island Hearing, Inc.

Editor's Note:

William Kent is the Director of Long Island Hearing, an Audiology and Hearing Instrument Dispensing Practice. With offices in Nassau and Suffolk County they can be reached at 1.800-698-5200 for more information and to schedule a complimentary consultation.

Ask Ron Villano

continued from page 88

back seat for a bit. Let all parties cool down and find their rhythm. You'll know when it's your turn to put your needs out there.

Editor's Note:

Ron Villano, M.S., LMHC, ASAC, CCH, is the founder and director of Family & Personal Counseling, located at 872 Middle Country Road in St. James. He is an author of the book *The Zing*, has appeared on national TV, along with daily appearances on the Verizon FIOS1 network. With offices in St. James, Bohemia, East Islip, Levittown and Middle Village and a staff of 20 therapists from all backgrounds - Family & Personal Counseling addresses individual and family concerns of all ages. For additional information call 631-758-8290 or visit www.FamilyAndPersonalCounseling.com and www.RonVillano.com to listen to his featured interviews.

O B I T U A R I E S

Anastasia Abramoski

Anastasia Abramoski, of Lake Grove, NY, passed away on April 10, 2018 at the age of 92. She was the beloved wife of the late Lawrence. Cherished mother of Janet (Steve) Micallef, Lawrence (Maureen), Ginny (Stephen) Baresich, and Raymond (Maria). Loving great grandmother of Cynthia (Steve) Dente, Stephen, Karen, Christina, Daniel (Lauren), Thomas, Kristin, Corinne, Alesandra, Tanner and great grandmother of Ellie, Owen, and Alice. She is survived by many other family members and friends.



Anastasia Abramoski

A Funeral Mass was celebrated at Assumption of the Blessed Virgin Mary R.C. Church, Centereach, NY. Interment followed at Queen of All Saints Cemetery, Central Islip, NY.

Arrangements were entrusted to the professional care of the Branch Funeral Home of Smithtown and the Vigliante family.

Lisa J. Bethel

Lisa J. Bethel, of Boyds, MD, formerly of Nissequogue, NY, died suddenly after a brief illness on April 7, 2018 at the age of 47.

Lisa was a Lead Associate with Booze-Allen-Hamilton in Washington, DC. She grew up in Nissequogue and attended St. James Elementary, Nesaquake Middle School and the Knox School and graduated from American University. She was the loving mother of Samantha and Scott and devoted wife of David Fraser. She leaves behind her beloved twin sister Suzanne Bethel of Alexandria, VA and her parents Alice and John Bethel of Nissequogue.

A Memorial Gathering was held on May 12, 2018. Arrangements were entrusted to the professional care of Hawkins & Davis Funeral Home.

Giuseppina Carnevale

Giuseppina Carnevale, of Nesconset, NY, passed away on January 31, 2018 at age 90. She was the beloved wife of Giuseppe. She was the loving mother of Marisa, Elia and Patricia. She was a cherished grandmother of Ann-Marie, Dianna, Angela, Natalie, Frank, David and Daniel. She was the great grandmother of Amber, Scarlett, Alexis, Ava and Alanna.



Giuseppina Carnevale

A Funeral Mass was held

at St. Patricks R.C. Church.

Mrs. Carnevale's funeral arrangements were professionally supervised by the Maher family and staff of St. James Funeral Home.

Stanley J. Czwartacki

Stanley J. Czwartacki, of Mt. Sinai, NY formerly of Nesconset, NY, passed away on April 2, 2018 at the age of 72. Proud Navy Veteran. Past Grand Knight Holy Mother of Mary Council KofC. Beloved husband of Michele. Loving father of John and Denise (Derek) Vibal. Cherished grandfather of Samuel, Nicholas, Gracie, Caleb John, Christian and Henry. Dear brother of Gerry Andersen, Robert, Stephen & Charles Speelman. He is survived by many other family members and friends.



Stanley J. Czwartacki

A Funeral Mass was celebrated at St. Louis de Montfort R.C. Church. Interment followed with Military Honors at St. Charles Cemetery.

Arrangements were entrusted to the professional care of the Branch Funeral Home of Miller Place and the Vigliante family.

Rose T. Maxwell

Rose T. Maxwell, of Ridge, NY passed away peacefully on April 12, 2018 at the age of 92. She was the beloved wife of Francis. Cherished mother of Kenneth (Rosemary), John (Maria), Robert (Anita), the late Joann (John) Hughes and the late Francis. Loving grandmother of Stephanie (Mario), Nicholas (Amanda), Christopher, Timothy (Chrissy), Kathryn, James, Erin, Bailey, Joann and Paul and great grandmother of Gavin, Mario and Jacob. Dear brother of Theresa (the late Peter and Michael (Linda).



Rose T. Maxwell

A religious service was celebrated at the Branch Funeral Home of Miller Place. Interment followed at Holy Rood Cemetery in Westbury, NY

Arrangements were entrusted to the professional care of the Branch Funeral Home of Miller Place and the Vigliante family.

WE SALUTE OUR GREAT COUNTRY AND ALL THAT IT SYMBOLIZES.

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O B I T U A R I E S

Leona Peters

Leona Peters, long-time resident of Smithtown, NY, passed away peacefully on April 13, 2018 at the age of 90. Beloved mother of Peter (Donna) Nugent. Loving grandmother of Leo. She is survived by many other family members and friends.



Leona Peters

A Funeral Mass was celebrated at St. Patrick's R.C. Church, Smithtown. Interment followed at Smithtown Cemetery.

Arrangements were entrusted to the professional care of the Branch Funeral Home of Smithtown and the Vigilante family.

Philomena Pucci

Philomena Pucci, of St. James, NY, passed away on April 13, 2018 at the age of 89. She was the beloved wife of the late Pasquale. Cherished mother of Camille (Peter) Ehrenberg and Mark (Tara). Loving grandmother of Hannah, Zoe, Jack and Julia. Dear sister of Zena (the late Louis) Romanzi and the late Fred (the late Virginia) Diglio. She is survived by many other family members and friends.



Philomena Pucci

A Funeral Mass was celebrated at St. Patrick's R.C. Church, Smithtown, NY. Interment followed at St. Charles Cemetery, Farmingdale, NY.

Arrangements were entrusted to the professional care of the Branch Funeral Home of Smithtown and the Vigilante family.

Gertrude Smith Retnauer

Gertrude Smith Retnauer, 85, of Chesapeake, VA and formerly of Smithtown, NY, passed away on March 20, 2018. She was the widow of the late Robert S. Retnauer, Sr. of Smithtown, NY. Mrs. Retnauer was born in West Haven, CT, the daughter of the late Madeline and Clarence Smith of Hamden, CT. Survivors include her sons Robert S. Retnauer, Jr. and wife Carla of St. James, NY and Thomas R. Retnauer and wife Mindy of Chesapeake, VA. She is also survived by two grandchildren, Blair Retnauer of Chesapeake, VA and PFC Robert S. Retnauer III, USMC of St. James.



Gertrude Smith Retnauer

Mrs. Retnauer was a graduate of Simmons College, Boston, MA. She was employed by St. John's Episcopal Hospital (now St. Catherine of Sienna Medical Center), Smithtown, NY for many years.

A funeral service was held on Saturday, April 7, 2018 at Fives Funeral Home, Smithtown, NY followed by interment at In Memorium Cemetery, Wallingford, CT.

Rosemarie Vastola

Rosemarie Vastola, of St. James, NY, passed peacefully on April 9, 2018 at the age of 85. She was the beloved wife of the late John. Cherished mother of Helen (David) Berube, Charla (Dan) Doherty, Dia (Michael) Gee, Crista (Andy) Oppenheim and the late Donna. Loving grandmother of Tyler, Zachery, Jensen, Xander Taylor, Paige, Christian, Sophia and Grace and great grandmother of Sebastian and Luna. She is survived by many other family members and friends.



Rosemarie Vastola

A Funeral Mass was celebrated at Sts. Philip & James R.C. Church, St. James, NY. Interment followed at St. Charles Cemetery.

Arrangements were entrusted to the professional care of the Branch Funeral Home of Smithtown and the Vigilante family.

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MULTI-FAMILY GARAGE SALE – Saturday/Sunday, June 2 & 3, 9 a.m.-3 p.m. 275 Third Ave., St. James. Antiques and Household items. 631-523-7725 5/18

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AMERICAN LEGION HALL FOR RENT – The Sherwood Brothers American Legion Post 1152, located at 95 Lake Avenue, St. James, is looking to rent its hall for all occasions. Reasonable rates, air conditioned, heat, tables, complete kitchen and ample parking. Call Marty Thompson at 631-445-8447.

FLORIDA VACATION RENTAL – MysticDunesResort.com – Vacation at Kissimmee, Florida. Resort is minutes away from Disney's Magic Kingdom, Sea World. Condo sleeps 6-8 with all the comforts of home - 2 bedroom deluxe suite - Jacuzzi bath, fully equipped kitchen and porch. Golf course and country club open 7 days a week. \$600/per week. Fri.-Fri., or Sun.-Sun., or Sat.-Sat. 3 weeks available. Call Irene at 631-682-1871. 5/18

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VENDORS WANTED FOR ST. JAMES DAY – Craft vendors are wanted for the St. James Chamber of Commerce's 31st annual St. James Day, Sunday, September 30, 2018, along Lake Avenue. 10'x10' spaces are being provided for \$125 per space, after 8/15/18 - \$150 if available (no exceptions). For additional information call 631-584-8510 - to receive an application leave, your name, address and phone number on machine. Applications are available on the Chamber website at www.stjameschamber.org. We look forward to seeing you there. 9/18



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