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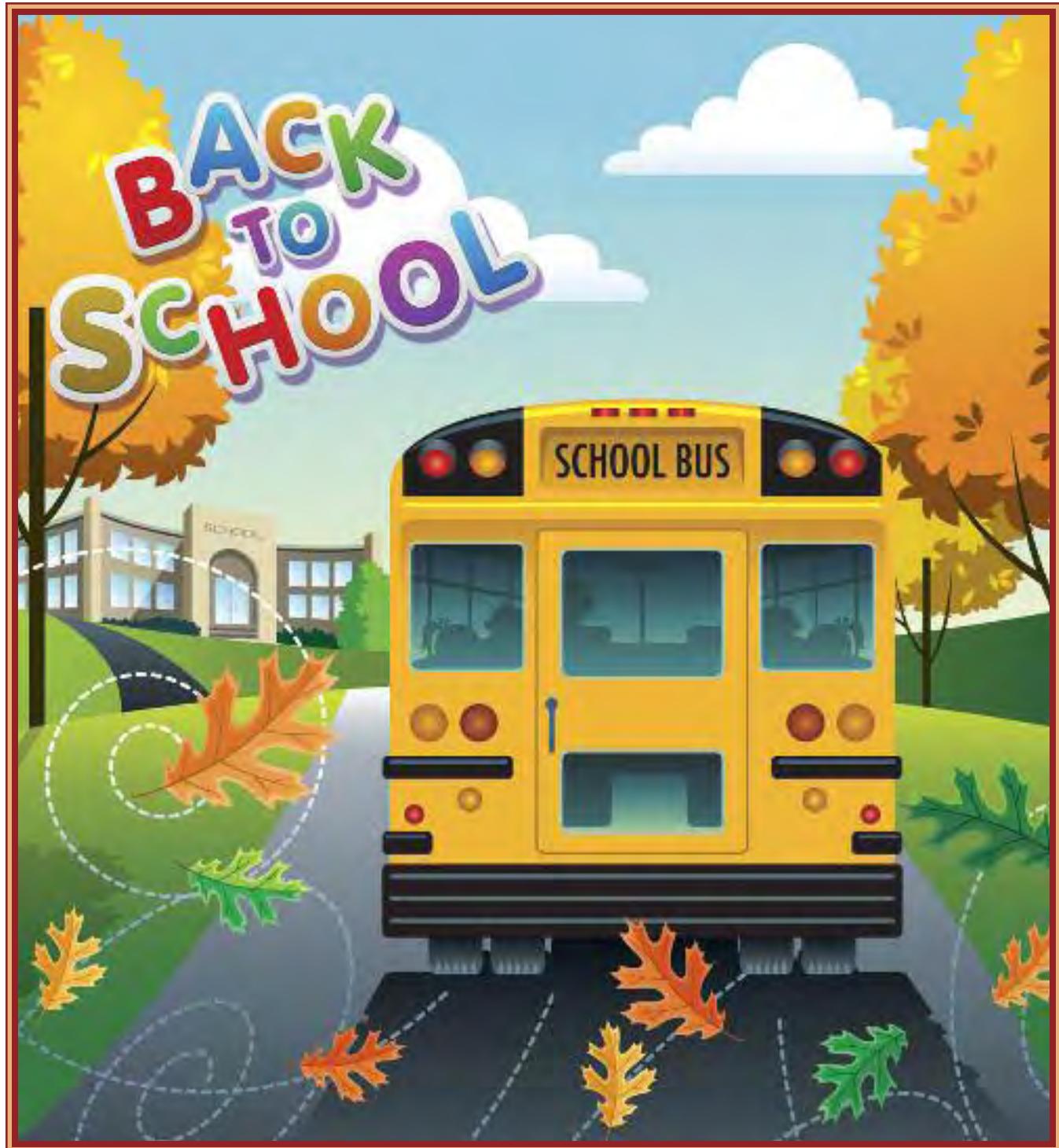
S • T • J • A • M • E • S

SEPTEMBER
2016

Volume 29
Number 11



Keeping you up to date on
SALES, HAPPENINGS
& PEOPLE
In Our Town - St. James
PUBLISHED MONTHLY



DEEPWELLS FARM HISTORICAL SOCIETY
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OUR TOWN – ST. JAMES –

is a monthly publication produced exclusively for the people of St. James, Nissequogue and Head of the Harbor, L.I., N.Y.

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PLEASE NOTE:

Advertising & Editorial Deadline for the **OCTOBER** edition of OUR TOWN • ST. JAMES is
THURSDAY, OCTOBER 6, 2016 - 12 NOON.

Distribution takes place on **Wednesday, October 19, 2016.**

MERCHANT SPOTLIGHT



Pawtraits by Christina

631-987-2990
pawtraitsbychristina.com
petartist13@gmail.com

by Elizabeth Isabelle

“...he will be our friend for always and always and always.”
— RUDYARD KIPLING

Capturing the heart, soul and personality of your beloved companion, St. James resident Christina Francica creates custom fine art pet portraits from your photos. Christina, a self-taught artist, had always painted as a hobby while working as a hair colorist for over 20 years. Concentrating on painted landscapes and portraits of people for many years, she decided to try something new – a painting of her cherished dog. The response was overwhelmingly positive and so began her journey into pet portraits. What had started as a private passion has generated such joy that Christina now is commissioned to create loving, traditionally hand-painted oil, acrylic or pencil drawings of

your best friend.

Christina creates her art from photos that you provide. “The best pet portraits come from the best photos that are clear and sharp.” Close ups are ideal as well a high resolution photograph which is needed to capture the details: physical features, coloring, markings and of course the eyes! That is where the personality really comes through!

A few tips on how to achieve a great photo – the best photos are taken outside. Natural light, even on a cloudy day, works best. Get down on your pet’s level when taking your photograph. Close ups are very important for details.

Many pet portraits offered online often use ink jet prints on canvas, then paint the oils on top of it. Inks have a limited life span and are prone to fading in light, while oil paintings last for centuries! Digital paintings lack the depth of a real oil, acrylic or pencil drawing.

Christina paints all animals, dogs, cats and horses. Her por-

traits are lovingly executed and her client’s often note her ability to capture the warmth in their pet’s eyes, and the remarkable resemblance of their finished portrait, exceeding expectations!

With the holidays fast approaching, imagine the joy of commissioning a portrait of man’s best friend – and giving the gift of lasting treasured memories – a unique, one-of-a-kind custom piece of art that is sure to please.

To view samples of Christina’s artwork, stop by her wonderful website www.pawtraitsbychristina.com. Here you will find pricing information, more details on how your portrait comes to life and tips on taking the best photograph possible. You can also visit Christina’s Facebook page *Pawtraits by Christina* or call her at 631-987-2990.

Christina wishes all a beautiful fall and holiday season and looks forward to capturing the beauty of your loyal companion!



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Thursday: 4:00 pm - 10:00 pm
Friday: 4:30 pm - 10:00 pm
Saturday: 9:00 am - 3:00 pm

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Wednesday: 4:00 pm - 10:00 pm
Thursday: 10:00 am - 1:00 pm
4:00 pm - 10:00 pm
Friday: 4:00 pm - 9:00 pm
Saturday: 9:30 am - 1:30 pm



Visit our website
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schedule
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310 Main Street, Holbrook 631-585-6900



You are Invited to a St. James Lutheran Church Luncheon

The St. James Lutheran Church, located at the corner of Woodlawn and Second Avenues in St. James, would like to invite you to a luncheon on Thursday, September 22, 2016 from 12 noon to 2 p.m. in their Parish Hall.

As part of the St. James community they are looking forward to getting to know more of their neighbors, and would like you to get to know them!

The luncheon is FREE and will be made and served by STJLC volunteers! After lunch there will be a presentation with a meaningful theme. Pastor Neil Mittelstaedt will be the host and emcee of the afternoon.

If you are interested in attending the luncheon, please call 631-584-5212 or e-mail stjlcalpha@aol.com.

Deepwells Fall Festival Set for October 8 & 9

The Deepwells Farm Historical Society will be holding their annual Fall Festival at Deepwells Farm County Park at the intersection of 25A and Moriches Road in St. James over the Columbus Day weekend, Saturday and Sunday, October 8 and 9 with a rain-date on Monday, October 10, 2016.

This is a great way to spend

the day outdoors with the entire family. There will be craft and gift vendors, pony rides, face painting, children's old time games, and a crowd favorite, the hay bale jump. The pumpkin patch will be open along with pumpkin painting, musical entertainment – The Little Wilson Band on Saturday and The Kerry Kearney Band on Sunday at 3 p.m. as well as

historical recreations. Bring your camera... there will be many photo opportunities. Come hungry, there is festival food galore.

Admission is \$5/adults; \$1/children under 12 and seniors over 60. No pets please.

For additional information, call 631-862-2020.

SOUL BREW:

An urban, funky and cozy coffee shop and eatery coming soon to St. James!

Much more than just a well-known spot for freshly brewed specialty coffee and homemade pastries, **SOUL BREW** will also be serving up a freshly cooked sit-down breakfast and lunch menu. **SOUL BREW** has big plans for night life, including hosting open mic, trivia and paint nights, as well as live music, art receptions and much more. Owner Kristin Walsh is thrilled to create a place that will bring the St. James community closer together in a snug atmosphere that will feel like home.

Located at 556-18 Route 25A, St. James, NY, 11780 (in the Green Hills Shopping Center), **SOUL BREW** projects to be open by early October, just in time for you to stop by for the best pumpkin lattes around!

Visit us @ facebook.com/soulbrewstjames



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AROUND TOWN

Fall Indoor Garage Sale Set for Saturday, October 1

The St. James United Methodist Church, located at 532 Moriches Road in St. James, will hold their annual FALL INDOOR GARAGE SALE on Saturday, October 1, 2016 from 10 a.m. to 3 p.m. – rain or shine.

Come and browse through the many new and used items including knick knacks, toys, books and clothing. Refreshments will be available.

Eight-foot tables, are also available for \$30 (non-refund-

able) to sell your own items. Set up will be a 9 a.m. What you don't sell you can leave for their Rummage Sale on October 15.

Please call the church at 631-584-5340 to reserve your table or for additional information.

Fall Rummage Sale

The St. James United Methodist Church is hosting their ANNUAL FALL RUMMAGE SALE on Saturday, October 15, 2016 at 532 Moriches Road (north of Rte. 25A) in St. James from 9 a.m. to 2 p.m.

A great variety of items including clothing, linens, jewelry, household items and much more will be available. There will be a BAG SALE at 1:30 p.m.

For additional information call the church office at 631-584-5340.

2017 Library Budget Vote and Trustee Election

**Smithtown Special Library District
Tuesday, October 11, 2016 • 6 a.m.-9 p.m.**

All Town of Smithtown residents who are registered with the Suffolk County Board of Elections can vote at any of the Library's 4 buildings.

The Smithtown Library is a community center that strives to impart a lifelong love of learning to residents of all ages.

The community continues to use the Library's resources more than ever. These resources include research and job search databases, new technologies, entertainment sources and much more.

**For information on the 2017 Budget,
visit the Library's website at www.smithlib.org**



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SCHOOL
FIELD TRIPS
WELCOME

Visit St. James Episcopal Church's Blessing of the Animals Booth at St. James Day

The St. James Episcopal Church will be blessing animals at their booth at St. James Day on Sunday, September 25, 2016 from 11 a.m. to 3 p.m. Bring your pet down to their booth near the King Kullen on Lake Avenue for a blessing, pet treats, and to get a tag for your pet. Hundreds of other craft, food and entertainment vendors will be participating in the celebration. The event is FREE and open to the public.

The St. James Episcopal Church is a friendly, community church that welcomes everyone to join together for worship, service, education, fellowship and fun. Founded in 1853, the first service at St. James Episcopal Church took place on July 3, 1854, when the church building was consecrated.

Their mission is to grow in faith through scripture and prayer, build relationships in Christ, and serve one another and the world.

For more information or directions to St. James Episcopal Church, call (631) 584-5560 or visit www.stjamesstjames.org.



Blessing of the Animals
at last year's St. James Day.

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Fall Harvest Car Show at Flowerfield Fairgrounds

On Sunday October 2, 2016 Long Island Cars will present their *FALL HARVEST CAR SHOW & SWAP MEET* on the scenic grounds of Flowerfields Fairgrounds in St. James from 8 a.m. to 5 p.m. (raindate: 10/16).

Hundreds of classic and collectible automobiles including show cars from the 50's, 60's and 70's, one-of-a-kind custom cars, antiques, exotics, muscle cars, street rods, trucks and imports will be on display. Acres of vendors will be well stocked for this large end-of-the-season show, where you can buy, trade, sell or



swap automobile parts, equipment, accessories and literature; plus a wide variety of cars will be for sale in the *Car Corral*.

There is a pumpkin patch with free pumpkins for the kids. You'll experience live music entertainment, fair food and more. There is something for every member of the family to enjoy.

Flowerfield Fairgrounds, is lo-

cated on Route 25A in St. James. (GPS coordinates: Ashleigh Dr & N Country Rd. 11780).

Adults/\$8, under 12/Free. Free parking. Display or sell your collectible car FREE with admission. Judged cars and vendors register at the gate between 7 a.m. and 10 a.m. For additional information call (631) 567-5898 / LongIslandCars.com

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Paris Yates of St. James Sings the National Anthem at Smithtown Library Concert

Paris Yates, a 2013 graduate of Smithtown High School East, is studying song writing and studio composition at SUNY Purchase. She has appeared in commercials and on Disney Channel's "iCarly" and in "Conan" on TBS. In 2015, she released her first album, titled "Open Book." Ms. Yates has also sung at Citi Field for the New York Mets and most recently sang "God Bless America" at their game on August 14.

After reading about her, Legislator Trotta contacted her mother to see if Paris would like to sing the national anthem at one of the Friends of the Smithtown Library Summer Concerts. "Although it started to rain, it didn't stop Paris from singing a beautiful rendition of the national anthem. The crowd gave her a tremendous ovation," said Suffolk County Legislator Rob Trotta.

Suffolk County Legislator Rob Trotta congratulates Paris Yates after singing the national anthem at the August 11, 2016 Friends of the Smithtown Library Concert.

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Halloween Haunted Mansion at Deepwells Farm County Park

Get ready, get set... to scream when the Deepwells Farm mansion will be transformed into a *REALLY SCARY* haunted house.

ENTER IF YOU DARE! The house will be open on Saturday, October 22, 7-10 p.m.; Friday, October 28, 7-10 p.m.; Saturday, October 29, 7-10 p.m.; and on Sunday, October 30 after the Halloween Parade from 3-5 p.m. Admission is FREE but donations are always appreciated. Proceeds go to the refurbishing of the Deepwells property. The house is located at the intersection of Route 25A and Moriches Road in St. James. There will also be a "safe" room for those who frighten easily.

The event, sponsored by the Deepwells Farm Historical Society, with a little help from the St. James Chamber of Commerce, is sure to be a lot of fun. So get ready for a *spook-tacular* time.

The house will be open after the St. James Chamber of Commerce's Halloween Costume Parade on Sunday, October 30. The Parade takes place at 1 p.m. Lineup for the parade will be at the former Capital One Bank, on the corner of Woodlawn and Lake Avenues at 12:30 p.m. and will end at the St. James Gazebo at the railroad station for costume judging. Everyone is invited back to the Deepwells Haunted House after the Parade for a little screaming.

For additional information on the Haunted House call Scott (Edward Jones) at 631-862-2020 or Denise (Artpix Studio) at 631-862-2808, and for the Halloween Parade call Aimee (Saf-T-Swim) at 631-406-7316 or Ruth (Our Town) at 631-862-9849.

Mark Your Calendar!



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HEAD OF HARBOR | \$1,699,999

Stunning gated brick masterpiece set on 2 acres on pristine/private cul-de-sac. This gorgeous residence integrates classic aesthetics with elegant detailed moldings and millwork. This one level home is grand and spacious and perfect for family gatherings and elegant entertaining. Lush landscaped property with IG pool, pool house with kitchen and full bath, golf and putting green and paver patio. Located on a highly coveted street and only minutes from town, restaurants, shopping and beaches. MLS#2865321



HEAD OF HARBOR | \$1,349,000

Magnificent contemporary in prime location. Incredible grand entry foyer with open floor plan and soaring 24 ft. ceilings in great room with walls of glass. Featuring gourmet kitchen, formal dining room, master bedroom suite, 5 BR, 6 Bath. Set on 2 acres of private property with IG gunite pool, pool house, wet bar, brick paver patio, gazebo, pond and lush mature landscaping. Amazing layout for ultimate entertaining. MLS#2848091



HEAD OF HARBOR | \$1,299,000

Beautiful custom built colonial overlooking Stony Brook Duck Pond in a very peaceful and serene setting. 5 BR, 3.5 Bath residence encompasses the finest of quality materials and architectural detailing. 4300 sf of gracious entertaining space featuring an open floor plan, gourmet kitchen, FDR, FLR, Great Room, Master BR on main level and so much more. Located in Village of Head of Harbor and walking distance to Stony Brook Village. MLS#2872979



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ANIMAL SHELTER PETS GET TREATS... Eleven year old St. James residents Justina White (left) and Meghan Leudesdorf (right) spent an afternoon baking homemade treats for the animals at the Smithtown Animal Shelter. The animals loved them, especially the kittens. The girls are 6th grade students at Great Hollow Middle School.

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Hazardous Waste Disposal Event

SATURDAY, OCTOBER 3

The Town of Smithtown is holding a Household Hazardous Waste Event on Saturday, October 1, 2016 from 7 a.m. to 3 p.m. at the Municipal Services Facility, 85 Old Northport Road in Kings Park, 631-269-6600 or 631-360-7514.

Many common household products have hazardous or even toxic ingredients. If used or disposed of improperly, they can be harmful to your family and the environment.

Adhesives, alcohols, antifreeze, brake fluid, lighter fluid, cleaning solvent, degreasers, herbicides, paint remover, pesticides, photo chemicals, insect spray, pool chemicals, solvents, stain or varnish and wood preservatives can be disposed of properly by bringing these unwanted materials in their original containers to the Municipal Services Facility in Kings Park. You must be a Town of Smithtown resident to participate. Visit www.smithtownny.gov for further information.

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Smithtown Food Pantry Donations Still Needed

by William J. Garthe

Once again I would like to thank the very generous residents of St. James on behalf of the Smithtown Food Pantry. Each week you have really come through with your donations which are greatly appreciated by

the Pantry and those who found themselves in need at this time of year. The Food Pantry, which has been in existence for more than 29 years, is supported by contributions from people like you. Canned goods, pasta, toothbrushes, toothpaste, rolls of toilet

paper, school supplies, pets food/treats are some examples of our residents' generosity.

I am publishing a list of items needed, just in case you have any of these in abundance in your pantry, as there are some folks right here in St. James and Smithtown who could use a little temporary help. This year the pantry has asked for much needed school supplies.

Items needed for the food pantry:

Baked beans, tuna fish, all types canned vegetables, spaghetti, tomato sauce, peanut butter and jelly, snacks, all boxed pastas, baby food and formula – all non-perishable food items.

Other Items:

Soaps - hand & shower, shampoo, toothpaste, toothbrushes, toilet paper, paper towels, baby diapers and baby wipes, feminine hygiene products.

School Supplies

Back packs, composition books, notebooks, glue sticks, crayons, colored pencils, pencils and pencil cases, pencil sharpeners, pens, erasers, color markers, highlighters, pocket folders, index cards and boxes, and Fiskars children's scissors.

Your donations are much appreciated and can be dropped off at my office:

**Reliance Real Estate
359 Lake Ave., St. James
(across from 7-Eleven)**

I'm looking for the small donations that don't warrant a drive to Smithtown; the one can of tuna, or baked beans, a box of pasta, one bottle of shampoo, anything that will help someone in need. I will collect and deliver to the Pantry each week whatever is donated.

Thank you in advance for your generosity. We are generally open to accept donations Monday - Thursday, 9 a.m. - 5 p.m. For additional information, call me at (631) 862-9000.

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Smithtown Historical Society Garden Party Fundraiser a Success

On August 28th, 2016, the Smithtown Historical Society hosted a Garden Party to assist in the care of their farm animals. The proceeds from the fundraiser will be used towards food, medicines, and other much-needed essentials for the farm animals housed with the Smithtown Historical Society, currently home to Pony Boy, 13 sheep, six chickens and five barn cats.

Children from all over Long Island take part in the Society's *Farm Life* program, an educational program designed to help children learn the origins of food and clothing. This year the Education Department will also be creating programs for toddlers based on the farm as well.

The very successful Garden Party, held at Margaret Durso's house in Nissequogue, raised over \$5,000. Special thanks to the Garden Party Fundraiser sponsors:



Margaret Durso, Set Stuff, Inc., Borella Wholesale Nursery, Olsen Discount Nurseries, Brigiandi Brothers, Kenneth Donato, Richard & Mrs. Patricia Grzetic, Tom Hill, Lidi Poveromo, Laura

Shepherd, and Ed Weirheim. The Historical Society is very appreciative of everyone who attended the event and to those who continue to support the Farm Program.

Hamlet Leaders to be Honored at Smithtown Historical Society's Heritage Ball, October 20

Each October the Smithtown Historical Society hosts a gala to honor distinguished individuals for their significant and ongoing contributions to the Smithtown community. This year's *HERITAGE BALL* will acknowledge and award members from the six major hamlets of Smithtown Township. The 2016 Heritage Ball Honorees are: Jim Dowling of St. James, Bob Creighton of Kings Park, Al Hornberger of Nesconset, Mark Mancini of Smithtown, Paul E. Borowski of Hauppauge, and Jeff Gumin of Commack.

"It is our privilege to present

the Partnership in History Award to each of these recipients who have demonstrated a passion in sharing our mission through the civic and volunteer work they do for our community," remarked Smithtown Historical Society Executive Director Marianne Howard. "I hope the entire Township will join the Smithtown Historical Society in celebrating their achievements."

The *HERITAGE BALL* will take place on Thursday, October 20, 2016 at the Watermill in Smithtown. There will be a cocktail hour beginning at 6:30 p.m. followed at 7:30 p.m. by an awards

ceremony, dinner & dancing and raffles. Tickets are priced at \$125 per person. This event will benefit the Smithtown Historical Society and help to celebrate its 60 years of commitment to the preservation, restoration and interpretation of Smithtown's rich heritage. If you or your business members would like to attend this event or be included in the commemorative journal marking this celebration, please contact the society at (631)265-6768.

Since its founding in 1955, the Smithtown Historical Society has strived to serve the community as continued on page 84

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HISTORICALLY SPEAKING

LIVES, LOVES AND LAMENTS OF THE PEOPLE OF ST. JAMES William J. Ryan's Country Estate in Nissequogue

by Bradley Harris,
Smithtown Historian

Especially for Our Town, I am writing a series of short stories about people who made St. James their home not so long ago. I hope that these stories will add to your knowledge and appreciation for the wonderful history of our town, St. James.

Most people who live in St. James are familiar with the Nissequogue Golf Club and its beautiful clubhouse, but very few people know that not so long ago it was the country estate of William J. Ryan. He was the man who had a magnificent home built high on a hill, in the midst of rolling wooded terrain, overlooking St. James Harbor.

William J. Ryan started building his dream house in Nissequogue in 1929, not exactly an auspicious year to be building a home. William J. Ryan was the owner and publisher of a very



Nissequogue Golf Club today.

popular weekly magazine known as the *Literary Digest*. The *Literary Digest* was the current events magazine of the time and was widely read across the United States. Apparently the magazine generated enough income so that Mr. Ryan could purchase an immense tract of land on St. James Harbor, hire an architect to design his dream mansion, and then pay to have it constructed during the depression.

If you have been in the clubhouse of the Nissequogue Golf Club, you have seen the house with its impressive entranceway constructed with beautiful black and white marble, been awed by the sweeping circular staircase that leads to the second floor, and been floored by the spectacular view off the back of the house. It's an incredible house and William J. Ryan enjoyed life

continued on facing page

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A cartoon illustration of a skeleton wearing a top hat and a suit jacket, peeking over a railing. To the right of the skeleton is a sign with the text "Mark Your Calendar!" and "Annual St. James HALLOWEEN PARADE is on SUNDAY OCTOBER 30".

Mark Your Calendar!

Annual St. James

**HALLOWEEN
PARADE**

is on

**SUNDAY
OCTOBER 30**

HISTORICALLY SPEAKING

continued
on his country estate entertaining guests. Those who wished to do so could practice their golf game on several golf holes surrounding the house, or they could get horses from the stables and ride through the wooded countryside or play polo on the estate's polo field. The Ryan estate became the social center for many people in the Nissequogue area where they gathered to play golf or ride to the hounds. But this all changed when Mr. Ryan's luck ran out and he lost his fortune.

It all began with the Presidential election of 1936. In that year, Franklin D. Roosevelt ran for re-election and was opposed by Gov. Alfred M. Landon of Kansas. Mr. Ryan's *Literary Digest* conducted a national poll to determine the sentiment of the American people. His magazine was one of the first in the nation to conduct such polls and his polling methods had always accurately registered public opinion. His readership had come to accept his polls as infallible. The *Literary Digest* predicted a Landon victory in 1936. Much to his surprise and the consternation of his readers, Roosevelt won in a landslide in which the Democrats swept every state except Maine and Vermont. Outraged readers cancelled their subscriptions and the *Literary Digest* fell from its pinnacle of success. So did Mr. Ryan's fortunes.

In spite of the disastrous turn of events, Mr. Ryan managed to hold on to his house in Nissequogue. But many of his intended plans for the estate were never completed. The library inside the house was never completed, the interior remained coated with raw plaster, the stables were never finished and many of the rooms were never furnished. Mr. Ryan's days of lavish entertaining were over and he lived out his life rattling

around in his unfinished mansion. He died there in 1966 at the age of 92. It was then that the Nissequogue Golf Club, Inc., acquired the property and the William J. Ryan estate became the Nissequogue Golf Club.

Editor's Note: Brad Harris is the Town of Smithtown's official Historian. Brad was a High School Social Studies teacher who spent 30 years teaching in Commack. As Historian he has written many newspaper articles on the history of our town, he has published pamphlets and written histories of Commack, Nesconset, St. James, Kings Park, Hauppauge and Smithtown Branch. He resides in St. James.

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35th Annual Juried Photography Exhibition at Mills Pond House Gallery Opening Reception Saturday, September 24

The Smithtown Township Arts Council is pleased to announce its *35TH ANNUAL JURIED PHOTOGRAPHY EXHIBITION* at the Mills Pond House Gallery, 660 Route 25A, St. James. The exhibit opens Saturday, September 24 at 2 p.m. and continues through Sunday, October 23, 2016. The public is invited to an opening reception on Saturday, September 24, 2016 from 2-4 p.m. to meet the participating artists and view their work.

Judge/Juror Lisa Elmaleh selected 49 works in a variety of photographic media for her exhibit theme *Home: a place you are from, or a place you have moved to*. Home can be found in the face of a loved one, or an object you find comfort in. The



Hometown Pride
by Elizabeth Milward

27 selected artists included hail from seven states and 12 are from Long Island. Prize winners will be announced on opening day.

Mills Pond Gallery hours are: Wednesday through Friday 10 a.m. - 4 p.m. and Saturday and Sunday 12 noon - 4 p.m. Admis-

sion to the Gallery is FREE. For more information, call 631-862-6575 or visit www.stacarts.org.

Participating Artists:

Virginia Aschmoneit (Westhampton Beach, NY), Liza Hennessey Botkin (CA), Susan Carney (Smithtown, NY), Mark Coggins (CA), Libby Crimmings (IA), JoAnne Dumas (Wading River, NY), Doug Emery (NJ), Frank L. Esposito (Cold Spring Harbor, NY), Corey Phillips Fowler (Bellport, NY), Nicholas Gaffney (NH), John Goldstein (Stony Brook, NY), Phyllis Goodfriend (Great Neck, NY), William Grabowski (Huntington Station, NY), Elizabeth Herrmann (FL), Abby Irwin (NYC, NY), Timothy H. McCoy(GA), Elizabeth Mil-

continued on page 84

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2016/2017 SEASON PERFORMANCE SCHEDULE

Rent

Through October 2, 2016
RENT follows a year in the life of a group of impoverished young artists and musicians struggling to survive and create in NYC's Lower East Side.

Forever Motown

Saturday, October 8, 8 p.m.
Tickets: \$45; Members/\$40
A non-stop, high energy trip down memory lane featuring the songs America grew up on. Celebrate the music of your life.

Urinetown The Musical

October 15-November 6, 2016

In a fictional city a 20 year drought has led to a government ban on private toilets. Everyone must "PAY TO PEE." This side-splitting send up of greed, love, revolution (and musicals) is worth its weight in gold.

The Great American Trailer Park Christmas Musical

November 19-December 18
Holiday sequel to the 2009 hit.
NOT FOR KIDS - R-Rated

Elf Jr., The Musical

CHILDREN'S THEATRE
November 25-December 30
All Tickets: \$15
This hilarious fish-out-of-water comedy follows Buddy the Elf in his quest to find his true identity.

It's A Wonderful Life

A Live Radio Play
Encore Presentation
December 21-23
The magic of Bedford Falls comes to life as you are transported to 1940.

Peter and the Star Catcher

January 14-February 25, 2017
Tickets: \$35 all seats
A hilarious evening of fun ...

a prequel to Peter Pan.

Shrek Jr., the Musical

CHILDREN'S THEATRE
January 21-February 26, 2017
All Tickets: \$15
This hilarious stage spectacle is based on the Oscar-winning smash hit film and Broadway musical.

It Shoulda Been You

March 11-April 15, 2017
A new musical comedy. In the history of insane wedding days... this one takes the cake.

Annie Jr.

CHILDREN'S THEATRE
March 18-April 15, 2017
All Tickets: \$15
Comic strip heroine Annie takes center stage in one of the world's best-loved, award-winning musicals.

Wonderettes: Dream On

May 6-June 17, 2017
Classic pop and rock of the 70's provides the perfect soundtrack for old friends to catch up.

The New Mel Brooks Musical Young Frankenstein

July 8-August 20, 2017
It's Alive! The electrifying adaptation of Mel Brooks' monstrously funny film.

Man of La Mancha

September 9-October 22, 2017
Don Quixote Returns - The classic musical of a dying old man's quest for the impossible dream.

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PERUVIAN FLUTE PERFORMANCE LIM hosts Latin Music Concert with Walter Purizaca

The Long Island Museum, 1200 Route 25A in Stony Brook, will present a Latin Music Program on Sunday, October 2 at 2 p.m. Visitors will dance and sing along to traditional Peruvian flute music with Sicanni (Walter) Purizaca. Bilingual notes will be provided and questions are encouraged.

A fixture at East End festivals and street fairs during the summer, Greenport resident Sicanni Purizaca is a "musician who bases his music on spirituality that intends to touch the soul in order to create a better world



ruled by love," he states.
Purizaca has been playing Na-

tive American and Peruvian flute for more than 25 years and composes his own music. In addition to his musical career, Purizaca is a Native American model and actor and makes Peruvian flutes. His concert at the Long Island Museum is free with regular museum admission and his CDs will be available for purchase.

The museum is open Thursday through Saturday from 10 a.m. to 5 p.m. and Sunday from 12 noon to 5 p.m. For information about exhibitions and related programs call 631-751-0066 or visit www.longislandmuseum.org.

Enjoy Dancing? Then You're Invited!

Swing Dance Long Island invites you to join their friendly group for a mix of East Coast Swing, Savoy Lindy Hop, West Coast Swing, Balboa and some Ballroom dancing. No partner is needed and beginners are welcome.

Each month they will meet at their new venue – **The Jazz Loft**, located at 275 Christian Avenue

in Stony Brook, NY 11790. Beginner lesson at 7:30 p.m. with dancing between 8 and 11 p.m. Admission: \$15.

SDLI will hold its monthly dance on Saturday, October 1, music by *Bill Wilkinson Orchestra*.

Come alone or bring a friend – no partner needed. Refreshments, ample parking and tons of

fun.

Swing Dance Long Island, Inc. is an all volunteer, not for profit organization dedicated to the promotion of swing dancing on Long Island, NY. For additional information call their 24-hour Dance Hotline at (631) 476-3707 or visit their website at www.sdli.org.

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Andrew N. Polan, F. N.A.O.

The Mini, the Maxi and More *Remembering Fashion in the 1960s*

On Sunday, September 25 at 2 p.m. the Long Island Museum, 1200 Route 25A in Stony Brook will welcome fashion historian Sally Kinsey who will explain how style icons rocked the fashion world in the 1960s. Find out what they were wearing and then see the styles up close on a guided tour of the museum's costume collection, with a focus on the decade's trendiest. This program is free with regular museum admission.

The 1960s extremes hit the fashion world, from the runway to department store racks. And fashion customers had a growing variety of shopping choices.

"Long Live the Mini!" exclaimed a *Newsday* headline from June 6, 1969, with anecdotal evidence offered that Long



Island women would never go back to plunging hemlines. "I wear mine (hemlines) four to five inches above the knee, sometimes higher," said Patchogue resident Mona Johannessen. "As far as I am concerned, well, I'm not wearing longer skirts. They're not comfortable." A co-worker, Donna Kijowski, agreed. "Per-

sonally, I wear what is comfortable," she said. "Longer lengths are not only uncomfortable, they're not good for morale." Another *Newsday* article from the same year indicated that "the beard and the miniskirt, two symbols of youth and rebellion... finally have gained grudging acceptance on Long Island."

Sally Kinsey will examine the fashion extremes of the 1960s and explain how each look allowed young women to express their independence through clothes.

The museum is open Thursday through Saturday from 10 a.m. to 5 p.m. and Sunday from 12 noon to 5 p.m. For information about exhibitions and related programs call (631) 751-0066 or visit www.longislandmuseum.org.

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There's always something happening at the Staller Center, University at Stony Brook. The following programs are being offered for your enjoyment. Box Office hours are 12 noon to 6 p.m., Monday through Saturday and 1-hour before ticketed performances. For tickets and information, call the Box Office at 631-ARTS (2787). Tickets can also be purchased 24 hours a day at www.STALLERCENTER.COM.

The University Art Gallery (*The Paul W. Zuccaire Gallery*) hours are 12 noon to 4 p.m., Tuesday through Friday and 7-9 p.m. on Saturday. For further information about Art Gallery shows call 631-632-7240.

The Department of Music features numerous performances throughout the year with over 150 *FREE* recitals. For further information call the music depart-

ment at 631-632-7330.

Upcoming events at Staller Center at SUNY Stony Brook:

AT A GLANCE

Programs subject to change.

2016

THE HAVANA CUBA ALL-STARS

Saturday, October 8, 8 p.m.

MAIN STAGE \$38

The fabulous Havana Cuba All-Stars bring a high-energy, all-acoustic concert drawing inspiration from traditional Cuban "son," the Latin-American musical form.

AQUILA THEATRE in MURDER ON THE NILE

Saturday, October 15, 8 p.m.

MAIN STAGE \$38

Cruise down the Nile River on a paddle steamer in 1940s Egypt with the renowned actors of

Aquila Theater for a captivating murder mystery.

JARROD SPECTOR and

KELLI BARRETT

Saturday, October 22, 8 p.m.

RECITAL HALL \$48

Newly-married Broadway veterans Jarrod Spector and Kelli Barrett are often asked, 'What's it like to be married to a fellow artist?' Bringing to life the greatest songs birthed from the greatest marriages, the two attempt to answer the question with great songs.

ESCHER QUARTET

Friday, October 28, 8 p.m.

RECITAL HALL \$42

In this unique concert, the Escher Quartet will perform Eugene Drucker's original composition, *Madness and the* continued on facing page

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continued
Death of Ophelia. Accompanied by the quartet, Allison Linker, speaker/singer, plays the roles of both Ophelia and the Queen in four excerpted scenes from Hamlet.

JANEANE GAROFALO

Saturday, November 5, 8 p.m.
RECITAL HALL \$42

Janeane Garofalo, the hilarious stand-up comedian, is a critically acclaimed actress, outspoken activist, and brilliant spoken word performer. Janeane is known for her film roles in Dogma, Reality Bites and The Truth about Cats and Dogs, as well as her notable appearances on "24," "Mad About You," and "The West Wing."



CRISTINA PATO

Saturday, November 12, 8 p.m.
Recital Hall \$38

Although she entered the jazz world as a pianist, Cristina Pato came to prominence after she picked up an instrument from her childhood in Spain: the bagpipe. Specifically the Gaita, a version of the bagpipe from her native region of Galicia. Though it may seem an unusual instrument for jazz, Pato has been able to use it quite effectively, being hailed as "one of the living masters of the Gaita," by The Wall Street Journal.

STARRY NIGHTS NOVEMBER

Wednesday, November 16,
8 p.m.
RECITAL HALL \$38

The stars of the music world come out for Starry Nights, a word-of-mouth phenomenon growing each year, and defying anyone's preconceptions about chamber music. Past performances have included everything from Bach, Beethoven and

Mozart to John Cage's Living Room Music.

ROYAL WINNIPEG BALLET - DRACULA

Saturday, November 19, 8 p.m.
MAIN STAGE \$48

Enjoy one of the oldest ballet

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Smithtown Historical Society Happenings

Since 1955 the Smithtown Historical Society has worked to ensure that the history of Smithtown Township and our Long Island heritage are preserved and interpreted for the education and enjoyment of current and future generations.

Their mission is carried out through collection, conservation and preservation, research, exhibitions, publications, educational programs, support of regional heritage organizations, living history events, community library and archives.

The Historical Society maintains six houses and eight out-buildings at three locations: Obadiah Smith House, Caleb Smith House and their 22-acre Village of the Branch Historic District Site.

The Smithtown Historical Society, holds a number of events

during the year. For further information about any of their programs call 631-265-6768.

EVENTS

631-265-6768

**Frank Brush Barn
211 Middle Country Road
Smithtown**

**Ongoing - November 2016
Tuesdays & Thursdays 12-4 p.m.;
Saturdays 10-2 p.m.**

Smithtown Gets Married: Weddings Past and Present:

Smithtown Historical Society's newest historic cultural exhibit takes a walk down the aisle to explore 200 hundred years of area weddings. The exhibition examines changes in bridal traditions from the 19th century weddings to the suburban weddings of our modern era. Something old, something new, there's

something for everyone to appreciate in this beautiful new exhibition. Caleb Smith II House, 5 North Country Rd., Smithtown. Admission is FREE. Sponsored by Whisper Vineyards.

September 30, 7 p.m. *Italian Football Wedding*

Fee: \$15/members;
\$20/non-members

Eat, dance and celebrate at a mock wedding reception the way the Italians did in the 1940s. Merriment, song, dinner and dessert.

October 14 *Tales for Tots - Halloween*

Discover a new theme through reading each and every month. Storytime for children ages 3-5 with adult at the Historical

continued on page 84

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The Jazz Loft Happenings

The Jazz Loft at Stony Brook, located at 275 Christian Avenue in Stony Brook, is an exhibition, preservation, education and performance center which houses a vast collection of jazz memorabilia. The Jazz Loft hosts jam sessions, lectures on jazz and presents a variety of concerts. Some of the concerts in the coming months are sponsored by Olivia and Harlan Fischer of Head of the Harbor.

The Jazz Loft is open Thursday through Saturday, 12 noon to 5 p.m. Tickets: Adults/\$10; seniors 62+/\$7; students/\$5; children 12 and under are free.

For additional information and tickets visit www.thejazzloft.org or call 631-751-1895.

Wednesday, September 21 Jam Session

Arrive at 7 p.m. for performance of house band/\$10; Arrive at 8 p.m. for the open jam/\$5

Saturday September 24, 7 p.m. Melanie Marod

Tickets: \$20/adults, \$15/seniors, \$10/students, children 12 and under/free

Wednesday, September 28 Jam Session

Arrive at 7 p.m. for performance of house band/\$10; Arrive at 8 p.m. for the open jam/\$5

Thursday, September 29, 7 p.m. Interplay Jazz Orchestra

Tickets: \$20/adults, \$15/seniors, \$10/students, children 12 and under/free

Friday, September 30, 7 p.m. Bill Rignola and his Quartet

Tickets: \$20/adults, \$15/seniors, \$10/students, children 12 and under/free

Saturday, October 1 The Jazz Loft hosts Swing Dance

Long Island dance lesson and dance to live music 7:30 p.m. Tickets must be purchased through SDLI.org

Wednesday, October 5 Listening Lecture Jazz 101 Series: Music from the Great American Song Book

presented by Madeline Kole and Richie Iacona 7 p.m. Tickets \$10

Jazz Loft Jam Band 7 p.m.,

Arrive at 7 p.m. for performance of house band/\$10; Arrive at 8 p.m. for the open jam/\$5

Saturday, October 8, 7 p.m. Concert with Steve Salerno, guitarist and guest

Tickets: \$20/adults, \$15/seniors, \$10/students, children 12 and under/free

Wednesday, October 12 Jazz Loft Jam Band 7 p.m.

Arrive at 7 p.m. for performance

of house band/\$10; Arrive at 8 p.m. for the open jam/\$5

Thursday, October 13, 7 p.m. The Blue Devils Band with Tom Manuel

Tickets: \$20/adults, \$15/seniors, \$10/students, children 12 and under/free

Friday, October 14, 7 p.m. Sybil Lefferts vocalist

Tickets: \$20/adults, \$15/seniors, \$10/students, children 12 and under/free

Wednesday, October 19 Jazz Loft Jam Band 7 p.m.

Arrive at 7 p.m. for performance of house band/\$10; Arrive at 8 p.m. for the open jam/\$5

Thursday, October 20, 7 p.m. Rich Iacona's Bad Little Big Band

Tickets: \$20/adults, \$15/seniors, \$10/students, children 12 and under/free

Saturday, October 22, 7 p.m. Vanessa Trouble and the Red Hot Swing Band

Tickets: \$20/adults, \$15/seniors, \$10/students, children 12 and under/free

Wednesday, October 26 Jazz Loft Jam Band 7 p.m.

Arrive at 7 p.m. for performance of house band/\$10; Arrive at 8 p.m. for the open jam/\$5

continued on page 80



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Woman With Parasol and Puppy

Congratulations to St. James artist Arline Goldstein. Her series "Matisse Unleashed" was selected by the Islip Arts Museum's Slide Slam 2016, to be presented at Ripe Gallery, 1028 Park Ave. in Huntington. All are invited on October 19, 2016 from 6-9 p.m. to meet the artist and hear her discuss her work. For additional information, call Ripe Gallery at 631-239-1805.

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What's Happening at the Mills Pond House Gallery

The Mills Pond House Gallery, located at 660 Route 25A, St. James, is dedicated to exhibiting the work of local, regional, and national artists and is open to the public Monday through Friday, 10 a.m. to 5 p.m. and Saturday and Sunday from 12 noon to 4 p.m. Admission is free. For additional information call the Smithtown Township Arts Council at 631-862-6575 or visit their website at www.stacarts.org

The Smithtown Township Arts Council is an independent, not-for-profit, community arts organization. Exhibit Sponsorships are available for many exhibits, concerts and workshops. If you are interested in sponsoring one of their innovative exhibitions or programs, call 631-862-6575.



SEPTEMBER

24

Opening Reception, 2-4 p.m.
Meet the photographers of the
35th Annual Juried Photography:
Home exhibition.

24-October 23

35th Annual Juried Photography:

Home exhibition. Home can be a place you are from, or a place you have moved to. Home can be found in the face of a loved one, or an object you find comfort in.

30

Jazz in the Living Room

7:30 p.m. Bring your instrument... everyone plays! Challenge the world of sheet music and exact chords... If you are looking to expand your creative and imaginative horizons, join this fun and creative evening of Jazz Improvisation. Admission: \$5 to participate. FREE to listen.

OCTOBER

21

Jazz in the Living Room

7:30 p.m. Bring your instrument... everyone plays! Challenge the world of sheet music and exact chords... If you are looking to expand your creative and imaginative horizons, join this fun and creative evening of Jazz Improvisation. Admission:

\$5 to participate. FREE to listen.

NOVEMBER

5-December 18

Member Artist Showcase

A unique exhibition of original fine art for sale by member artists.

18

Jazz in the Living Room Concert

This is an evening where Jazz in the Living Room participants have an opportunity to perform, showing off their newly learned skills to the audience. Admission \$5 to listen; FREE for Jazz in the Living Room participants/players.

DECEMBER

-18

Member Artist Showcase

A unique exhibition of original fine art for sale by member artists.



2, 3, 4

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JANUARY

21

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ARTS & ENTERTAINMENT

continued

**Saturday October 22
9:45 a.m. - 3:30 p.m.**

**Symposium -
*Long Island in the 1960s:
A Decade of Transformation***

Join us for this engaging day-long event focusing on seminal changes that took place across the region. Talks from five scholarly experts will explore suburban and economic trends, the 1964-65 New York World's Fair, the local Civil Rights Movement, regional architectural trends, and Long Island's popular music. Fee: \$12/person, \$10/students, seniors and museum members. Includes symposium and admission to the museum. Optional additional lunch fee: \$10. To register or for more information call (631) 751-0066 ext. 212 or email Lunander@longisland-

museum.org. Admission is granted on a first come / first served basis. Space is limited. Pre-registration and pre-payment is required.

October 23, 5 p.m.

Beaucoup Blue & Toby Walker
The Sunday Street Concert Series presents Toby Walker, internationally known "roots music" fingerstyle guitar virtuoso. Beaucoup Blue is a Philadelphia-based duo playing a range of instruments, including six and twelve string guitars, slide guitar, and dobro to accompany their soulful voices. Advance tickets \$22 through Friday, October 21. If available, tickets may be purchased at the door for \$27 cash. Concert takes place in the Carriage Museum's Gillespie Room.

CHILDREN & FAMILY PROGRAMS

**Oct. 4, 18, 25, Nov. 1, 15, 22,
29, Dec. 6, 4:30 - 5:30 p.m.
Exploring Techniques
NEW PROGRAM**

In this mixed media class students will gain inspiration from the wide range of artwork on view spanning from the 19th century to contemporary. Artist Espacia Maria will show students how to experiment with watercolors, colored pencils and other mixed media and some sessions will include a gallery visit. 8-week session. \$120 for the session; \$105 for members; Pre-registration and pre-payment are required.

continued on following page

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Long Island Museum 2016 Calendar

continued from page 47

October 6, 4:30 - 5:30 p.m.

Hands on Art

Inspiration is all around us. Learn the elements of art, use different materials and create your own masterpiece in each monthly session. \$10 per class; \$8 per class for members; Pre-registration and pre-payment is required.

October 16, 3 p.m.

Book Club:

Countdown by Deborah Wiles

Join twelve-year-old Franny Chapman in Washington, DC during the days surrounding the Cuban Missile Crisis. Amidst the pervasive threat of nuclear war, Franny must face the tension between herself and her younger brother, figure out where she fits in with her family, and look beyond outward appearances. For Franny, as for all Americans, it's going to be a formative year. Register and pick up book at the Emma S. Clark Library. For questions call the library at (631) 941-4080.

October 20, 4:30 - 5:30 p.m.

Hands on History

Make the past come alive through activities and objects. Visit a different gallery each month and explore history. \$10 per class; \$8 per class/members; Pre-registration and pre-payment is required.

EXHIBITIONS

I've Got the Music in Me Through October 23, 2016

Finalists from the juried art competition includes works by amateur and professional artists from across Long Island, creating art in all media inspired by the theme music.

Long Island in the Sixties Through December 31

The early-to-mid 1960s was an era of optimism on Long Island: the age of Camelot, the Beatles, and rock and roll. Amidst all of this positive energy, more contentious change was underfoot, and the island was a microcosm of the same powerful forces shaking up the rest of the nation. The Civil Rights Movement impacted school district and housing integration throughout the region. Long Island residents, like Americans everywhere, questioned the status quo in foreign policy, gender relations, and the meaning of "traditional" in American life. This exhibition will take visitors on a tour of the decade when Long Island stood at the precipice of transformations that still hold legacies for our present.

Drawn from Life: Objects and Stories from William Sidney Mount's Paintings Through December 31, 2016

William Sidney Mount's depictions of people at work, play, rest, or posed in their finest clothing provide a vivid window on rural life in and around mid-19th century Stony Brook. But most of what Mount captured on canvas with his brushes and paints is gone; only a handful of the exact objects that he used for reference survive. Today, audiences of Mount's work only see his interpretation of the people, places, and things that once surrounded him. Pairing Mount paintings with objects from LIM's collections and contemporary photographs of buildings and landscapes that the artist painted, the exhibition will allow the visitor to see how Mount interpreted the world around him, and how such sites have changed over time.

Ongoing

THE CARRIAGE MUSEUM

Eight galleries housing more than 100 horse-drawn vehicles and related artifacts explore the history of transportation before the automobile became the everyman's primary mode of transportation in the U.S.

Bayman's Art

Ongoing

VISITOR'S CENTER

The Bayman's Art gallery replicates an authentic Long Island

continued on page 80



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EMERGENCY APPOINTMENTS TAKEN



HEALTH VIEWS by *Gregory R. Thomaier, D.C., C.C.S.P.*

This article is part of an ongoing series presented in order to bring you the very best and latest information about exercise, health and diet.

Risks of Sitting Too Much

Research has shown that prolonged sitting has a negative impact on our overall health. Too much sitting has been shown to be associated with obesity, increased blood pressure, high blood sugar, high cholesterol, a decreased metabolic function and an increase in cardiovascular disease.

Our bodies are designed to be mobile and not sedentary. Unfortunately our lifestyles tend to force us to go against our biological design by requiring us to sit prolonged at a desk/computer, driving a vehicle and with watching TV. Studies show we tend to sit

on average 9.3 hours a day. Most everything in our society is focused around sitting so it is a tough cycle to break but with a conscious effort a positive impact can be achieved.

Research has also shown that just merely increasing your activities without decreasing your time spent sitting doesn't significantly offset the risks. Standing and walking requires more muscle activity which in turn helps to burn fats and sugars, so try standing while talking on the phone or eating your lunch and consider using a standing work station when using your computer. Try standing



when commuting by bus, subway or train and for local errands consider walking or riding a bike. The amount of time sitting is cumulative and finding ways to interrupt the amount of time sitting is to your benefit.

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- American Chiropractic Association Sports Council
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- American Medical Athletic Association

GENTLE EFFECTIVE TREATMENT OF:

- Back/Leg Pain (Sciatica, Disc Problems)
- Neck/Arm Pain (Numbness, Tingling)
- Whiplash Injuries
- Sports Injuries
- Pinched Nerves
- TMJ Disorders
- Scoliosis
- Headaches

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- Worker's Compensation
- No Fault (Auto)
- Union Plans
- Major Medical
- etc...

The Long Island Museum Hosts *Museum Day Live!* on Saturday, September 24

The Long Island Museum, located at 1200 Route 25A in Stony Brook, will open its doors FREE of charge on Saturday, September 24, 2016 as part of Smithsonian magazine's 12th annual *MUSEUM DAY LIVE!* On this day only, participating museums across the United States emulate the spirit of the Smithsonian Institution's Washington DC-based facilities, which offer free admission every day, and open their doors for free to those who download a Museum Day Live! ticket.

Inclusive by design, the event represents Smithsonian's commitment to make learning and the spread of knowledge accessible to everyone. Each year *MUSEUM DAY LIVE!* draws thousands of participants, and

this year's event is expected to attract more museum-goers than ever before.

The exhibitions featured in this year's *MUSEUM DAY LIVE!* event include *Long Island in the Sixties*, examining the fashion trends, political and social turmoil and music's influence on the lives of all Long Islanders; *Drawn from Life: Objects and Stories from William Sidney Mount's Paintings*, pairing modern photographs and real life objects with Mount's 19th century works they inspired; and *Common Ground: The Music Festival Experience*, organized by the Rock and Roll Hall of Fame and Museum in Cleveland.

The Museum Day Live! ticket will be available to download at [Smithsonian.com/museum-](http://Smithsonian.com/museum-day)

daylive. Visitors who present the Museum Day Live! ticket will gain FREE entrance for two at participating venues for one day only. One ticket per household, per e-mail address is permitted. For more information about Museum Day Live! 2016 and a full list of participating museums and cultural institutions, please visit Smithsonian.com/museumday.

ABOUT THE LONG ISLAND MUSEUM

The Long Island Museum is a Smithsonian Affiliate dedicated to enhancing the lives of adults and children with an understanding of Long Island's rich history and diverse culture. The museum is open Thursday through Saturday from 10 a.m. to 5 p.m. and Sunday from 12 noon to 5 p.m. For information about exhibitions and related programs call (631) 751-0066 or visit www.longislandmuseum.org.

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Programs Offered at the Library

The Smithtown Library offers a variety of programs during the upcoming weeks and months. The Library has **one number (631-360-2480)** which will connect callers to all four Library buildings. The Main Branch, is located at 1 North Country Road, Smithtown. The Nesconset Branch (Administration Business Office) is located at 148 Smithtown Blvd., Nesconset. The Commack Branch is located at 3 Indian Head Road, Commack. The Kings Park Branch is located at 1 Church Street, Kings Park. Call for Library hours.

For more information visit the library website at www.smithlib.org.

You may register at the above phone number for programs unless otherwise noted.

REGISTRATION INFORMATION

In-person, online and telephone registration for all programs is ongoing. Registration is required unless otherwise noted. Programs that require fees can be paid by credit card, cash, check or money order to The Smith-

town Library. To pay by credit card, use the online payment option. For more information about paying by credit card, see the Library website. If paying in cash, bring exact change only. Program fees are non-refundable and non-transferable.

MOVIE MATINEES

NESCONSET

Call for dates, times and movies

SMITHTOWN

Fri., Sept. 23, 2 p.m.

Maggie's Plan

Rated: R, Runtime: 99 min.

Call for additional dates, times and movies



BOOK DISCUSSION GROUPS

Tea-rrific Reads Book Discussion

NESCONSET

Tues., Sept. 27, 2:15-3:15 p.m.

The House We Grew Up In by Lisa Jewell. Call for additional books, dates and times. *Registration encouraged.*

Killer Reads

Book Discussion Group

NESCONSET

Call for books, dates and times. *No registration required.*

A Novel Idea

Book Discussion Group

SMITHTOWN

Wed., Sept. 28, 2:30 p.m.

The Dress Shop of Dreams by Menna van Praag. Call for additional books, dates and times. *Registration encouraged.*

Historical Non-fiction

Book Discussion Group

SMITHTOWN

Thurs., Oct. 27,

10:30 a.m. or 2:30 p.m.

Dead Wake: The Last Crossing of the Lusitania by Erik Larson. Books will be available starting Monday, Sept. 26. *In-person registration only.*



TRIPS

ON-YOUR-OWN TRAIN TRIP TO NYC

SMITHTOWN

Sat., Oct. 29, 8:45 a.m.

Fee: \$10 per person

Enjoy a day in the city with reduced-rate tickets via the LIRR and the Library! Register for the trip by 9 p.m. on Thursday, October 20, 2016 and then pick up your ticket(s) at the Smithtown Main Building starting Monday, October 24. On the day of the train trip, all patrons must meet a staff member at the Smithtown train station and leave on the 9:03 a.m. train. Everyone must be in the first car together and transfer at Huntington. You will arrive at Penn Station at 10:39 a.m. and must return home on any train prior to midnight. If the minimum requirement of 30 registrants is not met, the Smithtown Library reserves the right to cancel the trip.

continued on facing page

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PROGRAMS!**



ARTS & ENTERTAINMENT

continued

GUIDED TOUR OF 'ALEXANDER HAMILTON – THE UNTOLD STORY' EXHIBIT

SMITHTOWN

Sat., Oct. 29, 8:45 a.m.-1 p.m.

Fee: \$35 per person.

Hamilton Tours will acquaint visitors with an in-depth portrayal of a statesman and visionary through an exploration of objects from the New York Historical Society's permanent collection and documents from the Gilder Lehrman Institute of American History and the Patricia D. Klingenstein Library. Patrons will join the On-Your-Own Train Trip (train ticket is included in this registration fee) and then meet at the museum at 11:45 a.m. for a 1-hour tour beginning at 12 noon.

BROADWAY SINGS BUS TRIP TO NYCB THEATER AT WESTBURY

NESCONSET

Tues., Nov. 1, 9 a.m.-5:30 p.m.

Fee: \$91 per person includes lunch, all expenses & gratuities.

Enjoy lunch at Verdi's and then head to the NYCB Theater at Westbury, where Broadway performers will sing popular songs from musicals such as *Beautiful - The Carole King Musical*, *Mamma Mia* and *Come Fly Away*, as well as songs from top recording artists such as Josh Groban, Andrea Bocelli, Mario Lanza, Elton John, ABBA, Billy Joel and more. Registration is required and is ongoing. Please meet the bus in the Nesconset Branch parking lot at 9 a.m.

ADULT PROGRAMS

WORKING THE WATERS: LONG ISLAND'S BAYMEN AND FISHERMEN

SMITHTOWN - Long Island Room
Thurs., Sept. 29, 7-8:30 p.m.

For centuries Long Island's baymen and fishermen have

made a living by working the waters of the local area. Depending upon the season, they could harvest a bounty of oysters, clams, eels, fish and wildfowl, which they could then, in turn, sell for a profit. Learn more about the history and lives of these industrious Long Islanders.

COMPUTER BASICS PART 2

Smithtown

Thurs., Sept. 29, 7-8 p.m.

Develop your computer skills. Learn how to get started on the internet, work with files and applications and protect your computer from viruses, malware and hard drive failure. Participants must be familiar with using a mouse.

JOB FAIR

SMITHTOWN

Fri., Sept. 30, 10 a.m.-1 p.m.

The Suffolk County Dept. of Labor and The Smithtown Library present this opportunity for job seekers to connect with employers. Bring your resume and dress for success.

SICILIAN FOLK MUSIC

SMITHTOWN

Sat., Oct. 1, 2-3:15 p.m.

Terra Sangue Mare will perform traditional and contemporary Sicilian folk music using folk instruments and traditional Sicilian instruments. Stories of knights in armor and ladies in waiting will come to life through traditional Sicilian music and world folk music. *This is part of the Library's Fall Art, Music and Culture series.*

PUMPKIN PIE SCONES

SMITHTOWN

Tues., Oct. 11, 6:30-8:30 p.m.

Fee: \$7 per person

Fall breakfast will never be the same after you try these pumpkin pie scones demonstrated by Simply Creative Chef Rob Scott. They are great any time of the day and perfect for Halloween or Thanksgiving morning. Everyone will go home with dough for six scones ready to bake. Please bring two medium bowls, a rubber spatula and a cookie pan to class.

. . . continued on following page

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ARTS & ENTERTAINMENT

Library Programs

continued from page 53

ONGOING ADULT PROGRAMS

ADULT GAME DAY

SMITHTOWN

Fri., Sept. 23, 11-1:30 p.m.

NESCONSET

Mon., Sept. 26, 12-3 p.m.

Call for additional dates and times.

We provide the space, tables and chairs. Bring your friends and board or card games to play. Space is limited and is available on a first-come, first-served basis. *No registration required.*

ADULT WRITERS GROUP

SMITHTOWN

1st Tuesday of every month, 7 p.m.

Call for dates

Meet each month to share ideas and get feedback on your latest efforts. Program is free and open to all regardless of library district. *No registration required.*

ART GROUP

SMITHTOWN

Tues., Sept. 27, 12-2:15 p.m.

Call for additional dates and times.

Weekly group will work on independent projects. *No registration required.*

OPEN KNIT AND CROCHET NIGHT

NESCONSET

Call for dates and times

Join this local group and enjoy

a friendly and informal get-together. Experienced crafters and beginners welcome to knit and crochet with other enthusiasts. *No registration required.*

AARP DEFENSIVE DRIVING CLASSES

SMITHTOWN

Thurs., Sept. 29, 10 a.m.-5 p.m.

Thurs., Oct. 20, 10 a.m.-5 p.m.

NESCONSET

Sat., October 15, 9 a.m.-4 p.m.

KINGS PARK

Call for dates and times.

Phone, online and in-person registration for the next two months of classes is ongoing. Classes are open to Smithtown Library cardholders only until 1 week prior to the program, when, space permitting, all individuals regardless of library district are welcome to register. Open to all adult drivers regardless of age.

Fee: \$20 with an AARP membership card; \$25 without. Check or money order only made out to AARP is due to the instructor at the beginning of class. Must have a library card to register; one registration per library card.

TEEN PROGRAMS GRADES 6-12

The Smithtown Library offers a variety of programs geared toward teens. Join one or join all – you're sure to have a great time!

(In-person, online or telephone registration for all programs is required and ongoing.)

TEEN VOLUNTEER OPPORTUNITIES

A variety of volunteer opportunities will be offered at the Library throughout the year. One hour of community service will be given. Register for this program. Call for dates and volunteer opportunities.

Book Sale Room

Teen Volunteer Opportunity

SMITHTOWN

Mon., Sept. 26, 4-5 p.m.

Teen volunteers are needed to keep its sale room in order. Tasks include straightening of sale items on shelves, alphabetizing books, boxing books for shipment and more. Please call Mr. Salas at 360-2480 x128 for more details; space is limited.

Homework Helpers

NESCONSET

Thurs., Oct. 13, 20, 27, 4:30 p.m.

Volunteers will work one-on-one with children in grades K-5 assisting them with homework and studying. All volunteers must submit an application and a letter of recommendation prior to the start of the program. The application is available at both the Adult and Children's Reference

continued on page 56

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Library Programs

continued from page 54
Desks at the Nesconset Branch.
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of community service per
session.

DIY PAINT CHIP CALENDAR

NESCONSET

Thurs., Sept. 22, 7-8 p.m.

Keep track of your hectic schedule with this reusable dry-erase calendar made out of paint chips. You'll never have to buy a calendar again. This DIY project is super easy to make and will look perfect on any wall or locker.

CLAY CAT CRAFT

SMITHTOWN

Mon., Sept. 26, 4-5 p.m.

Happy Cat Month continues with a clay craft that is just purr-fect. We will supply the materials; all you need to bring is your

imagination.

CHILDREN'S PROGRAMS

Register in person, online or by phone for all Children's Programs – 360-2480 unless otherwise noted. Call the library for dates and times and age restrictions for ALL programs.

Visit the Library website at www.smithlib.org for a complete program listing and additional details or go to the library and pick up a program flyer.

Note: Each child must have his/her own Library card to register for programs.

For School Age Children

A variety of literature-based programs which include a wide range of activities are offered throughout the school year. Each children's department provides

specialized programs, unique to each branch.

PRESCHOOL BACK-TO-SCHOOL STORCRAFT

SMITHTOWN (3-5 years w/adult)
Thurs., Sept. 22, 10-10:45 a.m.

Enjoy back-to-school stories with a fun craft to put in your lunchboxes.

RISE AND SHINE STORYTIME

SMITHTOWN (3-5 years w/adult)
Fri., Sept. 23, 11-11:30 a.m.

Come to the Library and listen to the story *Llama Llama Red Pajama* by Anna Dewdney and make your own llama craft. Don't forget to wear your pajamas and bring your favorite stuffed animal along with a blanket and cozy slippers or socks.

continued on facing page

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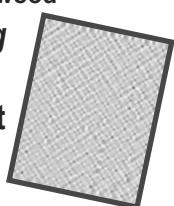
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Library Programs

continued

WHAT A HOOT

NESCONSET (5-7 years)

Fri., Sept. 23, 4:30-5:15 p.m.

"Whoop" is ready for some fun? Fly into the Library for some favorite owl stories and crafts.

MAGIC EYE

NESCONSET (8-12 years)

Sat., Sept. 24, 10:30-11:15 a.m.

Enter the world of Magic Eye – see some of the most mind-bending optical illusions, learn how they work and create your own.

MUSIC FOR LITTLE FOLKS

SMITHTOWN (3-5 years w/adult)

Mon., Sept. 26, 2:30-3:15 p.m.

Shake, rattle and roll with this movement program that has you playing instruments right along with the music and movin' those feet.

JUMP AND JIVE

NESCONSET (4-6 years)

Mon., Sept. 26, 4:30-5 p.m.

Preschoolers will enjoy this high energy music and movement class designed to sharpen motor skills. Dance, sing and play age appropriate games that will keep you jumpin' and jivin'.

THE PILLOWCASE PROJECT

SMITHTOWN (8-12 years)

Tues., Sept. 27, 7-7:45 p.m.

The Pillowcase Project, sponsored by Disney and led by American Red Cross volunteers, is a preparedness education program which teaches children about personal and family preparedness, local hazards and basic coping skills. Upon completion, all registrants will receive a sturdy pillowcase in which to build their personal emergency supplies kit.

SENSORY STORYTIME

NESCONSET (3-5 years w/adult)

Wed., Sept. 28, 2:30-3:15 p.m.

Enjoy a hands-on approach to learning through exploring sensory boxes and participating in a storytime. Dress to make a mess.

PARENT WORKSHOP: ONLINE HOMEWORK

HELP AND DATABASE REVIEW

SMITHTOWN (adults)

Thurs., Sept. 29, 4:30-5:15 p.m.

Is your child struggling with homework, papers and tests? Join us in our LearnLab to learn about the online resources offered including Brainfuse, a database available to all Smithtown Library cardholders. Brainfuse allows you to interact with live tutors in math, science, reading/writing and social studies. Please note that your Library card will

continued on following page



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Library Programs

continued from page 57
be necessary in order to create a Brainfuse account.

POKÉMON BINGO

SMITHTOWN (5-7 years)
Sat., Oct. 1, 11-11:45 a.m.
Can't get enough of Pokémon GO? Join in for an exciting game of BinGO, Pokemon style.



AUTUMN ART

NESCONSET (6-8 years)
Sat., Oct. 1, 10:30-11:15 a.m.
Celebrate the whimsical colors of the autumnal season and design a collage of your own using leaves and paint to make a work of art. Dress to make a mess.

ONGOING PROGRAMS

Art Starts

SMITHTOWN (2-4 years w/adult)
Call for dates and times
Different crafts that encourage children's hand-eye coordination and gross and fine motor skills.
Dress to make a mess.

Baby Bounce

NESCONSET
(birth-11 months w/adult)
Fri., Sept. 30, 11-11:30 a.m.
This program is especially for babies. There will be songs and props and most of all, fun.

Creation Station

SMITHTOWN (under the age of 12)
Saturdays in Sept., 10 a.m.-4 p.m.
Come to the Library during these hours and complete some cool crafts. *No registration required.*

LEGO League

SMITHTOWN (5-12 years)
Sat., Sept. 24, 3 p.m.
Wed., Sept. 28, 4:30 p.m.
Call for additional dates and times
Do you enjoy building things? Using LEGOs and your imagination, you can create and build many wonderful things. We supply the LEGOS.

Library Playdate

NESCONSET (2-4 years w/adult)
Fri., Sept. 23, 11 a.m.
SMITHTOWN
Call for dates and times.

Nursery Rhyme Time

(birth-35 months w/adult)
SMITHTOWN
Sat., Sept. 24, Oct. 1, 10 a.m.
NESCONSET

Tues., Sept. 27, 10:15 a.m.
Call for additional dates and times.

Enjoy a traditional time of nursery rhymes and songs for baby. *Siblings are welcome.*

Terrific Threes

SMITHTOWN
(36-47 months w/adult)
Call for dates and times
Enjoy free play, stories, crafts and circle time. *Siblings are welcome.*

Time for Twos

SMITHTOWN
(24-35 months w/adult)
Thurs., Sept. 29, 10 a.m.
NESCONSET (24-35 months w/adult)

Thurs., Sept. 2, 11 a.m.
Call for additional dates and times

Build social skills in a relaxed, friendly environment, includes free play, songs, stories and a craft. *Siblings are welcome.*

Wonderful Ones

SMITHTOWN
(12-23 months w/adult)
NESCONSET
(12-23 months w/adult)
Call for dates and times.
This action-packed program engages little ones in language based activities; includes free play, stories and fun! *Siblings are welcome.*

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DESIGN IDEAS:
Fall Decorating Fashions



by Natalie
Weinstein,
Allied ASID,
IDS

Fall is upon us and that means the holidays will soon be approaching.

I love this time of the year because the colors of fall are so warm and inviting and the change of the season turns us inward to our homes in a very special way. Gatherings around the fireplace, and a kitchen with the wonderful smells of apple pie and cinnamon (even if you didn't bake it from scratch) bring families indoors and beckons visitors as well.

Even though I don't have children at home, I still love to decorate with fall touches to acknowledge the season. I always start with the fireplace mantle and a draping garland of colorful leaves. I like to add a cornucopia and a few candles between my ever-present family photos and pull out my favorite warm and cozy throw and toss it over a leather chair.

One of the other things I've collected over time is a front door banner which I place on the outside of my door between living room and the glass storm door using two narrow brackets. It's embroidered with pumpkins, gourds and other fall fruits and vegetables on a rich burgundy



background. Next to my bench in the hallway, I have two adorable Raggedy Ann and Andy scarecrow dolls sitting on a haystack surrounded by pumpkins. My dining room table on which there's always fresh flowers, now has a fall arrangement and a basket filled with candles with delicious scents of vanilla and cinnamon (Yum!).

On my kitchen table sits two small fall topiary trees flanking a colorful ceramic dish filled with fresh apples. My placemats are seasonal and very special. I made them with my grandchildren a few years back. We collected falling leaves on a nature walk and I took them to a copy center, where we arranged them and had them laminated between two pieces of clear plastic. I then cut them to placemat size and I have been using them

every year.

Fall touches our lives and makes our homes the special place we need and deserve. Take the time to enhance your surroundings, perhaps adding a little each year and enjoy the change of the seasons.

Editor's Note:

Natalie Weinstein is an Allied ASID, IDS interior designer, media personality, author, speaker, president of Natalie Weinstein Design Associates (www.natalieweinstein.com), a full service interior design firm and owner of Uniquely Natalie, a quality consignment furniture and accessory shop in St. James. Visit for full service interior design. Join www.nataliesclub.com for FREE seminars, tips, and discounts. Listen for Design Tips by Natalie on WALK 97.5 FM. For more information about Natalie Weinstein Design Associates, please call 631-862-6198 or email at info@natalieweinstein.com. For more information about Uniquely Natalie Quality Consignment, call 631-686-5644 or visit www.uniquelynatalie.com.



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It's Almost Time to Put Your Garden to Sleep

October, the first full month of autumn, dry, warm days and clear cool nights, beautiful. Take a hike or two and enjoy all those lovely leaves.

There has been a lot of talk about the declining number of Monarch butterflies, and probably many other types. You can help by doing a few things in your fall garden to help. First when raking those beautiful leaves, leave some behind along with other debris. Leave them in your garden beds and underneath the shrubs. This will provide cover for non-migrating adult butterflies, eggs, caterpillars and chrysalises. These leaves will break down over the winter and become leaf mold which is a good compost for your soil.

Then when cleaning up the beds in the spring, keep an eye out for any chrysalises that may be attached to stems. Keep an eye out for praying mantis egg cases also. If you find any of these, just snip off the stem and place it in another safe location to give it time to mature and hatch.

Another way to help the butterflies out is to provide a food source. Have fall-blooming flowers to provide the nectar they need. Some types to try are milkweed, asters, garden phlox, garden mum, goldenrod, sunflowers and zinnias.

Since the honeybee population has also been declining, planting more flowers all season will help them too.

Plan on keeping those leaves as you clean up. Find an out-of-the-way place in your yard to store them. Shredded or chopped leaves break down faster than

the whole ones. Just pile the leaves up and water them. In time they will bread down and you will have leaf mold which is wonderful to work into your garden soil or use as a top dressing mulch. In addition, use those leaves to cover newly planted or tender perennials or tuck them in and around shrubs.

While you are out looking at all those beautiful leaves have the children collect a bag full to use for craft projects (watch out for those poison ivy leaves). You can dry those leaves to use next month to add to your Thanksgiving decorations. Scatter them on tables, use as place cards, put them under glass on top of your table, put inside of picture frames for quick wall decorations or use for your front entrance way.

If you planted summer-blooming bulbs this would be the time to dig them up and store them to bloom again next summer. Of course, you can just leave them in the ground to die, but why spend money to buy new ones? With a few simple steps you can save your Elephant Ears, Gladiolus, Canna and Caladiums to name just a few.

After a light frost which has damaged the foliage is the right time. When digging them up be careful not to nick them. Shake off the dirt and cut the foliage leaving about an inch or so. Then sit them out of direct sunlight in a warm and dry place. They

should "cure" for about 7-10 days.

To store the bulbs, use a cardboard box lined with a plastic bag. Punch 40 or so holes in the plastic, top with several sheets of newspaper then add about three inches of barely damp peat moss. Lay the bulbs on top, not touching each other and cover with another three inch layer of peat moss. Continue with these layers and finish with several layers of newspaper. Store the box in a 40-50 degree dark place. Come spring you can start your bulbs inside or wait to put them directly in the ground. Just wait until temperatures are consistently 45 degrees at night.

Now it is just about time to put the rest of the garden to sleep for the year.

".... and even if something is left undone, everyone must take time to sit still and watch the leaves turn."

—ELIZABETH LAWRENCE

Editor's Note:

June Liardi, a St. James resident for over 30 years, is a wife and mother of three sons.

June will be writing articles on gardening, nature related craft projects and family activities.



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PERSPECTIVES ON REAL ESTATE:

Selling Your Home with Fido and Kitty at Your Side



by
Alexandra Rich

As much as we wish to think we love all creatures large and small, some people just do not or cannot.

Dog hair can be a nuisance, cats can cause allergic reactions, cow pies in the yard or litter past its prime are off putting to some, and food bowls and water dishes may be kicked accidentally. Yet with some planning and consideration nearly any "pet issue" can be overcome.

DOGS.

Over a decade ago I had a listing where the owners had two Dobermans who were trained to guard and protect. The sellers were oddly amused to see me arrive, then released the dogs, only to call them off at the last moment, with a whistle only the dogs could hear. The dogs stopped in their tracks. It was harrowing to the extreme, but I got used to it.

This is not akin to most house pet situations. Most dogs are friendly, well trained, affectionate or shy, welcoming. Yet you have to have a plan. Two exuberant golden retrievers weighing 80 pounds a piece, who like to jump up to greet all, can knock anyone down. Even a wagging tail can hit a small child in the face. If you are home for a showing take Fido for a walk or a drive. Or put him in his cage or crate, if he does not bark or whine to be released. If you work, perhaps you can make an arrangement for a dog walker to take on the burden. You do not want distractions to overwhelm the buyers' ability to view and appreciate your home.

Small dogs may be docile and reclusive, or snappy with strangers or children in particular. You know your pet best. If he or she barks at strangers, runs circles around the room in happy agitation, either hold your dog to calm it, or remove it from the house.

CATS.

Some cats are content, secure and welcoming of the odd pat on the head or cooing hello. Others retreat to their master or mistress's bed, hide in the closet, or flee to the basement. Some will just seek to escape the house entirely, especially a kitty who is used to an inside/outside arrangement. Make sure your listing agent knows precisely what the routine is. There is nothing quite like looking for kitty in the dark, when he normally just comes home when he wants to and meows at the door to gain entry.

Kitty litter needs to be fresh and tidy, and out of the way. It will take extra effort but a quick clearing of the litter pan and vacuuming of crunchy bits kicked out of the pan is essential. If there is a lingering scent some air freshener will help disguise it. If your cat has a special bed to cuddle in be sure it is neat and clean.

BIRDS.

Parrots and parakeets, finches and doves, are lovely to look at and often have enchanting dances and calls. But then there are the squawkers and talkers who have too much to say at a decibel level strangers can find intimidating. Most often birds can be silenced by covering their cages with a cloth that blocks the light and soothes their agitation. It will simulate bedtime. Birds can also be messy eaters flinging aside seed shells or food they do

not like. Clean paper at the bottom of the cage and a quick vacuum around the cage are essential. And if you give your cockatiel the freedom to fly around the house, be sure he is caged so he does not startle a buyer by landing on her shoulder.

FISH, GERBILS, FERRETS, GUINEA PIGS.

Whatever species you happen to like living with, safety and cleanliness are important. Fish are soothing to watch floating within their tank, just make sure the tank is out of the reach of young children who just want "a closer look." Small critters should be safe from poking fingers and choke holds. Snakes and turtles need to be confined. If you happen to have a big heart and a varied assortment of pets you can assign each member of the household to be responsible for one four legged or winged friend. Share the work load just as you share the love.

You want your home to be inviting and hospitable to potential buyers. Just as you clear out the clutter in your closets, reorganize your garage or tidy the workshop, you need to make sure your pets are part of a warm and calm welcome, rather than a source of distraction and concern. After all the pets do not stay with the house. They need to be a happy part of the décor that leaves when the movers pack the last box.

Editor's Note:

Alexandra Rich is a Associate Real Estate Broker, Certified Buyer Representative and Relocation Specialist with Daniel Gale Sotheby's International Realty, 499 Lake Avenue, St. James, 631-584-6600, alexandrarich@danielgale.com. Ms. Rich is a St. James native, and has been a Realtor for 22 years. If you have any questions or suggestions for future articles please call or email Alex.



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Nissequogue, NY – Private Beach

Magnificent Post Modern home on 2+ acres with expansive water views of the Long Island Sound. 2-story grand hall, custom floor-to-ceiling stone fireplace, gourmet kitchen, master suite with enchanting balcony, heated saltwater pool. Exquisite details throughout. One of the few direct beach access homes in the Village of Nissequogue. SD #1. MLS# 2821918. \$4,700,000.



Nissequogue, NY – Long Island Sound

Enjoy the majesty of the Long Island Sound through the 2-story palladium window in the formal living room. This newly constructed waterfront Estate is nestled on 2.99 acres of manicured lawns and features an open floor plan, gourmet kitchen, 4 fireplaces, master suite with balcony, in-ground pool, covered porch and 4-car garage. SD #6. MLS# 2788575. \$4,999,000.



Nissequogue, NY – Beach Community

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Nissequogue, NY – Private Sanctuary

Majestic custom Colonial on 2.7 acres of verdant lawns. The house is very bright with sunlight streaming through beautiful stained glass windows. Impeccably cared for and recently updated with Andersen tilt windows, CAC and electric service. Custom cherry cabinets in kitchen which is open to the family room. SD #1. MLS# 2837598. \$869,000.



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Want to Retire Early? Start Planning Now

by Scott Posner, CFP,
CRPC, A.A.M.S.

The average American retires at about age 63, according to data from the U.S. Census Bureau. If you enjoy your work, of course, you may want to go well beyond that age. But what if you don't want to wait until 63 or so? Can you afford to retire early?

Possibly – if you follow these suggestions:

- **Research the costs involved.** What will you do during your retirement years? Will you travel the world or stay close to home, pursuing your hobbies? Will you downsize from your current home? How will you pay for health care until you're old enough for Medicare? You will need to answer these and other questions to determine



how much you will need to sustain a comfortable lifestyle as an early retiree.

- **Invest more – and invest for growth.** One big advantage in retiring at the usual age, or even later, is that it gives you

more time to invest. But if you're determined to retire early, you will almost certainly need to accelerate your investment rate – which, in practical terms, means you'll likely have to contribute more each year to your IRA and 401(k) or similar employer-sponsored retirement plan than if you were going to retire later on. Plus, you may have to "ratchet up" the growth potential of your investment portfolio. However, because growth-oriented investments typically are more volatile than other investments, you will be taking on more risk than you might otherwise. If you are truly uncomfortable with this risk level, you may need to re-evaluate your plans for retiring early.|

continued on facing page

Markets Change. Are You Prepared?

When you stop and look back at what's happened in the markets, it's easy to realize how quickly things can change. That's why we should schedule some time to discuss how the market can impact your financial goals. We can also conduct a free portfolio review to help you decide if you should make changes to your investments and whether you're on track to reach your goals.

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- **Cut down your debt load.** It's always a good idea to enter retirement with as few debts as possible – but if you want to retire early, you may need to be even more diligent in controlling your debt load.
- **Know the rules governing retirement plan withdrawals.** If you want to retire before age 59½ and begin taking distributions from your IRA or 401(k) plan, you will generally be subject to a 10% early distribution penalty, plus normal income taxes. (To withdraw your earnings from a Roth IRA tax and penalty free, you generally must have owned the account for at least five years and have reached age 59½. You can withdraw your contributions at

any time tax and penalty free.) However, you may be able to avoid the 10% penalty if you take "substantially equal periodic payments," which are calculated based upon your age and other factors. Once these distributions begin, they must continue for five years or until you reach age 59½, whichever is longer. Other rules apply to these distributions, so before taking any, you will want to consult with your tax and financial professionals. And keep in mind that if your withdrawal rate is too high, you risk seriously depleting your retirement accounts, especially if your investments decline in value during the years you're taking these payments.

Most importantly, do everything early: Plan early, invest

early (and don't stop), and lower your debt load early. Getting a jump on all these activities can go a long way toward turning your early retirement dreams into reality.



Editor's Note:

Money Matters is a monthly feature written by Scott Posner, CFP, CRPC, A.A.M.S., an investment representative with Edward Jones Investments. This 130-year-old firm has over 10,000 offices around the world with one here in town at 542 North Country Road in the Old St. James School House. Mr. Posner has serviced both personal and institutional investors for over 27 years. For more information, a schedule of free investment classes or to request topics for future columns, call 631-862-2020.

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Do-It-Yourself Estate Planning? Read On!

by Joseph A. Bollhofer, Esq.

I just completed another trial involving family members who fought over an estate. It seems like a good time to emphasize the importance of preparing a clear plan that will be upheld in court if it is challenged.

In this last case, a widow with one child had a will and a trust, and left everything she had to her niece. Nothing was left to her child. As you might expect, the child, a son, contested that arrangement after his mother died. He claimed that his mother was not competent to understand what she did, that she was unduly influenced by her niece, and that she was coerced into making this plan.

A good lawyer would make the plan as ironclad as possible, with significant precautions and redundancies, carefully documented. He or she would anticipate that the son would challenge the plan. However, in this case, no lawyer was involved in drafting the will. The widow did it on her own.

She obtained a form will online and asked her niece's (yes, the beneficiary) daughter to fill it in. Although there were two witnesses to the will, as required in New York, one had already died by the time the will was presented for probate. The other witness was the niece's other daughter, hardly what would be called a disinterested witness, since she stood to receive part of the estate if her

mother predeceased the widow.

Without giving a play-by-play of the contested probate process, suffice it to say that the dispute cost both sides a great deal of money in legal fees. The matter was settled at the end of the trial, just before the court was to reach a decision. A compromise was reached – something that the widow likely did not intend.

The widow had never signed a power of attorney or a health care proxy. Although these documents are only applicable during lifetime, and are worth their weight in gold if the need arises, they sometimes can help to shed some light on a person's intent by clarifying whom he or she trusts. If the niece, for example, had been the widow's agent under a power of attorney prepared by a lawyer, and/or had authority to sign on the widow's bank accounts, those facts might help to convince a court in a close case that the niece was the widow's trusted agent. Of more significance, if the widow had authorized gifting to the niece under the power of attorney and/or had made the niece her beneficiary on bank accounts, those facts could have been persuasive.

The point is that a good estate plan should be comprehensive – well thought through. It does not have to be expensive, just able to stand up to scrutiny. That is the value of having an experienced lawyer prepare it.

You might be wondering about the trust I mentioned earlier. The niece was the sole beneficiary and became the trustee upon the widow's death, so that fit the widow's plan of giving everything to her. It was prepared by a lawyer years before the will. We presume a will was signed at the time that the trust was created, although none could be found, and our search to find the lawyer was not successful.

So, what was in the trust? Nothing! The widow – who held her cards close to her chest – apparently on her own removed her assets from the trust years before her death. Why? We'll never know.

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Editor's Note:

Joseph A. Bollhofer, Esq., is an attorney who practices law in the areas of elder law, Medicaid, estate and business planning and administration, and real estate. He is a member of the National Academy of Elder Law Attorneys, and of the Elder Law, Real Property, and Surrogate's Court Committees of the Suffolk County Bar Association and of the Elder Law, Trusts & Estates Law and Real Property Law Sections of the New York State Bar Association. He has been serving area residents since 1985 and is admitted to practice law in New York and New Jersey. His office is located at 291 Lake Avenue, St. James, NY. (631) 584-0100. For reprints of this article and others concerning Medicaid, Elder Law and Estate Planning, send a request to info@bollhoferlaw.com or visit www.bollhoferlaw.com.



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HCDS to Show Acclaimed Documentary *SCREENAGERS: Growing Up in the Digital Age*

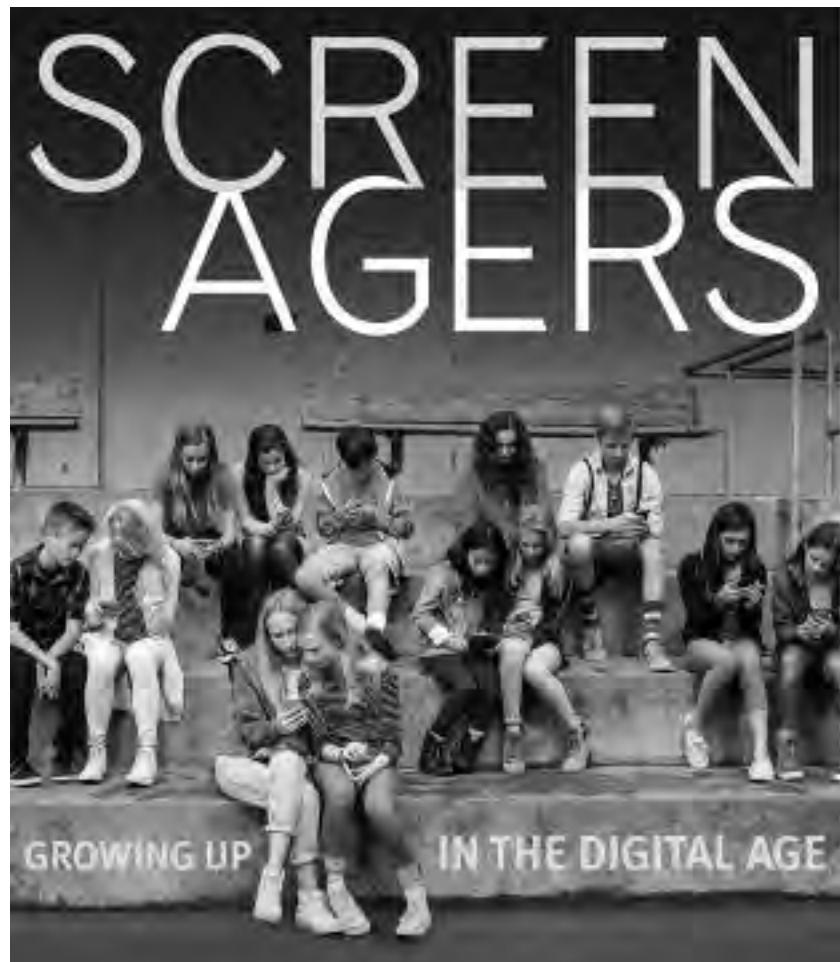
As seen on Good Morning America, SCREENAGERS is first feature documentary to explore impact of screen technology on children and to offer solutions to parents.

On Thursday, September 29, 2016 at 7 p.m. Harbor Country Day School, 17 Three Sisters Road, St. James, will host a public screening of the acclaimed documentary *SCREENAGERS: Growing Up in the Digital Age*. Created by Stony Brook resident, physician and award-winning filmmaker, Delaney Ruston, *SCREENAGERS* examines the impact “screen time” has on children’s development and offers solutions for how adults can empower children to best navigate the digital world to find balance in their lives.

The film will be followed by a panel discussion featuring experts in child psychology and education, as well as adolescents and parents of school-aged children.

Tickets at \$10 each are available at www.harborcountrydayscreenagers.eventbrite.com

Today's children have access to technology more than at any other time in history, which impacts children's social and emotional development, academic success and relationships at home and at school. Through interviews with parents, physicians, psychologists and adolescents, *SCREENAGERS* takes a deeply personal look at



the struggles parents and children face over screen time – and aims to help families find a balance between technology and the “unplugged” life.

For additional information call the school at 631-584-5555.

ABOUT DELANEY RUSTON

Delaney Ruston is a filmmaker, doctor and mother of two. Through her

company, MyDoc Productions, Delaney has made award-winning films such as *Unlisted: A Story of Schizophrenia*, about her father, and *Hidden Pictures: A Personal Journey into Global Mental Health*. These films aired on PBS, and were the focus of national campaigns to raise awareness about mental health and were featured at conferences by the World Health Organization.

FREE Adult Basic Ed Classes – All Are Welcome

Smithtown Central School District's Adult Basic Education Center is offering FREE morning, afternoon and evening classes at the New York Avenue Annex Joseph M. Barton District Building, 26 New York Avenue in Smithtown.

All are welcome! FREE

CLASSES: Learn English, prepare for citizenship, earn your High School Equivalency diploma (GED), gain computer and workplace skills. Career Counseling is available for enrolled students.

All students must register. Registration will be ongoing. Smithtown residency is not required

and classes are open to all Suffolk County residents.

Call 631-382-2181 for further information or go to their website at www.smithtown.k12.ny.us go to DEPARTMENTS, then click ADULT EDUCATION, click ADULT BASIC EDUCATION.

9 / 11 MEMORIAL SERVICE



**ST. JAMES
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OPEN HOUSE**
221 Jefferson Ave.
St. James
Sunday, October 2, 2016
11:00 a.m. - 2:00 p.m.
ALL ARE WELCOME!

St. James Fire Department 9/11 Memorial Ceremony

St. James Firefighters came together with residents for a somber ceremony at the Jefferson Avenue Fire Station on Sunday, September 11, 2016 in honor of those who lost their lives on that fateful day in 2001.

Special Thanks to all those who contributed to building the Memorial. For additional information on how to support and help maintain the St. James 9/11 Memorial please contact Tom Donohue at tdonohue@stjamesfd.org



Ron Villano, M.S., LMHC, ASAC, CCH is the leading expert in working through change. As a father who lost his 17-year old son in an auto accident, he always speaks from the heart. As a licensed mental health counselor, he guides others on how to work through difficult times. As a national speaker and author of *The Zing*, Ron has appeared on TV and radio throughout the world. He will help you to Embrace the Power of Change in your personal and professional life.

Ask Ron Villano

Dear Ron,

One of my really great friends is constantly cancelling on me at the last minute. We will make a plan to meet at a restaurant, a movie, or go to the beach – and 9 out 10 times she cancels. My other friends say that I am at fault for continuing to make plans with her but she really is an amazing person who I love very much. I do not want to throw away a 10-year long friendship, but I am getting frustrated! I have tried discussing it with her in the past but she always seems to have a valid explanation for cancelling and so I usually end up letting her off the hook. Any ideas on how to get her to follow through and commit? I'll try anything!

– Frustrated

Dear Frustrated,

Friends who cancel at the last minute can be very frustrating to deal with. You do not mention any examples of her explanations so it is a little hard to tell whether or not her intentions are innocent or purposeful. Let's look at it this way – we cannot control her behavior or choices, but we can control yours! I would no longer agree to meet her at any inconvenient locations or events. Start

by having her over for tea or coffee at your house – this way, if she doesn't show up you can simply enjoy your treats and carry on with your night in the comfort of your own home. If you feel like branching out from there, try including her in a plan where you will also be with other friends – this way, if she doesn't show up you can still enjoy your evening with other loved ones. At a certain point, you may have to step back and leave the planning up to your friend. Perhaps then she will understand how you have been feeling when she is no longer being sought out.

Editor's Note:

Ron Villano, M.S., LMHC, ASAC, CCH, is the founder and director of Family & Personal Counseling, located at 872 Middle Country Road in St. James. He is an author of the book *The Zing*, has appeared on national TV, along with daily appearances on the Verizon FiOS1 network. With offices in St. James, Bohemia, East Islip, Levittown and Howard Beach and a staff of 20 therapists from all backgrounds – Family & Personal Counseling addresses individual and family concerns of all ages. For additional information call 631-758-8290 or visit www.FamilyAndPersonalCounseling.com and www.RonVillano.com to listen to his featured interviews.

Celebrating a Special Occasion?

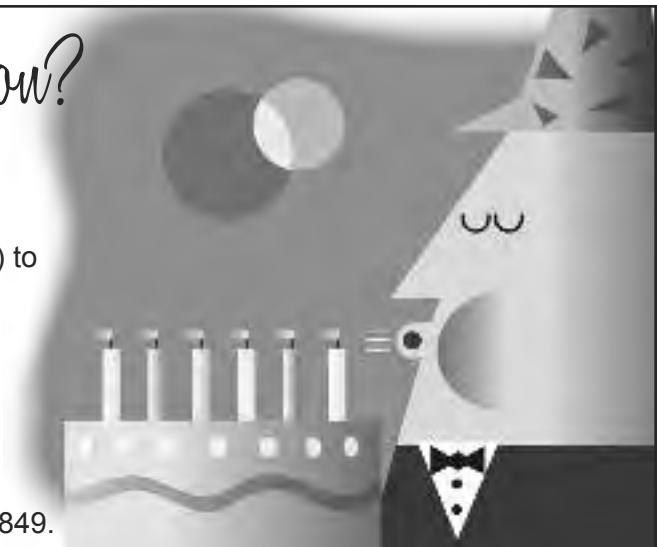
Share the news with your friends & neighbors in OUR TOWN...

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There is no charge for this service.

For further information, call Our Town at 631-862-9849.





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Ron Villano
M.S., LMHC, RPT-S, CHT
Founder/Director

Getting a Hearing Test May Be Good For Your Memory

by William Kent

If you want to help your memory and cognitive performance, you may want to get a hearing test and if necessary treat your hearing loss. There is a growing body of research that shows a definitive link between hearing loss and cognitive function.

According to Brandeis University Professor of Neuroscience Dr. Arthur Winfield, effortful listening due to unaddressed hearing loss is associated with increased stress and poor performance on memory tests. His research shows that even when people with unaddressed hearing loss perceive the words that are being spoken, their ability to remember the information suffers, more likely because of the draw on their cognitive resources that might otherwise be used to store what has been heard in memory. This is especially true for the comprehension of quick, informational complex speech that is part of everyday life.

"Even if you have a mild hearing loss that is not being treated, cognitive load increases significantly," says Winfield. "You have to put so much effort just to perceive and understand what is being said that you divert resources away from storing what you have heard in your memory." As people move through middle age and their later years, as Winfield suggests, it is reason-

able for them to get their hearing tested annually. If there is a hearing loss, it is best to take it seriously and treat it.

A number of studies have come to light over the past few years showing a link between hearing loss and dementia. Specifically, a pair of studies out of John

Hopkins found that hearing loss is associated with accelerated cognitive decline in older adults and that seniors with hearing loss are significantly more likely to develop dementia over time than those who retain their hearing. We have been spreading this information for a number of years now and I strongly believe that these facts are important for patients and their care takers to keep in mind when forgetfulness becomes apparent. Many experts believe that interventions, like hearing instruments, could potentially delay or prevent dementia. Research is ongoing.

Other studies indicate that maintaining strong social connections and keeping mentally active as we age might lower the risk of cognitive decline and Alzheimer's according to the Alzheimer's Association. Also interesting is the Better Hearing Institute research shows that



people with hearing difficulty who use hearing instruments are more likely to have a strong support network of family and friends, feel engaged in life and meet up with friends to socialize. Some even say that using hearing instruments has a positive effect on their relationships.

In our lifetime many of us have ups and downs in relationships and in either physical or mental health. The idea is to control the negative effects which we are faced with so it does not have a long lasting or serious effect on our lives. We should pay attention and listen to what our body is telling us, and take whatever steps that are necessary to arrive at what one feels is the correct treatment. From a hearing standpoint it's simple, get a hearing test. For most, an annual audiometric evaluation is covered by health insurance, often

continued on page 91

FROM STRESSED TO ZEN: How to Meditate

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POWER & POSSIBILITIES OF ESSENTIAL OILS

Supporting Healthy Immune Function



by Terri Pace and
Mary McManaman

Are you aware of the power and endless possibilities of essential oils? There are many uses... providing safe, effective, therapeutic, and non-toxic benefits, which are available from the essential oils you already have in your home! *Why should no family be without essential oils!*

This month we focus our attention on essential oils which support healthy immune function! As the seasons change and we move indoors, our exposure to harmful pathogens increases. We rely on a healthy immune system to protect us!

Improved protection starts

with killing the pathogens that share our world and also reducing our exposure. The problem is that we can never eliminate all the threats! For example, consider the use of cell phones today.

- Do you hold your cell phone by your mouth and face to talk?
- Do you hold it in your hands... A LOT?
- Do you brush it along your lips?
- What about your children?

The amount of germs per square inch on a typical cell phone is 25,107! That is more bacteria than is found on the average toilet seat in the same amount of space. [July 2013, Government Technology Magazine]. We certainly cannot completely eliminate all threats! So what can we do?

"An ounce of prevention is worth a pound of cure." – BENJAMIN FRANKLIN.

These wise words guide us in our goal for health: Our immune systems are the first line of

defense against diseases and viruses. Therefore, boosting our immune function is the KEY to prevention!

Choose simple strategies to boost your immune function, naturally:

1. Appreciate the connection between lifestyle choices and your immune health! In the Fall 2014 issue of the doTERRA® Living Magazine, Dr. Hill, Chief Medical Officer and Chairman of the Scientific Advisory Board, wrote: "Many lifestyle factors can weaken our immune system, including stress, lack of sleep, exposure to toxicity, and poor nutrition."

2. Establish a daily routine! Many authors focus our attention on our daily actions and the results that ensue from those choices. For example, in *The Slight Edge*, Jeff Olson says: "Simple daily disciplines – little productive actions, repeated consistently over time – add up to the difference between failure and success." We see the importance of our daily choices most profoundly in our experience of health and wellness.

3. Healthy Gut = Healthy Immune Function! According to NCBI, Pubmed.gov, "The gut immune system has 70-80% of the body's immune cells." Since the gastrointestinal (GI) system plays a key role in the proper function of our immune system, one of the most effective ways to enhance our immunity is to create a daily routine that promotes a healthy digestive system.

Here are some simple daily routines which promote healthy function of your immune system:

- Diffuse a blend of Wild Orange, Clove, Cinnamon, Eucalyptus, and Rosemary essential oils which supports healthy immune function, while eliminating airborne pathogens. Apply

continued on page 78

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Supporting Healthy Immune Function

continued from page 76

a few drops of this blend to the bottom of your feet every morning and every night to boost immune function.

- Coriander, Ginger, and Fennel essential oils are well known for their support of overall digestive health (to name a few). Simply apply a few drops to your abdomen or place a drop under the tongue daily.
- Choose a vitamin and mineral supplement that is in the right format (bioavailable to the body), with the right balance (specific vitamins and minerals must be in the right combination/proportion to each other), and one which contains therapeutic grade essential oils to optimize absorption of essential nutrients. These essential oils include Clove, Cumin, Caraway, Frankincense, Gin-

ger, German Chamomile, Peppermint, Thyme, and Wild Orange. Pairing essential oils with vitamins, minerals, essential fatty acids, and enzymes helps us get the most out of them!

- A probiotic supplement is an excellent choice to populate the GI tract with important microflora, especially one that also delivers a prebiotic fiber directly into the intestines.
- Keep stress under control! During the body's stress response, we experience an increase of cortisol. (Cortisol is also associated with the accumulation of fat, particularly around the stomach, hips and thighs.) Lavender essential oil helps maintain healthy cortisol levels. Apply a few drops of Lavender to your hands, neck or pulse points to help manage your body's stress response

naturally*!

- You can also reduce stress (night or day) with a drop or two of these powerful stress relievers*: Basil, Bergamot, Frankincense, Lemon or Wild Orange essential oils.

You will soon discover that living a natural solutions lifestyle and using high quality therapeutic grade essential oils opens many possibilities for you!

Essential oils are safe, effective and very affordable. However, not all essential oils are created equal! Be an educated consumer and use only certified pure, therapeutic grade essential oils for your family!

We come together each week to share our experiences and tell our stories. These personal experiences give us hope that our tomorrows will be better because

continued on facing page

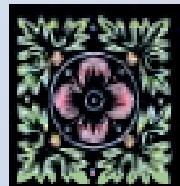
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✉ Deanna Walsh-Bender, MSEd, LMSW ☰

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Supporting Healthy Immune Function

continued from previous page
someone shared their experience with us today! And what is the foundation which resulted in these transformational experiences? Our greatest success is found in our daily routine. What will you do every day to create the life experiences you want? Join us for an interactive discussion on Simply Natural Solutions for your daily life! Discover the power and possibilities of essential oils! Visit <http://simplynaturalseminars.eventbrite.com/> for more information on events and workshops also available.

*These statements have not been evaluated by the Food and Drug Administration. The products mentioned are not intended to diagnose, treat, cure, or prevent any disease.

Editor's Note:

Terri Pace – Terri and her family are longtime residents of St. James and owners of Pace's Steak House in Hauppauge, NY. Terri Pace is certified Holistic Health Coach. She is an educator, sharing her experiences and knowledge on the use of simply natural solutions to support the structure and functions of the body for optimal health and wellness.

Mary McManaman has always been devoted to the use of natural solutions in her life. Her kind and compassionate nature now motivates her to share this passion with others as she educates others about the versatile and therapeutic uses of essential oils and other natural products.

Hearing Test

continued from page 74
with little or no out of pocket expense. Think about it and then listen to your body... it's speaking. All you have to do is... listen.

Editor's Note:

William Kent is the director of Long Island Hearing, an audiology and hearing instrument practice established in 1985. With offices in Nassau and Suffolk Counties, they can be reached at their Hearing Help Line at 1.800.698.5200 for more information on this topic or general information about hearing help.

P O E T ' S C O R N E R

“Say What?”

by David F. McKell

An old man went to a doctor,
To cure his memory lapse.
It had caused him to forget everything,
And made him almost collapse.

He kept forgetting his wife's birthday,
And their anniversary too.
He was missing all his appointments,
There was nothing left for him to do.

He couldn't sleep and his nerves were shot,
And there was no end in sight.
He pleaded with the doctor,
To help him get some rest, that night!

The doctor smiled and said, “Calm down” my friend,
What you've told me is not quite that rare...
In my practice, I've treated many men of your age,
And put them all, “back on the square.”

“Now to begin with, I have to know some facts,
Which I'm sure are only known to you.
So let's get started with your recovery,
As I ask you a question or two!”

“Whatever it takes,” said the old man,
“I'll do anything that you please.
But tell me before we get started,
Just what kind of questions are these?”



“They're very basic,” said the doctor,
“To begin with, let's get to the heart.
So that I can treat you properly,
Tell me, when did this problem first start?”

The old man stared at the doctor,
His eyebrows raised, eyes wide apart.
And he looked quite confused, as he mumbled,
“When did what problem first start?”

New Stamp Issues

submitted by the
St. James Post Office

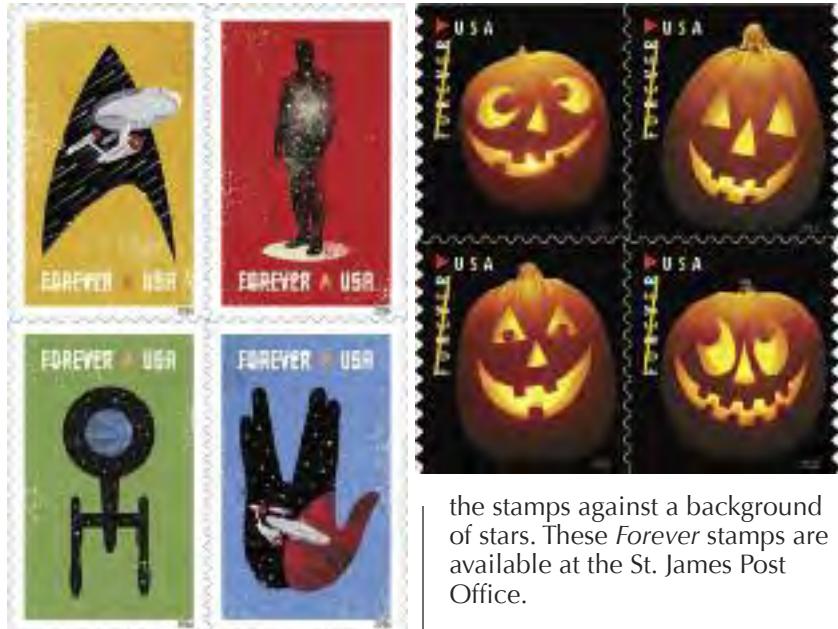
Patriotic Spiral Stamp

To accommodate business use, the Postal Service has issued the *Patriotic Spiral* stamp *Forever* priced at 47¢ in coils of 10,000 and booklets of 10. This festive and energetic stamp design features 50 blue and red stars spiraling around a central gold star on a white background. The idea for the design was to illustrate a community of stars protectively orbiting a central star that in an abstract sense stands for our nation's steadfast idealism and hope for a more perfect union. Contact the St. James Post Office on how to acquire these stamps



Star Trek Stamp

In 2016, the U.S. Postal Service celebrates the television show *Star Trek* on the 50th anniversary of its premiere. Four new stamps showcase four digital illustrations inspired by ele-



the stamps against a background of stars. These *Forever* stamps are available at the St. James Post Office.

Spirit of Halloween Stamps

In the spirit of Halloween, the U.S. Postal Service issued these delightfully eerie stamps featuring photographs of four different jack-o'-lanterns. These creatively carved pumpkins have been symbols of Halloween in the United States since the late 19th century, not long after celebrations of the holiday began here. These *Forever* stamps are the first Halloween-themed stamps to be issued by the U.S. Postal Service and will be available at the St. James Post Office on September 29, 2016.

THE FINISH LINE

Jazz Loft

continued from page 40

Thursday, October 27, 7 p.m.

Interplay Jazz Orchestra

Tickets: \$20/adults, \$15/seniors, \$10/students, children 12 and under/free

Friday, October 28, 7 p.m.

Bill Rignola Band

Tickets: \$20/adults, \$15/seniors, \$10/students, children 12 and

under/free

Saturday, October 29, 7 p.m.

Tom Manuel & Steve Salerno

Tickets: \$20/adults, \$15/seniors, \$10/students, children 12 and under/free

LI Museum

continued from page 48

wetlands environment as a "natural habitat" for the display of

shorebirds and duck decoys. An early 20th century bayman's shack, complete with tools, furnishings and decoys in various stages of completion, illustrates the process and methods used by carvers. A wonderfully preserved North Shore duck boat and a saltmarsh diorama is based on Effie's Hole, a small cove in eastern L.I. where duck hunting was a mainstay of life.

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CELEBRATIONS

Happy 1st Birthday



Olivia Shaw

Special birthday wishes go out to Olivia Shaw, of St. James, who celebrated her first birthday on September 13, 2016.

A year has passed, it's been such fun, my beautiful girl has turned 1! Happy Birthday my sweet Olivia you have brought so much love and joy to my life! I love you! Love, Mommy (Lauren Shaw).

Olivia is also wished *Happy 1st Birthday Livy girl, we love you!* from Nana, Grumpy and Ryan.

Richard and Kerry Weisse, of St. James, are ecstatic and proud to announce the birth of their fourth child, son Grayson Edward Weisse. Grayson made his debut on Tuesday, August 23, 2016 at 2:41 a.m. weighing in at 7 lbs. 2 oz and measuring 20 $\frac{1}{2}$ inches long.

Avery, Ryder and Kennedy are proud to be BIG sisters and BIG brother to Grayson. The family dogs "Gus Gus" and "Marley" are also happy to be protector to another 'lil one!

Grayson is also welcomed by her proud grandparents, Kenneth

Happy 27th Birthday



Happy Birthday to our son and big brother Vincent Chiarelli who celebrated his 27th birthday on August 23, 2016. Words don't describe how happy and proud we are of you! Keep on Rockin' love always, Mom, Dad, Nick and Chris.



Happy 95th Birthday



Happy birthday wishes go out to Ester Moll of St. James who celebrated her 95th birthday on September 9, 2016. Ester is the mother of two daughters, the grandmother of two granddaughters and four grandsons and great-grandmother of five great-granddaughters and nine great-grandsons. She celebrated her birthday at her home in St. James with her whole family!

New Arrival

and Elizabeth Maher, and Terry and the late Richard Weisse, all of St. James. Uncle Kenny and Aunt Melissa Maher and Aunt Tricia Weisse are excited to have another nephew to spoil.

"What a blessing! We are happy that he's finally here and now we are the Weisse Family Party of 6! We can't wait for everyone to meet our new bundle of joy! We are truly blessed!"

Congratulations and best wishes to the happy family from



Grayson Edward Weisse

your friends and neighbors in St. James.

One SMALL Step Family Fun Day

to benefit Prader-Willi syndrome research



One SMALL Step Family Fun Day
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September 25th at 10AM - 2PM

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For more information, contact Dana Capobianco: (631)741-0098 or
danacapobianco@gmail.com

CELEBRATIONS

The Wahrheits Celebrate Their 65th Wedding Anniversary

On October 14, 2016, Frederick and Veronica Wahrheit, of St. James, will celebrate 65 years of marriage. Frederick and Veronica met in 1949 when Veronica and an acquaintance were to host a yacht-sail and lawn party at the Knickerbacher Yacht Club in Port Washington. Their "driver" overslept that morning causing the women to miss the boat. At that time, Frederick and his two friends were about to set sail on his sail boat, *The Joy*. The driver introduced Veronica to Fred and asked him to take the women for a sail until the lawn party was to begin.

According to Fred and Vera, there was a mutual attraction from the moment they were introduced. They sailed and swam along Manhasset Bay. While Fred's friend was manning the sail, a squall erupted and the sail ripped. Fred calmly took charge and was able to get the boat to City Island. When the boat was ready for the return trip, it had



Frederick and Veronica Wahrheit

grown dark and a search plane was sent to look for *The Joy* and its passengers. After all, it was known that two hostesses were missing and a squall had caused trouble for boaters.

When they finally returned to the Yacht Club, people were anxiously awaiting. With all the commotion and noise, Fred was unable to hear Vera's voice over

the crowd that separated them and they parted without exchanging information. Vera properly sent a "thank you" note to the yacht club for "Fred, owner of *The Joy*" to thank him for his trouble and protectiveness.

The letter floated around for a few weeks before someone asked Fred if he was the owner of *The Joy*. Fred checked the return address and went in person to Vera's house in Queens to seek a courtship.

After 2 years of dating, Fred sold his sail boat, *The Joy*, to buy Vera an engagement ring. 65 years later Vera happily wears that ring as a token of their undying love and devotion to one another.

Fred and Vera Wahrheit have two sons, two daughters, seven grandsons and one great grandson. We join with the Wahrheit's family and friends in wishing them a very happy 65th anniversary.

THE FINISH LINE

Heritage Ball

continued from page 22
both a viable and valuable cultural resource and to ensure that the history of Smithtown Township and our Long Island heritage is preserved and interpreted for the education and enjoyment of current and future generations. To learn more about their events and programs, please visit their website at www.smithtownhistorical.org

Juried Photography

continued from page 28
ward (Smithtown, NY), Margaret Minardi (Northport, NY), Benjamin Moss (Ithaca, NY), Linda Quinn (E. Northport, NY), Alan Richards (East Hills, NY), Betty



Weighing the Sunrise Catch at the Market by JoAnne Dumas

Torrell (NC), Lindsay Tripp (Buffalo, NY), Kate Truisi (Brooklyn, NY), Joan Weiss (Jericho, NY), Bingjie Yu (Brooklyn, NY), Tony Zaza (NJ)

Historical Society

continued from page 38
Society's Roseneath Cottage, 239 Middle Country Road, Smithtown. Register by calling the Main Branch of the Library at 360-2480 Admission is FREE.

November 18

Tales for Tots - Thanksgiving

Discover a new theme through reading each and every month. Storytime for children ages 3-5 with adult at the Historical Society's Roseneath Cottage, 239 Middle Country Road, Smithtown. Register by calling the Main Branch of the Library at 360-2480 Admission is FREE.

December 9

Tales for Tots - Winter

Discover a new theme through reading each and every month. Storytime for children ages 3-5 with adult at the Historical Society's Roseneath Cottage, 239 Middle Country Road, Smithtown. Register by calling the Main Branch of the Library at 360-2480 Admission is FREE.



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ST. JAMES BUSINESS OPPORTUNITIES



St. James – Bull Run Farm family home
- 3-bedroom/2-bath. Set on approximately 1.3 rolling acres. 4 car tandem bay garage and shop area with 10' high entrance doors, perfect for tall commercial vehicles and off road concealed storage. Additional work bench area. Property as is. Low taxes. Listed at **\$645K**. A proposed 4-lot sub-division, at same location, 6.34 acres zoned 1 acre residential is offered separately. A 7-stall horse barn set on one acre plus lot is also available.



220 Lake Ave

Two story office building with second accessory building on the same property. Two vacant office spaces available – perfect for self-user if needed. 1st floor office 1,400 sq. ft.; 2nd floor office 1,200 sq. ft. **Asking \$775K**



275 Lake Avenue

Stand-alone 1,200 sq. ft. 2-story building. Very low taxes, presently being used as a professional office. **Asking \$399K**



PROPERTY BACK ON THE MARKET

St. James Lumber's 1.82 acres has many potential uses. The location calls for a better use of the property. Do your diligence with the town – the owner is open for all qualified projects.

Asking \$1,200,000.



217 Lake Avenue

Stand alone building located at the entrance of the community with great exposure for the professional who desires this kind of location. Traffic light corner. Bonus is a second accessory building (two car garage) – use as storage or lease separately. **Asking \$600K**



448 Lake Ave

Two buildings – One 2-story building with 1 commercial space and 1 leased apartment. Plus a single one-story building with two separate commercial rentals. One vacancy (wet store) and the other was a nail salon. This investment center is set on quarter acre corner lot. Parking in rear of building. The location is close to King Kullen and municipal parking. **Asking \$475K**

LOOKING FOR INNOVATIVE ENTREPRENEURS.

The properties listed here are just some of my brokerage listings on the market for sale and lease. If you, or any person who has a talent, product or inclination to start a business that will service this community please consider St. James as the place to do it.

I have been doing business in St. James since 1970. If you are knowledgeable and professional you will succeed. Over all, the economic health of St. James is better than most, and the income level is at a substantially higher level. This and a loyal community will add up to your success.

For more information on these listings visit
www.SearchingLongIslandNY.com

- IMPORTANT SAFETY NOTICE -

St. James Day Traffic Information

Sunday, September 25, 2016

Once again the St. James Chamber of Commerce will be holding their annual **ST. JAMES DAY** on **Sunday, September 25, 2016**. **PLEASE BE ADVISED** that due to the growing concerns for the safety of the residents and visitors on St. James Day, a number of meetings were held to discuss the traffic flow and parking on the streets that directly affect the area on and around Lake Avenue between Woodlawn and Railroad Avenues. Several St. James Chamber of Commerce board members met with representatives of the St. James Fire Department, Smithtown Department of Public Safety Director, John Valentine and Smithtown Town Board Member, Councilman Edward Wehr-heim.

The main concern was access to Lake Avenue for emergency vehicles and traffic flow around the St. James Day event. To accommodate this end the following plan was agreed upon.

Washington Avenue will be **ONE WAY** going **SOUTH** from Railroad Avenue to Woodlawn Avenue. Parking will be allowed on the west side of Washington ONLY (No PARKING signs will be posted on the east side of the street to facilitate access for emergency vehicles and traffic flow during the event).

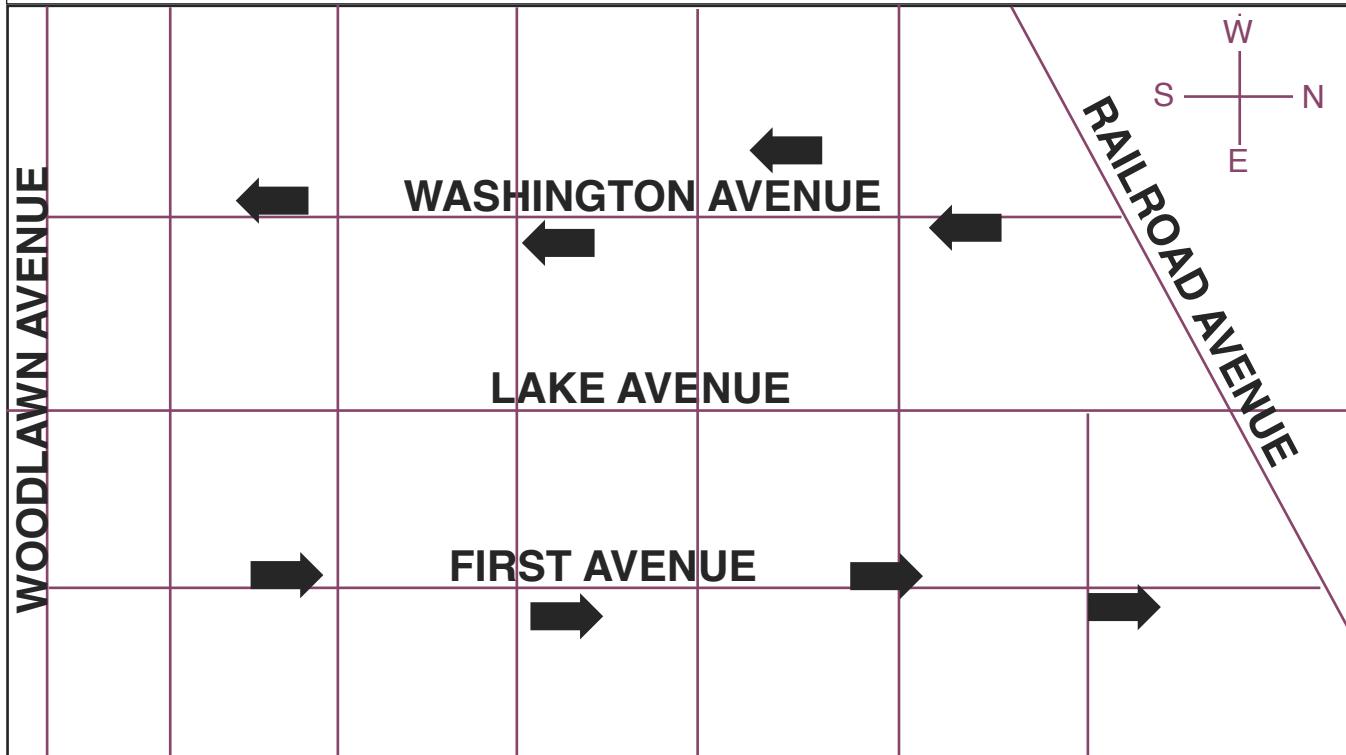
First Avenue will be **ONE WAY** from Woodlawn Avenue going **NORTH** to Railroad Avenue. Parking will be allowed on the west side of First Avenue ONLY (No PARKING signs will be posted on the east side of the street to facilitate access for emergency vehicles and traffic flow during the event).

All of the side streets that join Washington Avenue and First Avenue to Lake Avenue will have **ONE SIDE** parking ONLY. These parking spaces will be used SOLELY for the vendors so they can have access to their products. (Special parking permits will be issued.)

We feel that by taking these precautions for the safety of the residents and visitors, St. James Day will be more enjoyable and orderly.

We would like to thank the residents in advance for their cooperation in this matter, and ask that all heed to these special requirements for the day. We all look forward to another great St. James Day.

**St. James Chamber of Commerce
St. James Day Committee**



29th Annual St. James Day

Sunday • September 25, 2016
11 a.m.-5 p.m.

HUNDREDS OF VENDORS
SALES GALORE
LIVE MUSIC • GIVE-AWAYS
FOOD - FOOD - FOOD
SOMETHING FOR EVERYONE



SPONSORED BY THE ST. JAMES CHAMBER OF COMMERCE

O B I T U A R I E S

Thomas A. Logan

Thomas A. Logan, of Stony Brook, NY, passed away on April 11, 2016 at the age of 87. *They Shall Not Be Forgotten.* Proud Veteran of the United States Marines. He was the beloved husband of Florence. Devoted father of Sean Logan, Kevin Logan, Patricia Logan, and Deidre (Mark) Doran. Loving grandfather of six and great-grandfather of one.

A Funeral Mass was celebrated at Sts. Philip & James Church, St. James, followed with Military Honors. Cremation was private. Interment followed on August 9, 2016 at Long Island National Cemetery.

Arrangements were entrusted to the professional care of The Branch Funeral Home of Smithtown and the Vigliante family.



Thomas A. Logan

Ronnie Luba

Ronnie Luba, of St. James, passed away on July 25, 2016 at the age of 74. Beloved husband of Mary Moran-Luba and loving father of Julie (Ben), Ron, Sarah (Timothy) and Rachel. Grandfather of Timothy Campbell II. He is survived by many beloved family members and friends.

Ronnie graduated from Levittown High School in 1959, joining the United States Air Force at 17 and serving until 1961. Upon returning home Ronnie became an apprentice plumber and worked on union projects that included the World Trade Center and the Northport Power Plant. Ronnie went on to become a master plumber and started his own plumbing business, working locally around St. James for over 40 years. Ronnie also worked for Rice Mohawk on the revitalization of Ellis Island and Governor's Island. Ronnie was a proud member of VFW Post 395 in St. James, and served as a member for over 28 years.



Ronnie Luba

Ronnie left a lasting impression on many and will be remembered fondly by friends, family and acquaintances.

A service was celebrated at Branch Funeral Home followed by a funeral mass at Sts. Philip and James R.C. Church in St James, NY. Internment followed at Calverton National Cemetery.

Barbara Ann Rado

Barbara Ann Rado, of Calverton, NY, was born in New Rochelle. Her parents Charles and Ann Schoenherr, were lovingly known to most as Pop and Nana. Barbara was one of six children, Charles, Arthur, John, Marianne and Louise. Barbara was the proud parent of Deborah, Philip, Patricia, Arlene and Paul. She was blessed with 20 grandchildren to spoil and one great grandchild to really spoil.



Barbara Ann Rado

Barbara worked in Sears for over 30 years at Smithaven Mall. Shortly after retiring, she joined the Rocky Point School District as an aid, which she loved, and was there for over 10 years.

Barbara loved to travel. Cruising was something she did best, along with spending endless hours at the beach reading a good book. Barbara loved cooking, planning holiday get togethers and most of all spending time with her family.

Barbara was a straight shooter and she would tell you exactly how it was in a way that no one else could. She believed everyone should work hard, nothing in life was free and life wasn't fair; which we all know today more than ever.

Barbara was full of life and always ready for the next adventure. She gave her children so much and her only request in return was "stay close to one another."

Barbara passed away August 30, 2016 leaving us all too soon. She has left shoes too big to fill by anyone.

A Funeral Mass was celebrated at St. Anthony of Padua R.C. Church. Cremation followed at Washington Memorial Park.

Arrangements were entrusted to the professional care of Branch Funeral Home of Miller Place and the Vigliante family.

For advertising rates & information, please call 631-862-9849

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O B I T U A R I E S

Kitty Phipps

Kitty Phipps, of Smithtown, NY, passed away peacefully on August 8, 2016 at the age of 77. She was the beloved wife of the late Edward. Cherished mother of Joe (Eliana) Phipps, Jimmy Phipps and John (Liz) Phipps. Loving grandmother of John, Christopher, Mickey, Ashley and Logan. She is survived by many other family members and friends.

A religious service was celebrated at the Branch Funeral Home. Interment followed at Hauppauge Rural Cemetery.

Arrangements were entrusted to the professional care of The Branch Funeral Home of Smithtown and the Vigliante family.



Kitty Phipps

Matthew R. Wargas

Matthew R. Wargas, 38, of Commack, formerly of New Hyde Park, NY, passed peacefully surrounded by family on August 12, 2016. Proud member of the Suffolk County Marine Bureau. Beloved husband of Gina. Adored father of Keira, Riley and Chloe. Cherished son of Robert and Janet. Loving brother of Christopher and Robert. He is survived by many other family members and friends.

A Funeral Mass Service was celebrated at Christ the King R.C. Church, Commack, NY. Private cremation followed.

Arrangements were entrusted to the professional care of The Branch Funeral Home of Smithtown and the Vigliante family.

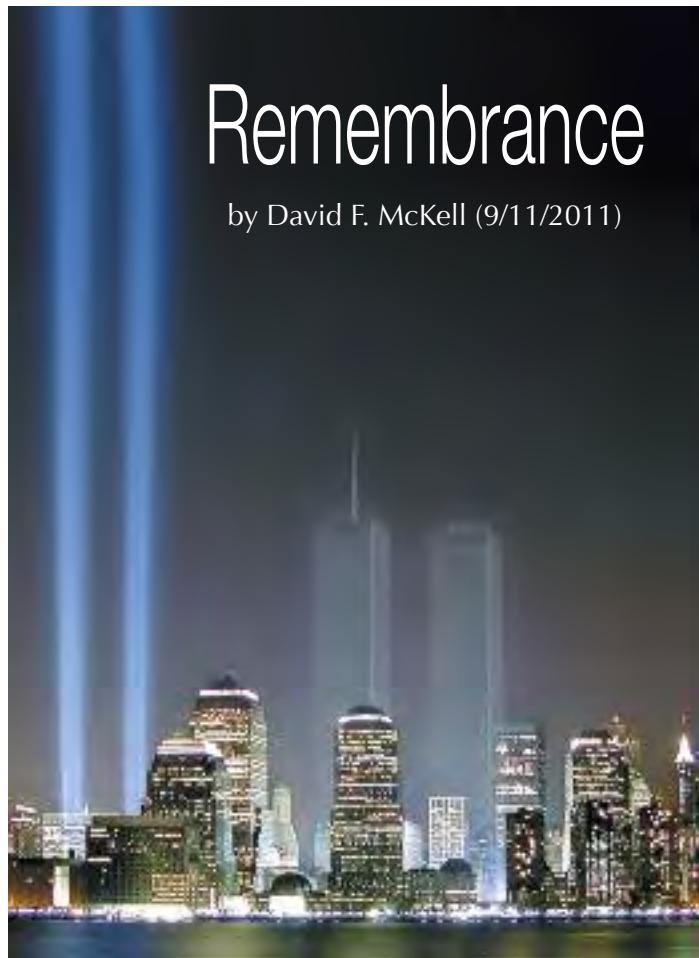


Matthew R. Wargas

P O E T ' S C O R N E R

Remembrance

by David F. McKell (9/11/2011)



*As we gather here together
For all those whom we love.
Let us ask eternal blessings for them,
From our loving Lord above.*

*Has it really been a decade
Since this horrendous act was done?
It seems like only yesterday
As we remember their souls one by one.*

*They all had different backgrounds,
Lives and destinies unique for sure.
But they were joined by a common purpose,
Best described as simple and pure.*

*Each of them was a provider,
Working hard to build a good life.
Most of them had children,
Or were themselves a husband or wife.*

*When suddenly without any warning,
On a day like this in 2001,
"Forces of Evil" flew out of the sky
And destroyed all their lives, one by one.*

*But they will never be forgotten,
And their memories will forever inspire
All of us to strive forward,
And make real each dream and desire.*

In Loving Memory

2016 MEMBERS OF THE ST. JAMES CHAMBER OF COMMERCE

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Branch Funeral Home
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 at Lake Grove
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Competition Infiniti of Smithtown
Costco Wholesale
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CLASSIFIED ADVERTISING

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SEEKS APARTMENT FOR RENT – Retired gentleman seeks apartment for rent in the St. James / Head of the Harbor area. Call 631-538-6661 or 631-584-5699. 9/16

LIMOUSINE FOR HIRE – Lincoln SUV. Licensed – Insured – Dependable. All Airports/Night-on-the-Town/Vineyards/Special Occasions. 20% OFF when you mention you saw the ad in Our Town. Call and book today! 631-487-2927. 9/16rv

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CONDO FOR SALE – SAINT JAMES PLANTATION – Southport, NC. 2 bedroom, 2 bath, granite counters, stainless appliances, upgrades galore! 4 Golf Courses, 4 Club Houses, Marina, Beach Club. Taxes only \$900/yr! \$224,000. Call: 631-553-7168 9/16/sjss

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GET THE MOST OUT OF YOUR DIGITAL SLR CAMERA – If you are interested in learning how to use a digital SLR camera, contact Ken Manwiller of "Laurie Studio – The Art of Photography." (Remember the "Portrait of the Month"). Private lessons are available. Learn from a pro with over 30 years of experience. Go to www.lauriestudio.com/photolessons for more information. Call Ken at 631-737-4265 or email ken@lauriestudio.com. 9/16

JOIN THE SMITHTOWN GARDEN CLUB – Learn about gardening and meet new people. Club meets the 2nd Tuesday of the month at the Brush Barn on Middle Country Road in Smithtown. Call Joan Weicks at 631-361-2007 for more info.

VENDORS WANTED FOR ST. JAMES DAY – Craft vendors are wanted for the St. James Chamber of Commerce's 29th annual ST. JAMES DAY, Sunday, September 25, 2016 along Lake Avenue. 10-foot spaces are being provided for \$125 per space, after 8/15/16 if available - \$150 (no exceptions) – bring your own table. St. James Day has been a huge success in the past. Call now for further information and to receive an application to reserve your space, 631-584-8510 leave, name, address and phone number on machine. Applications are available on the St. James Chamber website at www.stjameschamber.org. There will be entertainment throughout the day. We look forward to seeing you there. 9/16

RECEPTION / MEETING HALL AVAILABLE FOR USE – St. James United Methodist Church, offers a spacious meeting hall with commercial kitchen for civic and support groups, receptions, clubs, workshops and seminars. The 35'x60' meeting room has tables, chairs, rest rooms and a grand piano. The Church is located at 532 Moriches Road in Head of the Harbor. Expansive parking and handicapped access is provided. Contact the Office at 631-584-5340 for available dates and suggested donations. The SJUMC offers their facilities as a community outreach to the St. James area and welcomes all visitors.

AMERICAN LEGION HALL FOR RENT – The Sherwood Brothers American Legion Post 1152, located at 95 Lake Avenue, St. James, is looking to rent its hall for all occasions. Reasonable rates, air conditioned, heat, tables, complete kitchen and ample parking. Call Marty Thompson at 631-445-8447.

For advertising information please call 631-862-9849

OUR TOWN

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= COPY & AD DEADLINE

() = PUBLICATION DATE

In the OCTOBER edition advertise for:

- Halloween Specials
 - Pre-Holiday Sales
 - Lawn & House Care



October						
S	M	T	W	T	F	S
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November						
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27	28	29	30			

DECEMBER						
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

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For information call 631-862-9849**

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631-584-5798

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631-862-4200

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266 Lake Avenue
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7 Flowerfield - Suite 16
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TJE DANCE FORCE

556 North Country Road
631-584-6888

ENTERTAINMENT / EVENTS

Borellas Farm Stand
Fall Harvest Festival
Every Sat. & Sun. in Oct. +
Mon. Oct 10, 10 a.m.-5 p.m.
485 Edgewood Ave.
631-862-7330

DEEPWELLS FARM FALL FESTIVAL

Saturday & Sunday, October 8 & 9,
10 a.m.-5 p.m.
at Deepwells Farm County Park,
Rte. 25A & Moriches Rd.
631-862-2020.
Raindate: Monday, Oct. 10 .

ST. JAMES CHAMBER OF COMMERCE'S 29TH ANNUAL

St. James Day Street Festival,
Sunday, September 25, 2016
11 a.m.-5 p.m. along Lake
Avenue between Woodlawn
and Railroad Avenues
631-584-8510.

EXTERMINATING

Scientific Exterminating
599 Lake Avenue
631-265-5252, Fax: 631-862-7272

FINANCIAL

Edward Jones Investments
Scott Posner, CFP
542 North Country Road
631-862-2020

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438 Lake Avenue
631-250-9300

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631-724-9500

St. James Funeral Home

829 Middle Country Road
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